

The American Heart Association Is Celebrating Workforce Well-Being Champions

Long hours, looming deadlines, job insecurity. These familiar work-related pressures can take a major toll on employee health.

Employers have an opportunity to intervene. And for those that do, a healthier staff means better business—translating to improved outcomes across productivity, retention and reputation, reports the CDC.

That's why the American Heart Association expanded its longstanding commitment to workforce health by launching Well-being Works Better™ in 2022, an online platform offering no-cost, evidence-based tools to help employers create a healthy, supportive and inclusive work environment. A year later, the American Heart Association is recognizing companies that used the platform's signature self-assessment tool—the Workforce Well-being Scorecard™—to benchmark their efforts.

Leaders from companies that utilize the American Heart Association's workforce well-being resources share standout strategies for enhancing the health and happiness of your employees.



“We examine how our internal policies, benefits and health coverage impact staff. Are we serving all archetypes and designing who we are in a way that reflects our similarities and differences as individuals and population groups?”

KULLENI GEBREYES, MD
U.S. Chief Health Equity Officer,
Deloitte



“The challenges of the last three years have taken their toll, especially on frontline caregivers who feel exhausted and emotionally drained. If we're not taking care of ourselves, we won't be able to take care of others.”

CARLA DAWSON
Chief People Officer,
Texas Health Resources



“After years of focusing on physical and financial wellness, data from our workforce highlighted the need for more emotional wellness support. We needed to start by reducing the stigma.”

CHRIS FABRO
Global Head, Compensation,
Benefits & Executive Development,
Bank of America

The American Heart Association applauds the 2022 Workforce Well-being Scorecard organizations below for their commitment to building a culture of health and well-being.

To learn more, visit www.heart.org/workforce.

PLATINUM

American Heart Association, TX
Apex Benefits Group, Inc, IN
Baird, WI
Bank of America, NC
Banner Health, AZ
Baptist Health South Florida, FL
Bean Automotive Group, FL
Broward County Government - WellBeing Program, FL

CareFirst BlueCross BlueShield, MD
Chevron, CA
City of Highland Village, TX
CME Group, IL
CNO Financial Group, IN
County of Chester, PA
Crum & Forster, NJ
Crystal Clean Green Cleaning, FL
Deloitte, NY

Edwards Lifesciences, CA
Erie Insurance, PA
Grady Legal, PA, FL
Grinnell Mutual, IA
Humana, KY
Merck & Co., Inc., NJ
Nestlé in the U.S., VA
Packard Culligan Water, MN
PSECU, PA

Sentara Healthcare, VA
Texas Health Resources, TX
The Starr Group, WI
UCLA Health, CA
United HealthGroup, NY
Utica National Insurance Group, NY
VF Corporation, CO
Village of Wellington, FL

GUTTER CREDIT

GOLD

AIG, NY
Akin Gump Strauss Hauer & Feld LLP, DC
Allegacy Federal Credit Union, NC
Amarin Pharma Inc., NJ
Amgen, Inc., CA
Associated Bank, WI
Atrium Health, NC
Aultman Health Foundation, OH
Avality, L.L.C., FL
AVANGRID, CT
Avera Health, SD
Banyan Air Services, Inc., FL
Baptist Health, FL
Baylor University, TX
Blue Cross and Blue Shield of Alabama, AL
Broadstep Behavioral Health, Inc., NC
Brown University, RI
Capital District Physicians' Health Plan, Inc. (CDPHP), NY
Carrier Global Corporation, FL
Catawba Valley Medical Center, NC
CESA #1, WI
Chevron Pascagoula Refinery, MS
Children's Healthcare of Atlanta Cardiology, GA
Children's Wisconsin, WI
Ciena, MD
Cigna - Midwest, IL
City Of Alexandria, VA
City of Bloomington, IL
City of Coconut Creek, FL
City of Doral, FL
City of Ennis, TX
City of Jefferson, MO
City of Lancaster, TX
City of Memphis, TN
City of Mesa, AZ
City of Scottsdale, AZ
City of Tucson, AZ
City of Wilson, NC

Clerk of the Circuit Court and Comptroller, Palm Beach County, FL
Collegiate School, VA
CompTIA, IL
Contec Inc., SC
Cook Children's Hospital, TX
County of Marin, CA
Crisafulli Bros. Plumbing and Heating Contractors, Inc., NY
CSAA Insurance Group, CA
Delta Air Lines, GA
Desert Oasis Healthcare, CA
Donor Network of Arizona, AZ
Dow, MI
Dr. Reddy's Laboratories Inc., NJ
Duval County Public Schools, FL
Eisai Inc., NJ
Eisenhower Health, CA
Elements Financial, IN
Ericsson Inc., TX
Faith Technologies Incorporated, WI
First Horizon, TN
First Insurance Company of Hawaii, Ltd., HI
Florida Department of Health in Broward County, FL
Gas South, FL
Georgia Power Company, GA
Gilead Sciences, CA
Great HealthWorks, FL
Greeley-Evans School District 6, CO
Greenleaf Hospitality Group, MI
GTE Financial, FL
HealthSource Solutions, MN
Helen of Troy, TX
Higginbotham, TX
High Point University, NC
Hill & Wilkinson General Contractors, TX
Hill Physicians Medical Group, CA
Hillsborough County Public Schools, FL

Hitachi Astemo Greenfield (Tarboro Plant), NC
Huntington Health, An Affiliate of Cedars Sinai, CA
Huntsville Hospital, AL
Husch Blackwell LLP, MO
IDEXX Laboratories, ME
Imagine360, L.L.C., PA
infirmary health, AL
Jamestown Board of Public Utilities, NY
Jefferson County, Colorado, CO
Johnson & Johnson, NJ
Kaiser Permanente, CA
Kemin Industries, IA
Koch Industries, Inc., KS
KKR, NY
Lacks Enterprises, Inc., MI
Lam Research, CA
Levi Strauss & Co., CA
Lifespan, RI
Louisville Metro Government, KY
MaineGeneral Health, ME
Mark Miller Subaru, UT
Marsh McLennan Agency-Bouchard Region, FL
Mashburn Construction, SC
Mate Precision Technologies, MN
Memorial Health, OH
Metro Nashville Public Schools, TN
Metropolitan Atlanta Rapid Transit Authority (MARTA), GA
Molex, IL
NASCAR, FL
Nascentia Health, NY
Nektar Therapeutics, CA
Nemours Children's Health, VA
Newport News Shipbuilding, FL
Nielsen, NY
Norfolk Healthcare Consortium, VA
Northern Arizona Healthcare, AZ
Northern Kentucky University, KY
Northrop Grumman, VA

Nova Southeastern University, FL
Orange County Library System, FL
Palm Beach County Sheriff's Office, FL
Perdue Farms, MD
Pima Community College, AZ
Premier Health, OH
Premium Waters, Inc., MN
Prisma Health, SC
Quest Diagnostics, NJ
R&R Insurance, WI
Rock House Farm Family of Brands, NC
Ross & Yergler, MS
Sacred Heart University, CT
Safran Landing Systems, KY
Saint Meinrad Archabbey, IN
Sanofi U.S., NJ
Savannah River Nuclear Solutions, LLC., SC
Schneider Electric, MA
Solano County, CA
Southeast Service Cooperative, MN
Southern Adventist University, TN
St. Elizabeth Healthcare, KY
The Breakers Palm Beach, FL
The School District of Palm Beach County, FL
Trane Technologies, NC
University of California, Los Angeles, CA
U-Haul International, AZ
United Independent School District, TX
University of California, Irvine and UCI Health, CA
University of San Francisco, CA
University of Virginia, VA
UR Thompson Health, NY
USI Insurance Services, NY
Virginia Beach City Public Schools, VA
Walsh Duffield Cos., Inc., NY
West Bend Mutual Insurance Company, WI
Western Municipal Water District, CA
WOGF-Daystar Television Network, TX
ZOLL Medical Corporation, MA

SILVER

AC Transit, CA
ALPHA House of Pinellas County, FL
Arizona Department of Administration, AZ
Ashland University, OH
AssetMark, CA
Badger Liquor Co., Inc., WI
Banker Lopez Gassler P.A., FL
Bay Area Hospital, OR
Blue Cross and Blue Shield of Kansas, KS
BMC Software, Inc., TX
Bowers + Kubota Consulting, HI
Broward Sheriff's Office, FL
CARF International, AZ
Carma Laboratories Inc., WI
Carolina Caring, Inc, NC
Cheshire Public Schools, CT
CITY Furniture, FL
City of Coral Springs, FL
City of Fort Collins, CO
City of Largo, FL
City of Maple Grove, MN
City of Oakland, CA
City of Rocky Mount, NC
City of Vineland, NJ
City of Virginia Beach, VA
Coachella Valley Water District, CA
Cobb County Government, GA

ColonialWebb, VA
Core Creative, WI
County of Mendocino, CA
Delta Dental of NJ & CT, NJ
Dermatology Consultants, PA, MN
Dixie Pulp & Paper, Inc., AL
Dollar Tree and Family Dollar, VA
Doris USA Inc., TX
ESL Federal Credit Union, NY
Excellus BlueCross BlueShield, NY
Experian, CA
Fairchild Medical Center, CA
Farm Bureau Financial Services, IA
Farmers Mutual of Nebraska, NE
Federal Realty Investment Trust, MD
First Business Bank, WI
Fontana Unified School District, CA
Franklin Special School District, TN
Gentex Corporation, MI
McCarthy Building Companies, MO
GOJO Industries Inc., OH
Gulfshore Insurance, FL
Hall County Government, GA
Hoosier Energy, IN
Horizon Honors Schools, AZ
Hudson Valley Credit Union, NY
IDI Composites International, Inc, IN

Insuramax, KY
KLINGSPOR Abrasives, Inc., NC
Lycoming County Insurance Consortium, PA
LCMC Health, LA
LYNX Transportation, FL
Martin Starnes & Associates, CPAs, P.A., NC
ME GLOBAL INC, MN
MEB Management Services, AZ
Mediacom Communications Corporation, NY
Mercedes-Benz U.S. International, AL
Milwaukee County, WI
Monument Health, SD
Nazdar, KS
Novant Health, NC
Oceanside Unified School District, CA
Ohio University, OH
PegasusTSI, INC, FL
Royal Oaks, AZ
Phoenix Union High School District, AZ
Pinehurst Medical Clinic, NC
Port of Oakland, CA
RTI International, NC
Rural Wisconsin Health Cooperative, WI
San Diego County Regional Airport Authority, CA
San Diego Unified School District, CA
Select Health of SC, SC
South Central Service Cooperative, MN

St. James Hospital, NY
Swedish Medical Center, CO
Tampa General Hospital, FL
Teledyne Brown Engineering, AL
Tempe Union High School District, AZ
The Bonadio Group, NY
The Christ Hospital Health Network, OH
Town of Longboat Key, FL
Town of Penfield, NY
Trident Seafoods, WA
Turner Construction - MMC Expansion Project, ME
University of California, Berkeley, CA
University of California, San Francisco (UCSF), CA
United Health Services, Inc., NY
UAMS- University of Arkansas for Medical Sciences, AR
University of California, Davis, CA
University of California, Santa Cruz, CA
University of Richmond, VA
Virginia Commonwealth University (VCU), VA
W3 Insurance, FL
Wayne HealthCare, OH
University of Alabama, AL
Wyndham Hotels & Resorts, NJ
Yuma Regional Medical Center, AZ

BRONZE

Bergeron Automotive, LA
Buehler's Fresh Foods, OH
Calexico Unified School District, CA
Central Union High School District, CA
Chicanos por la Causa, AZ
City of Chula Vista, CA
City of La Quinta, CA

City of Newton, NC
City of Upland, CA
County of Tulare, CA
Cucamonga Valley Medical Group, CA
Elk Grove Unified School District, CA
Isana Academies, CA
Marin Community College District, CA

Milwaukee County Transit System, WI
National Information Solutions Cooperative (NISC), MO
Neiman Marcus Group, TX
Poway Unified School District, CA
Public Agency Coalition Enterprise (PACE), CA
Rainbow Municipal Water District, CA

Sacramento County, CA
Superior Court of California - County of Sacramento, CA
San Joaquin Regional Transit District, CA
South Baldwin Regional Medical Center, AL
Syracuse Orthopedic Specialists, PC, NY
Tandem Diabetes Care, Inc., CA
The Bank of Tampa, FL

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