# HEALTH STUDIES

## MINOR REQUIREMENTS CHECKLIST

<table>
<thead>
<tr>
<th>Course Number and Title</th>
<th>Waiver/Substitution</th>
<th>Semester</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Group A</strong></td>
<td></td>
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<tr>
<td>COMS 352 Message Design in Health Interaction</td>
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<tr>
<td>RHET 111 Public Speaking for the Health Professions</td>
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<tr>
<td>PSYC 322 Health Psychology</td>
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<tr>
<td>PSYC 270 Biological Psychology</td>
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<tr>
<td>SOC 319 Health and Environment</td>
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<tr>
<td>HS 301 Death and Dying: Exploring New Paradigms</td>
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<td><strong>Group B</strong></td>
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<tr>
<td>ESS 315 Exercise Psychology</td>
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<td>ESS 325 Exercise and Disease</td>
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<td>ESS 330 Exercise and Health Promotion</td>
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<td>ESS 360 Exercise and Healthy Kids</td>
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<td><strong>Group C</strong></td>
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<tr>
<td>BIOL 100 Science of Life</td>
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<td>BIOL 103 Human Biology</td>
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<tr>
<td>BIOL 105 General Biology I</td>
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<td>BIOL 106 General Biology II</td>
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<td>BIOL 113 Human Anatomy</td>
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<td>BIOL 115 Survey of Human Physiology</td>
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<tr>
<td>BIOL 134 Microbiology</td>
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**Total Units for the Health Studies Minor = 20**

**Comments:**

Biology majors take 2 courses from Group C, and either 2 courses from Group A or B, and one course from the remaining Group.

ESS majors take 2 courses from Group A, 2 courses from Group C and 1 course from Group B.

All other majors take 2 courses from each of any 2 groups of A, B, C, and 1 course from the remaining Group.

* Check all course prerequisites. Students who have not completed all prerequisites for ESS courses may be able to take the courses with instructor consent.

**Initial Advising Approvals:**

<table>
<thead>
<tr>
<th>Student’s Signature:</th>
<th>Date:</th>
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</thead>
<tbody>
<tr>
<td>Advisor’s Signature:</td>
<td>Date:</td>
</tr>
<tr>
<td>Dept. Chair’s Signature:</td>
<td>Date:</td>
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</tbody>
</table>

**Final Graduation Approvals:**

<table>
<thead>
<tr>
<th>Student’s Signature:</th>
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</thead>
<tbody>
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<tr>
<td>Dept. Chair’s Signature:</td>
<td>Date:</td>
</tr>
<tr>
<td>Dean’s Approval:</td>
<td>Date:</td>
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</tbody>
</table>

Revised 05/12