

Career Planning Checklist

THE PRISCILLA A. SCOTLAN CAREER SERVICES CENTER offers a variety of programs and services to help you choose a major, get real-world experience, explore career options and find a satisfying career. Below is the Career Planning Checklist that students can follow in preparation for finding a job after graduation from USF and attending graduate school. For more information about our programs and services, please visit our website <u>www.usfca.edu/csc</u>

First Year	Second Year
Visit the Career Services Center, located in UC	Find a part-time job, off campus or on campus
5th Floor, and find out what services are	to build your work experience.
available.	If you are undecided about your major, meet
Meet with a career counselor during our drop-in	with a career counselor.
hours to begin to explore career options.	Work with a career counselor to clarify values,
Discuss career interests with a faculty advisor	and identify preliminary career interest.
to plan relevant course work.	Read about careers in CSC Resource Library.
Take a Career Assessment.	Attend the Study Abroad Fair in the Fall and
Read "What can you do with this major?"	Spring Semesters.
Handout.	Ask a counselor to help you prepare or update
Strengthen personal development by	a resume
volunteering for community service.	Go on an informational interview or job shadow
See DonsCareers for part-time jobs off-	someone in careers of interest.
campus.	Learn how to network to get a job.
Get involved with student groups related to	Apply for an internship to begin fall semester
your major and/or career interests.	of your junior year.
Login to DonsCareers and sign up to receive	Take a leadership role in a student club or
announcements about career events.	organization to build new skills and gain
Keep informed about CSC programs and	valuable experience.
career ideas through our events calendar.	

www.usfca.edu/career \cdot University Center 5th Floor \cdot p: 415-422-6216 \cdot careerservices@usfca.edu

Third Year	Fourth Year
Explore current occupational information in our	Meet with a career counselor and plan a
online resources.	strategy to maximize your senior year.
Identify internships in DonsCareers and	□ Sign up for On-Campus Interviews on
Internship Exchange.	DonsCareers.
□ Take the Strong, or CISS and the MBTI	□ Decide on your best option after graduation,
assesment tests to help you explore your	and come up with one or two backup plans just
career options.	in case.
□ Research possible graduate schools at the	□ For graduate school pick up the GRE, GMAT,
Annual Graduate & Professional School Fair.	LSAT, CBEST, PRAXIS, or MCAT test
□ Understand admission requirements, timelines,	bulletins.
and procedures for Grad Schools.	Attend Resume Writing and Interviewing
Attend the Career Fair and find out what	Workshops.
employers will be looking for.	□ Learn market trends and salary expectations
□ Talk to a career counselor about career options	for your industry and career of interest.
or graduate school.	□ Gather relevant job application materials.
□ Create a LinkedIn Profile, the online	(Resume, Cover Letter, References, Examples
professional networking community, and join	of Work)
USF LinkedIn group.	□ Attend the Career Fair to network and discuss
□ Prepare or update your resume and get	opportunities with Bay Area Employers.
counselor feedback.	□ Identify top skills/interests from past work
Get a summer job or internship related to your	experience to prepare for interviews.
major or career interests.	□ Set up a videotaped mock interview session to
	practice your skills.
	□ Use DonsCareers to identify job opportunities.