

**Health Studies Minor
Assessment Report
2020-2021**

Name of Program and Degree Type

Health Studies, Minor

Name and Contact Information of Director

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PLO's

1. Articulate the psychological aspects of health and healthy behaviors
2. Identify the physiological effects of health and healthy behaviors
3. Recall the major bodily systems, their purpose and effect on health

COMMENTS

Still reeling from remote instruction, there has been limited time to initiate and execute any of the intended actions necessary concerning the content and structure of Health Studies Minor. Specifically, there has been an increasing number of students becoming Health Studies Minors; moreover, there are more and more minors whose majors differ from the core areas (e.g., nursing, biology, chemistry, kinesiology, psychology, communication and sociology). There are now music majors (e.g., for the effects of music therapy on health), dance majors (e.g., for the effects of movement on physiology and body chemistry), business (administration, accounting) majors wanting to enter the fields of health care management. In addition, there are new and different courses offered at USF since the creation of the minor that would be great additions to the curriculum; thus, a reconfiguration and the minor with the addition of relevant courses is necessary. Plus, I was recently told that USF will offer an undergraduate degree in public health (starting Fall 2023) out of the School of Nursing and Health Professions (I was invited to be on the advisory committee for its development). I am sure that there will be courses in this major that are sure to be included in the restructured minor. As such, portions of Summer '22 will be spent taking all the aforementioned into consideration with the intent of submitting a revised curriculum for the Health Studies Minor.