Concern

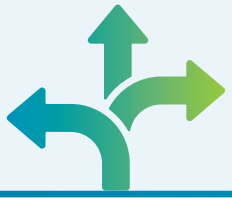
Marital Dispute Advisors (MDA)

Support for navigating separation, divorce, or major relationship transitions



You may find yourself at a crossroads in your marriage or long term relationship, unsure what to do next.

You may be exploring the possibility of separation or divorce, or simply wanting to understand what the process entails.



Reliable information can help you feel calmer, gain a sense of control, and navigate your options with greater confidence.

What is MDA?

MDA is a confidential platform that can help you and your spouse or partner understand the legal, financial, emotional, and practical sides of marital and long term relationship transitions — even at the earliest stage, when you're just trying to get your bearings.

MDA offers

- → **A brief questionnaire** at login to understand your situation and what you may need
- → **Personalized guidance** tailored to your circumstances
- → **Six months of access** to the MDA platform
- → **Access MDA** from your phone, tablet, or computer — anytime, anywhere
- → **200+ short videos** (3–5 minutes) covering legal basics, financial planning, co parenting, communication, and decision making
- → **A complimentary 30 minute session** with a trained program advisor whenever you're ready

If you're not at this point in your relationship, we also offer **OurRelationship**, an online program for couples looking to strengthen communication and more effectively work through challenges together.

Need help navigating a change in your relationship?

Call **800.344.4222** | Visit **app.concernhealth.com**

Scan to access relationship resources anytime – **no appointment needed.**