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## Recognizing a Colleague in Need May 15, 2024, 12-1 pm PDT Open to all customers



You can play a crucial role in assisting a co-worker who appears to be struggling. Maybe you have noticed signs of mental or emotional distress from issues arising in the workplace. Join us for this informative webinar, where you'll learn to be more aware of the effects of stress and worry on your co-workers and engage in a discussion about how to support them when they aren't quite themselves.

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