January 2022 Professional Writing
We know you have valuable thoughts to share. Take a look at these Gleeson resources relevant in the marketplace.

Cultivating Mental Agility
Video, 36 minutes, by Dorie Clark. In a fast-moving world full of rapid changes, we can't keep thinking the same old way. We have to challenge our ingrained thinking habits to keep thinking the same old way. We have to challenge our ingrained thinking habits to become better and faster problem-solvers and decision-makers, able to think about problems in new ways.

Be an Effective Hybrid or Virtual Employee
Video, 21 minutes, by Paula Rizzo. Remote work offers greater flexibility and an unbeatable commute. But by leaving behind the physical office — even if it's just for a few days each week — you're also losing the structure that is provided. In this course, productivity author and Emmy-winning producer Paula Rizzo shares tips that can help you thrive in the world of hybrid and fully remote work.

Holding Yourself Accountable
Video, 35 minutes, by Dorie Clark. To hold yourself accountable, you must find the motivation to do difficult things. You need the longevity and discipline of your mission, since it’s only there, and understanding how taking responsibility helps you become the kind of person you want to be. In this course, personal branding expert Dorie Clark helps you adopt the accountability mindset.

More resources:
- "We’re the Best of Your Best" of Times of Change. "It’s never inexcusable to make excuses," your past president shared in his TED Talk, where he shares wisdom on how to lead in business, revenue, and growth in the midst of pandemic.
- A Professor of Happiness Explains How to Find Joy: This shows mental health has deteriorated as a result of stress and worry as the COVID-19 pandemic continues. Read about Santos' online course, "The Science of Well-Being" — a phenomenon with more than two million students enrolled to date and more than 40 million views of the course page. Also, check out her podcast The Happiness Lab.
- Happy New Year From the Learning and Development Team!
- UP COMING EVENTS
- More resources:
  - "We’re the Best of Your Best" of Times of Change.
  - A Professor of Happiness Explains How to Find Joy.
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