How to Log-In to Your TIAA Accounts

How to log in to your TIAA accounts through Single Sign-On using your existing USFWorks login:

1. Log in to USFWorks and click Benefits and Pay

2. On the Benefits and Pay Hub dashboard, click TIAA Salary Deferral Agreement under Suggested Links. You will automatically be directed to your TIAA account.
How to Log-In to Your TIAA Accounts

How to access the TIAA online salary deferral agreement:

1. Once you are logged into your TIAA account, click Actions, then under All Actions or Retirement Plans, click Manage Contributions

2. Click the Contribute to Your Retirement Plan link on the right side of the page.

3. Click Manage My Contributions
How to Log-In to Your TIAA Accounts

From the Manage Contributions tab you will access the online salary deferral agreement in which you can modify your 403(b) contribution election.

In addition to changing your 403(b) contribution election, you can:

- View your retirement plan balances
- Choose your investments
- Update your beneficiaries
- Access financial planning resources

How to access the dedicated TIAA website

You can also access your account via the TIAA/USF dedicated website at tiaa.org/usfca.

1. From the dashboard, you can easily research the Plans’ investment options and review important plan details.
2. You may also log in to your account (using a log in that you create), and perform the same actions as discussed in the previous section.
How to Log-In to Your TIAA Accounts
Retirement Plan Investment Advice

As a participant in the Plans, you have access to personalized advice on the Plans’ investment options from a TIAA financial consultant. Whether you are just starting out or close to retirement, you can meet by phone or virtually to discuss your specific financial goals and how to plan for them. This service is available as part of your retirement program at no additional cost to you.

Joanie Cheung is USF’s dedicated TIAA financial consultant. Learn what you can expect in an advice session. Schedule an investment advice session online by visiting tiaa.org/schedulenow or by calling 800-732-8353, weekdays, 5 a.m. to 5 p.m. (PT).

If you would like additional information about USF’s retirement benefit, please review our Retirement and Financial Planning page. You may also contact TIAA at 800-842-2252, weekdays, 5 a.m. to 7 p.m. (PT).