The American Heart Association Is Celebrating Workforce Well-Being Champions

The American Heart Association applauds the 2022 Workforce Well-being Scorecard organizations below for their commitment to building a culture of health and well-being.

To learn more, visit www.heart.org/workforce.

L
ong hours, looming deadlines, job insecurity. These familiar work-related pressures can take a major toll on employee health.

Employers have an opportunity to intervene. And for those who, a healthier staff means better business—translating to improved outcomes across productivity, retention and reputation, reports the CDC.

That’s why the American Heart Association expanded its longstanding commitment to workforce health by launching Well-being Works Better™ in 2022, an online platform offering no-cost, evidence-based tools to help employers create a healthy, supportive and inclusive work environment. A year later, the American Heart Association is recognizing companies that used the platform’s signature self-assessment tool—the Workforce Well-being Scorecard™—to benchmark their efforts. Leaders from companies that utilize the American Heart Association’s workforce well-being resources share standout strategies for enhancing the health and happiness of their employees.

"We examine how our internal policies, benefits and health coverage impact staff. Are we serving all archetypes and designing our workforce highlighted the need for more emotional wellness support. We needed to start reducing the stigma."

CHRIS FABRO
Global Health, Benefits, Compensation & Benefits Development, Bank of America

"After years of focusing on physical health, data from our workforce highlighted the need for more emotional wellness support. We needed to start reducing the stigma."

CARLA DAWSON
Chief People Officer, Texas Health Resources

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"The challenges of the last three years have taken their toll, especially on frontline caregivers who feel exhausted and emotionally drained. If we’re not taking care of ourselves, we won’t be able to take care of others."

KULLENI GEBREYES, MD
U.S. Chief Health Equity Officer, Deloitte

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