

Have questions about your benefits? We can help.

Get personalized guidance from a benefits counselor with our online consultation scheduler



Life can get busy and sometimes figuring out your benefits can feel like just another item on your endless to-do list. That's why we offer easy online scheduling for personalized Q&A sessions with benefits counselors. Think of it as your own personal benefits expert, ready to answer your questions about the benefits offered by New York Life Group Benefit Solutions, in a stress-free environment, on your own time.

Here's what you can expect during your session:

- › **Coverage clarity:** Get clear answers about employer- and employee-paid coverages, and how your coverage can fit specific needs.
- › **Invite the family:** You can invite a family member to join the meeting to ensure all questions are answered.
- › **Multilingual support:** We offer counselors who can answer your questions in multiple languages.*

Get the most out of your benefits with a personalized benefits consultation. It's a **quick and easy** way to financially protect yourself and your loved ones.

Our online consultation scheduler makes benefits education easier.

One-click access:

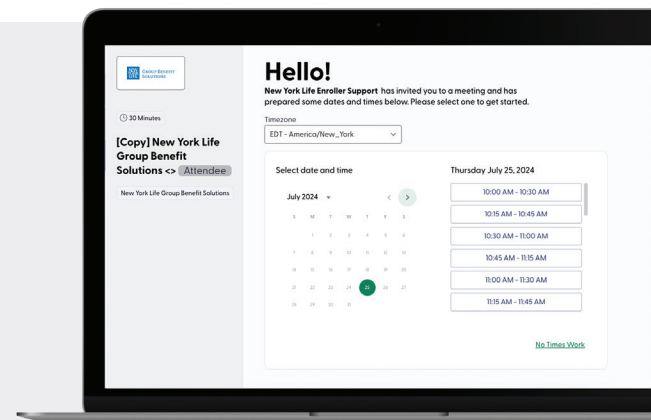
Using a direct link, you can schedule virtual Q&A sessions.

Calendar flexibility:

Book meetings at your convenience, regardless of time zone.

Email reminders:

Automated reminders help remind you of your upcoming meeting.



Ready to chat?

Scan the QR code or visit <https://app.joincabinet.com/book/10044518> to schedule your session!

Scan here for additional information



*As available

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Product availability may vary by location and plan type and is subject to change. All group insurance policies and group benefit plans may contain exclusions, limitations, reduction of benefits, and terms under which the policy or plan may be continued in force or discontinued. For costs and details of coverage, review your plan documents or contact a New York Life Group Benefit Solutions representative.

New York Life Insurance Company

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