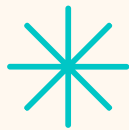


Maintaining Food Security and Sustainability as a College Student

CAL FRESH & EBT STUDENT GUIDE



WHAT IS CALFRESH?



CalFresh is a program of the federally-funded SNAP (Supplemental Nutrition Assistance Program).

CalFresh-eligible recipients receive an EBT (Electronic Benefits Transfer) card, which operates like a debit card.

EBT is accepted at a variety of locations, specifically grocery stores and farmers' markets.



TO APPLY:

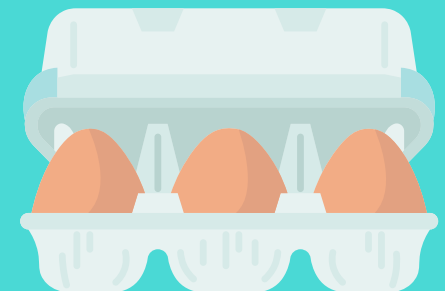
To apply, you must meet the eligibility criteria. Once that is determined, you must submit documentation.

Then, you will need to have a brief phone call with a county worker.

Finally, your EBT card and pin will be mailed separately, and you can use the grocery money loaded on the card to buy food!

FOR MORE INFORMATION:

<https://myusf.usfca.edu/food-pantry/calfresh>



FOOD INSECURITY AT THE UNIVERSITY OF SAN FRANCISCO



ARE YOU ELIGIBLE FOR CALFRESH?

"STUDENT" DEFINITION

- Aged 18 - 49 years old
- Enrolled at least half-time (6 or more units)
- Mentally and physically able to work
 - If you do not meet the above guidelines and/or have a verified medical condition that prevents you from working, you may not have to meet the college student eligibility requirements to receive benefits.

SCREENING & IMMIGRATION STATUS

- Meet student definition (according to above guidelines)
- Must have the following immigration status:
 - US Citizen
 - Legal Permanent Resident (green card)
 - U or T visa holder
 - Refugee or Asylee
- Meet CalFresh monthly income guidelines based on household size,
- Meet at least one of four exemptions, specified by the program

PARTICIPATING STORES & MARKETS

(POPULAR WITH USF STUDENTS!)

TRADER JOES

3 Masonic Avenue
10-min walking distance from USF

TARGET

2675 Geary Blvd.
10-min walking distance from USF

CLEMENT STREET FARMERS' MARKET

200 Clement Street
10-min bus ride from USF

WHOLE FOODS

690 Stanyan Street
20-min walk from USF



ALL FEATURED FRONT PAGE OPINION

A look at the impact of food insecurity on college campuses

April 24, 2020 / SF Foghorn

Post Views: 578



COCO ROMANO GIORDANO/FOGHORN

"Food insecurity affects between **15% to 50%** of college students every year and continues to grow, **yet it is constantly left out of discussions about the challenges that today's students face.** If we continue to ignore this issue, it will continue to worsen, **making it impossible for low-income students to receive an education."**

- From the San Francisco Foghorn, April 2020

From the ROOTS Team:

In a city like San Francisco where the cost of living is already expensive, **students who also have to set aside funds for tuition and other school expenses are at a disadvantage.**

