



ECO- FEMINISM

WHAT IS ECO- FEMINISM?

The connection between the exploitation & degradation of the natural world and the subordination & oppression of women. (Mellor 1996)

Ecofeminism grew out of various social movements in the late 1970s and early 1980s.

WHAT CAN YOU DO TO MAKE A DIFFERENCE?

Practice Eco-friendly habits to prevent climate change such as:

- Eat a plant-based diet
- Reduce energy usage
- Recycle and compost
- Buy sustainable clothing.
- Buy local and organic foods
- Take public transportation

Widen your scope of activism

Support woman & minority owned businesses

WHY IS IT IMPORTANT?

Women in rural areas of developing countries are highly dependent on local natural resources.

This is because women have historically been the primary gatherer of food, fuel, and water and have fewer opportunities for jobs and higher education.

Women are disproportionately affected by the consequences of environmental degradation, such as the effects of climate change.

Drought and deforestation make it harder to secure resources such as shelter, medicine, and food. This causes more women to die from weather related disasters than men.

Ecological impact on women also affects child bearing. Toxins in the air, soil, and water have detrimental consequences for women and children, significantly increasing the risk of birth defects, disease, miscarriage, and infertility.



HOW TO LEARN MORE:

Organizations

- Women's Voices for the Earth
- Women's Environmental Network
- Feminists for Animal Rights
- EVEonline- Ecofeminist Visions Emerging

Ecofeminist Influences and Authors:

- Gloria Orenstein
- Vandana Shiva
- Maria Mies
- Starhawk
- Charlene Spetnak
- Karen Warren
- Carol Adams