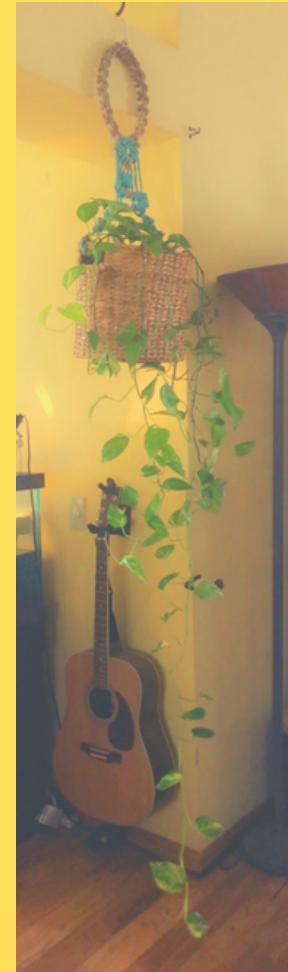

UPCYCLING

Recycle with style

 UNIVERSITY OF
SAN FRANCISCO | Office of
Sustainability



FROM TRASH TO TREASURE



REDO IT REUSE IT

*You can upcycle almost anything,
and show off your creativity!*



ABOUT UPCYCLING

Upcycling is when you take something that would otherwise be landfilled or recycled and make it into something new and useful! Whether it's using an old jar as food storage, sourcing materials for art projects from thrift stores, or repainting a dresser found on the curb, anyone can upcycle.

Upcycling

>

Recycling

WHY UPCYCLING?

ENVIRONMENTALLY FRIENDLY

By reusing what would otherwise be trash, upcycling provides an avenue to prevent waste. Even if an item is recyclable, the amount of energy that goes into recycling the object has more of an impact on the environment than reusing it.

SAVE MONEY

By making what you need out of what you have, not only can you prevent waste, you can save money! Upcycling uses materials that are free or cheaper than what a new product would cost. For example, repainting a table you found on the curb is much cheaper than buying one new!

MAKE WHAT YOU NEED

Upcycle everything to create anything! Some upcycling ideas include making planters out of thrifted containers or used candle jars, repainting old furniture, and using leftover food containers as to-go containers or leftover storage.

SHOW OFF YOUR STYLE

Upcycling is based on adding value to a reused object. This can be through upgrading what you have or simply adding your own personal flair. Paint, varnish, or write designs on your upcycled objects to turn them into art pieces and express yourself!