<table>
<thead>
<tr>
<th>Date</th>
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<td>Go Bond Challenge</td>
<td>Sign up »</td>
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<tr>
<td>JUL 06</td>
<td>Yoga on Lone Mountain</td>
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<td>JUL 10</td>
<td>GoUSF Author Walk</td>
<td>Read more and RSVP »</td>
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<td>JUL 16</td>
<td>SF AIDS Walk</td>
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<td>JUL 25</td>
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<tr>
<td>AUG 1-31</td>
<td>Go Nourish Challenge</td>
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<td>AUG 10</td>
<td>Nutrition Basics Seminar</td>
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More events and deadlines »

**Go USF**

**July 1-31**

In this social wellness challenge, check in every time that you socialize for 30 minutes or longer with at least two other colleagues during lunch or before or after work. Checking in six times during the Go Bond Challenge automatically enters you into a raffle for a chance to win a prize!

[Sign up on GoUSFchallenges.org »](#)

**Chariot Commuting Services**

Faculty and staff can commute to USF via Chariot for $1 per ride, which can be paid by setting aside pre-tax dollars through a My Commuter Check (MYCC) Prepaid MasterCard. USF will subsidize the rest of the per-ride cost after you sign up with your university email address in the Chariot app.

[Read the Chariot FAQ and sign up »](#)

**More Commuting News**

Subsidy Increase
Smoke and Tobacco Free Campus Policy

As President Fitzgerald announced last month, effective Aug. 1, 2017, smoking and/or the use of tobacco products are not allowed anywhere within the boundaries of university-owned or leased property and vehicles, including the previously designated smoking area at Welch Field near Fulton Street. Faculty and staff may contact their healthcare provider, Anthem Blue Cross or Kaiser, for smoking cessation resources.

For more information, read the revised Smoke and Tobacco Free Campus Policy in its entirety.

Minimum Wage Increase

Effective July 1, 2017, the San Francisco city minimum wage will increase $1.00, from $13.00 per hour to $14.00 per hour. At the university, this change impacts student employees, some part-time staff, and their respective supervisors.

The hourly rates for students or staff making below $14.00 per hour will be automatically increased to comply with the new minimum wage requirement. Additionally, students assigned any step value from 1 to 42 will see their hourly rate automatically increased by $1.00.

If you are affected by this change, please read the full announcement on the EPAF administrator web page.

myLearning Courses

Interested in learning more about FERPA, managing bias, or workplace violence prevention? Take one of several new online courses offered through myLearning, human resources’ professional development portal.

You can access these free, on-demand courses by visiting the online training section of myLearning after logging in with your myUSF credentials.

If you have any technical questions once you are logged in, please email mylearning@usfca.edu.

Effective July 1, 2017, USF’s commuter subsidy has increased from $73 to $75 per month. Benefits-eligible full-time faculty and staff who participate in the pre-tax commuter plan, do not have a USF parking permit, and are not listed on a carpool parking permit are eligible for the subsidy.

Read more about commuter benefits »

Summer Commuting

To change your recurring commuter benefit order, log into My Commuter Check (MYCC), select only the months that you want to receive the order, and click “checkout” when you are finished.

View informational graphic »

AIDS Walk San Francisco

Sunday, July 16 | 9 a.m.–12:30 p.m.
Golden Gate Park

AIDS Walk San Francisco is a 10k fundraising walk that benefits Project Inform, Ward 86 at San Francisco General Hospital, Project Open Hand, and HIV/AIDS programs and services throughout the Bay Area. Support the cause by raising money or joining in the walk.

Register or donate »

Emergency Medical Response Service (EMRS) Courses

USF EMRS offers American Heart Association (AHA) courses that are open to the public, including HeartSaver® CPR AED, Heartsaver® First Aid, and Basic Life Support for Healthcare Providers. The per-class cost is $45 for USF faculty, staff and students and $65 for all others.

HeartSaver CPR/AED/First Aid
Friday, July 14 | 8:30 a.m.–4:30 p.m.
Lone Mountain Main 100
Young Minds at Work

Thank you to the nearly 200 children and adults who participated in this year’s Young Minds at Work! Thank you also to our 25 volunteers and department leaders who helped make the day flow seamlessly. Activities included games at Koret, an organic chemistry lab, ITS’ interactive technology display, arts and crafts at Gleeson/Thacher, SONHP’s interactive nursing skills display, a tour of St. Ignatius tower, and more!

View more pictures on Facebook »

Dons Sports Camp

Each summer, USF’s Athletic Department sponsors sports-specific camps for children of all ages. Many USF student-athletes return to instruct the camps as they develop and strive toward excellence in their respective sports, bringing excellent qualifications, expertise, and passion. Your child will enjoy a relaxed, supportive, and healthy environment that promotes learning and personal growth.

Read more and apply »

Long Term Care Insurance

Long Term Care (LTC) Insurance is a type of insurance developed specifically to cover the costs of nursing homes, assisted living, home health care, and other long-term care services. These services are usually not covered by traditional health insurance or Medicare. Currently, the university does not offer LTC benefits to employees. Stay tuned for a survey that will be distributed this fall semester to gauge your interest in adding this benefit going forward.

If you have any questions in the interim, please contact the benefits team at benefits@usfca.edu.

Koret Kids Kamp

Bring your children with you to campus this summer! Kids Kamp, a weekly summer camp held at Koret, provides a comfortable environment for children to participate in recreational activities without the pressure of a high intensity skills camp. By starting at a young age, the individual camper will be able to develop proper habits for long-term sports interaction and recreational success.

Read more and apply »