



SEP  
**07**

**Dons Spirit Walk**

[Add to calendar »](#)

SEP  
**15**

**Anthem Benefits Workshop**

[RSVP »](#)

SEP  
**12**

**Tobacco-Free Seminar**

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SEP  
**18**

**TE/FACHEX Info Session**

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SEP  
**13**

**Kaiser Benefits Workshop**

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SEP  
**21**

**Free Flu Shots**

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SEP  
**15**

**Avoiding Bias in Hiring**

[RSVP »](#)

SEP  
**28**

**Meet with Fidelity**

[RSVP »](#)

[More events and deadlines »](#)



**Thursday, Sept. 7 | 12–1 p.m.**  
Welch Field (by Gleeson Plaza)

## Professional Development

Log into myLearning to RSVP for any of our book discussions and workshops offered this fall, including:

- 9/8: [The Art of Authenticity](#)
- 9/13: [Effective, Assertive Communications](#)
- 9/14: [Not Less Than Everything](#)
- 9/15: [Avoiding Bias in Hiring](#)

Faculty, staff, and students are invited to rally and celebrate USF's commitment to wellness by walking together in this one-mile loop around lower campus. No RSVP required. Be sure to show your spirit by donning your USF green and gold or a GoUSF t-shirt!

## Benefits Events

### Benefits Open Enrollment

Monday, Oct. 23 – Friday, Nov. 10

During open enrollment, you have the opportunity to make changes to your benefits via BeneTrac, USF's online benefits enrollment platform, effective Jan. 1, 2018. For more information, visit the benefits team during **drop-in hours** or stop by the benefits and wellness fair.

### Benefits and Wellness Fair

Wednesday, Oct. 25

10 a.m.–2 p.m. | McLaren Complex

Get a free flu shot, enjoy healthy snacks, learn more about USF's 25+ benefit offerings, and participate in the raffle prize drawings! Be sure to bring your USF One Card.

## Evaluation of Our President

The Board of Trustees has recently requested that you complete an online questionnaire regarding the leadership of Fr. Paul Fitzgerald, who has just completed three years of his five-year term as the President of the University of San Francisco. Although this questionnaire is voluntary, we strongly urge you to provide your input in an effort to highlight and build upon the President's strengths, as well as to determine possible areas of development.

**Submit the Questionnaire by Sept. 15 »**

## Donation Announcement

The Guardsmen, a non-profit organization that supports at-risk youth programs in the Bay Area, has recently confirmed USF's \$5,430 donation from the GoUSF team who participated in the Presidio 10 race

9/21:

**Domestic Worker/Employer Relationships**

9/22:

**Management Strategies for Employee Engagement**

9/27:

**Finding the Sacred at Work**

10/12:

**Conscious Communications**

10/13:

**Owning Your Value: Breaking Free of Limiting Beliefs**

10/18:

**Ethical Decision-Making in the Workplace**



**October 1–31**

**NEW!** In this fitness challenge, faculty and staff will compete with students to determine who is more active! Weekly raffle prizes available, including t-shirts, and a Bill Cartwright Cup trophy will be presented to the winning group at a USF basketball game. Attend the **Kick-off Party at Koret** on Oct. 2 from 10 a.m.–2 p.m. for more information.

**Sign up on [GoUSFchallenges.org](http://GoUSFchallenges.org) »**

## Upcoming EPAF Deadlines

All EPAFs applicable to the Sept. monthly payroll must be submitted by Thursday, Sept. 14 and approved by Friday, Sept. 15. Visit Payroll's **pay schedules** web page to view all EPAF approval deadlines. Please

this April. On behalf of the University, thank you for your commitment to wellness and support of local charities!

[View more wellness opportunities »](#)

email [hريس@usfca.edu](mailto:hريس@usfca.edu) if you have any questions or need assistance.

[More information for EPAF users »](#)

## Emergency Response Courses

USF's Emergency Medical Response Service (EMRS) offers American Heart Association (AHA) courses that are open to the public, including HeartSaver® CPR AED, Heartsaver® First Aid, and Basic Life Support for Healthcare Providers. The discounted cost is \$45 per class for USF faculty, staff, and students. The on-campus location of upcoming courses, including below, will be confirmed upon registration.

HeartSaver CPR/AED/First Aid  
Saturday, Sept. 9  
8:30 a.m.–4:30 p.m.

[Register for any EMRS course »](#)

## Tuition Exchange/FACHEX

[Submit form by Nov. 13 »](#)

Tuition Exchange (TE) and Faculty Children Exchange (FACHEX) provide the opportunity for eligible IRS tax dependent children of full-time faculty and staff to apply for a tuition award for an undergraduate degree at a participating member institution. TE/FACHEX form submissions are accepted annually from Sept. 1 – Nov. 13. For more information, attend a TE/FACHEX information session on **Sept. 18** or **Oct. 5**.

[Read more about tuition benefits »](#)

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