GO DONS GET FIT CHALLENGE

October 1-31 • Faculty/Staff vs. Students • GoUSFchallenges.org

Go Play. Go Move. Go Connect.
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In this fitness challenge, faculty and staff compete with students to determine who is more active.

• Kick-off party at Koret: October 2, 10:00 a.m. – 2:00 p.m.
• Weekly raffle prizes available, including t-shirts
• Bill Cartwright Cup trophy presented to winning group at a USF basketball game

Sign up and play at GoUSFchallenges.org with your USF email account.

TAG YOUR PHOTOS
#GoDonsGetFit #GoUSFCA #USFCA

Sponsored in collaboration with: GoUSF and Student Life’s Health Promotion Services.