



WEEKLY UPDATE – Oct. 25

## International Student Online Portal

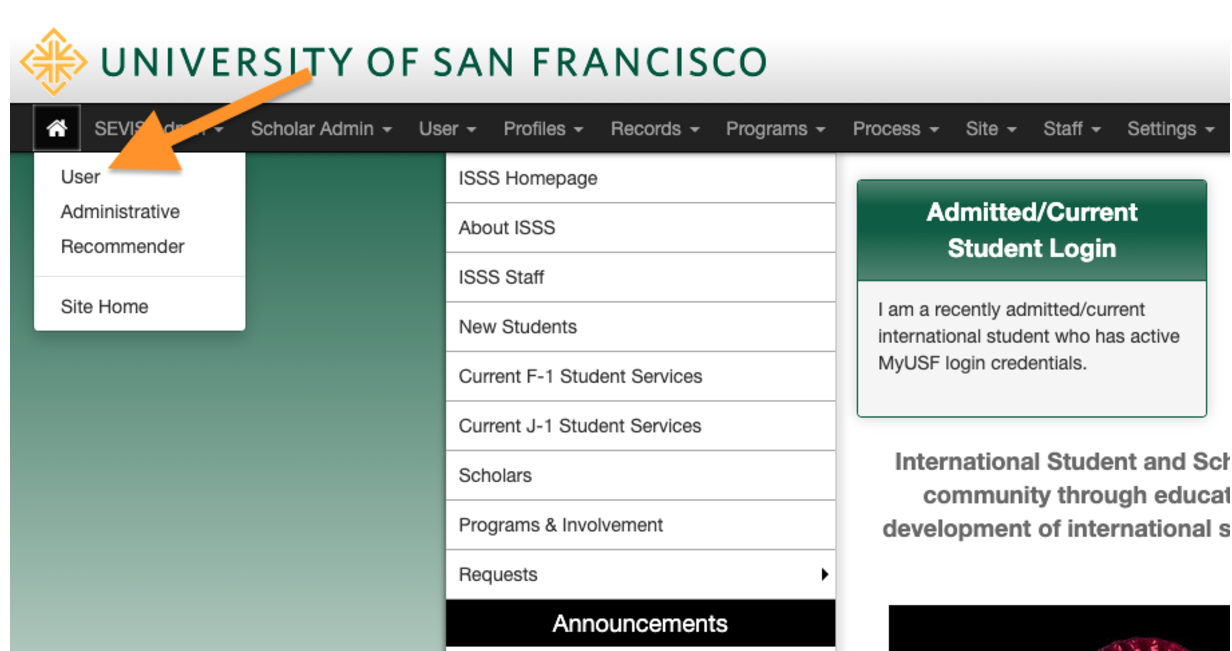
This week's newsletter includes information to help you navigate the international student online portal, **MyISSS**. As always, if you have any questions, you can contact our office by **chat**, phone, or **email**. If you have specific immigration questions, you can also **make an appointment with your ISSS advisor online**.

### Introduction to MyISSS

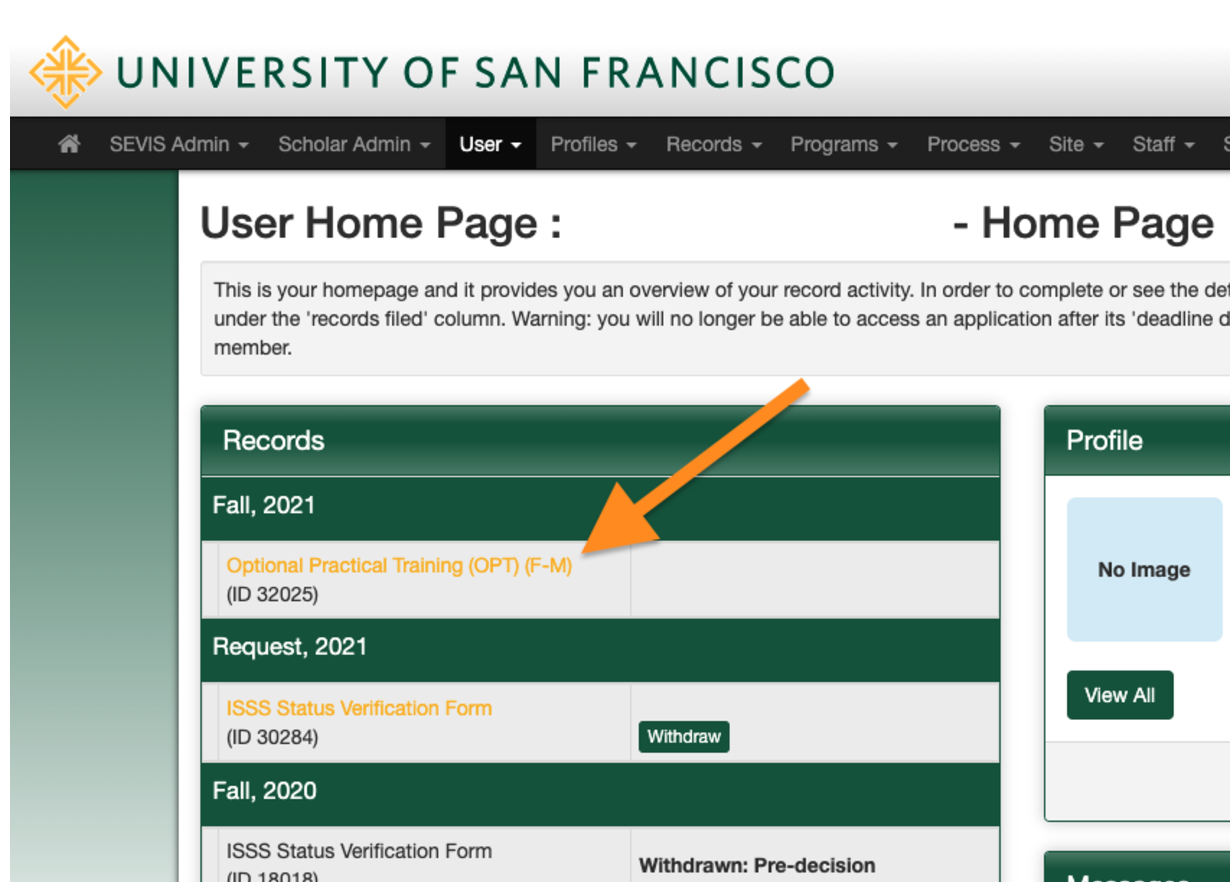
The **MyISSS student portal** allows students to submit requests to ISSS and view information and announcements from our office. Students are able to use this page to view the status of their current requests, view all past requests submitted, and download and print documents from completed requests. This program is also the system that ISSS uses to submit the federally required data to SEVIS (the DHS Student and Exchange Visitor Information System). Remember to review the **MyISSS student handbook** for all of the information you need to use MyISSS, including how to log in, submit a request, and other frequently asked questions.

### MyISSS Tip of the Week

Students submit all requests to our office via **MyISSS**. Keep in mind that you can access *all* the requests you started and submitted in your "User" profile. See screenshot below to navigate from your "Home" screen to your "User" profile.



See "User" page below. Note that if you open any request from the home screen, the request type will save in your "User" profile. Additionally, if you begin a request and then close the window, you can return to it later via this screen and submit your request.



Remember to reference the **MyISSS student handbook** if you have any questions about using the online portal. You can also **send us an email** if you experience any difficulties submitting requests or downloading your documents.



### Buddy Program Event

Nothing compares to the smell of the burning wood, the salty sea air, the relaxing sound of the rolling tides, and quality time with your friends.

USF's Buddy Program is hosting a beach bonfire on **Nov. 5 from 5–6:30 p.m.** at Ocean Beach. Enjoy free snacks, fresh drinks, and connect with students from all over the world. It can be chilly so remember to bring a jacket or blanket. Attendees should meet at St. Ignatius Church at 5 p.m. Questions? Email the **Student Advisory Committee** »



### HPS Wellness Checks

The **Health Promotion Services (HPS)** department is offering resources to support student wellness. Wellness is defined as the optimal state of health and refers to a person's ability to live life to its fullness. All students can take the **wellness check**, a confidential assessment tool that can help you figure out different areas you can improve to achieve whole body health and wellness. After you take the wellness check, you can schedule a wellness coaching appointment. **Learn more and register** »

## ISSS OFFICE RESOURCES

### Requesting a Document from ISSS?

If you are requesting an immigration document or letter from our office, remember that we request **ten business days** to process requests. Make sure you plan accordingly so you have enough time to receive your document before you need it. **You can also make some document requests through online submission.**

### Adviser Appointments and Workshops

**Appointments can be made online.** Please visit the **ISSS website** to schedule an appointment. Appointments are still booked in 30-minute increments.

### Connect with ISSS through Facebook »

Join the conversation **#USFCA**



**UNIVERSITY OF SAN FRANCISCO**  
International Student and Scholar Services

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