



WEEKLY UPDATE – Nov. 22

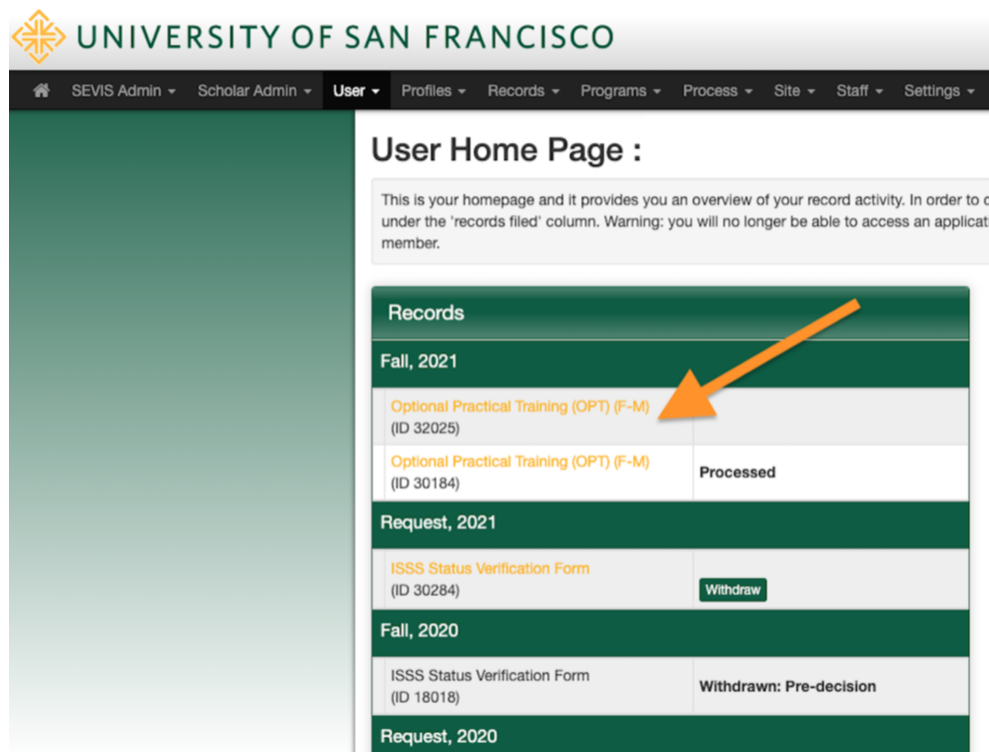
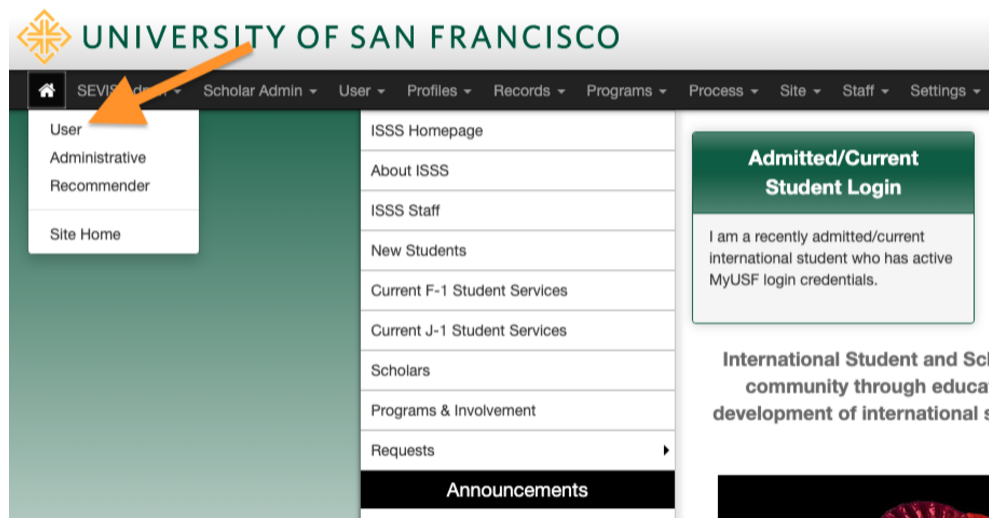
Travel Preparations and Reminders

As the end of the semester approaches, we are writing to make sure you are preparing for any upcoming travel and if so, you feel confident in what you need for departing and re-entering the U.S. We recommend that all students review the **ISSS travel web page**, which details required documents for travel. Today, we want to clarify the process by which students can request travel signatures. Note that at the end of the semester, we will send another email with more detailed travel information. As always, please **email our office** with any questions or concerns.

How to Request a Travel Signature

All international students leaving the U.S. need to be in possession of valid I-20/DS-2019 with current travel signature in order to re-enter the US. If you do not currently have a valid travel signature or your travel signature will expire before you plan to re-enter the US, you can request a new one from our office by **submitting a request via MyISSS**.

Before you request a new travel signature, be sure to log into your **MyISSS account** and view your most recent I-20. Note that travel signatures are valid for one year from issuance (six months for students on OPT). If you already have an I-20 with a valid travel signature in your MyISSS account, you can return to your record, download, print and sign this document. See screenshots below to navigate to your previous records and accompanying documents. Please see the **MyISSS student handbook** for additional information related to navigating the student portal.

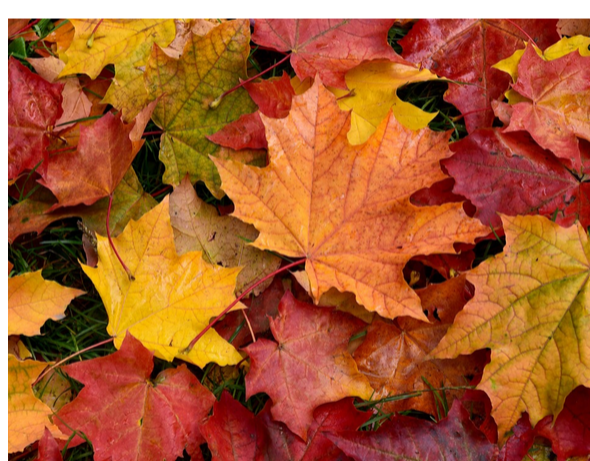


Note that our office processing time is ten business days, and once we complete a travel signature request, we will upload a new I-20 onto your account. From there, you can download, print, and sign your document and carry it with you when you travel. Please keep the processing timeline in mind as you plan for your upcoming travel.



Wellness Checks

The **Health Promotion Services (HPS)** department is offering resources to support student wellness. Wellness is defined as the optimal state of health and refers to a person's ability to live life to its fullness. All students can take the **wellness check**, a confidential assessment tool that can help you figure out different areas you can improve to achieve whole body health and wellness. After you take the wellness check, you can schedule a wellness coaching appointment. **Learn more and register »**



Office Early Closure

The United States celebrates the Thanksgiving holiday on the fourth Thursday of November. This year, Thanksgiving will take place on Thursday, Nov. 25. The ISSS office will be closed on both **Thursday, Nov. 25** and **Friday, Nov. 26** for the University holiday. Additionally, the ISSS office will close our services at 12 p.m. on Wednesday, Nov. 24 to complete students requests before the holiday. We hope you have a safe and relaxing fall break.

ISSS OFFICE RESOURCES

Requesting a Document from ISSS?

If you are requesting an immigration document or letter from our office, remember that we request **ten business days** to process requests. Make sure you plan accordingly so you have enough time to receive your document before you need it. **You can also make some document requests through online submission.**

Adviser Appointments and Workshops

Appointments can be made online. Please visit the **ISSS website** to schedule an appointment. Appointments are still booked in 30-minute increments.

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