



WEEKLY UPDATE – March 1

Your USF Education and Beyond, Career Planning

Are you pursuing an undergraduate or graduate degree and trying to figure out the best next step on your journey? As you navigate your career and academic opportunities as an international student, we have prepared some relevant resources, including information about F-1 employment options, Career Services Center offerings this semester, and other timely events and information. If you have additional questions related to immigration, you can **email ISSS** or **make a Zoom appointment with your ISSS advisor**.

Employment Options for International Students

If you're interested in pursuing an internship or job, consider applying for **Curricular Practical Training (CPT)**. CPT is off-campus employment, internship, or other training that is a required or integral part of a degree program. Students may refer to the USF catalog or contact their academic department to determine whether CPT is a required or optional component of their degree program. **Optional Practical Training (OPT)** is another option for international students and is an off-campus work benefit of F-1 Visa holders. Students have the option to apply for 12 months of work authorization during or after their studies. Students are required to complete a workshop before submitting an OPT application to ISSS. Please note that all F1 students must first receive approval before beginning employment in the U.S. **Learn more about these employment options on the ISSS website »**



Career Services Center

The **Career Services Center (CSC)** is a great resource to support you as you journey on your career path. Join their **career workshops** and **employer events**, and chat with career counselors during drop-ins on Tuesday and Thursday from 11:45 a.m.–12:45 p.m. (no appointment necessary). You can also review their **COVID-19 resources** about navigating the job market in these unprecedented times. **Learn more »**

Careers in Asia

The International Student Ambassador Program will host a new event for international students titled, Careers in Asia. Sponsored by USF China Business Studies Initiative and USF in Shanghai, the event will feature guest speaker, Mr. Xin Guo. This event will take place on **Monday, March 1 from 5–6:30 p.m. PST. Join the event via Zoom »**



NetworkUSF

As a USF student, students have access to **NetworkUSF**, an official online community that will help foster connections between students and alumni around the world. On this platform, students have the opportunity to seek advice, explore career fields of interest, and build a professional network with alumni. Students can filter alumni by career and industry areas, geographic locations, current company and title, areas of interest, and USF affiliations. **Learn more on their website »**

Campus Involvement

Not quite ready to obtain work authorization and land a job? A great way to get started is to join a student organization on campus. Student organizations provide exciting opportunities to develop leadership skills, network, acquire new skills, plan events, and connect to the USF community. There are over 130 graduate and undergraduate student organizations at USF with a variety of focuses. **Learn how to get involved with SLE »**

ISSS OFFICE RESOURCES

Requesting a document from ISSS?

If you are requesting an immigration document or letter from our office, remember that we request **ten business days** to process requests. Make sure you plan accordingly so you have enough time to receive your document before you need it. **You can also submit a request online.**

Adviser Appointments and Workshops

Appointments can be made online. Please visit the **ISSS website** to schedule an appointment. Appointments are still booked in 15-minute increments.

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International Student and Scholar Services

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