



WEEKLY UPDATE – Oct. 4

Career Planning

Are you pursuing an undergraduate or graduate degree and trying to figure out the best next step on your journey? As you navigate your career and academic opportunities as an international student, we have prepared some relevant resources including information about F-1 employment options, Career Services Center offerings this semester, and other timely events and information. If you have additional questions related to immigration, you can **email ISSS** or **make a Zoom appointment with your ISSS adviser**.

Employment Options for International Students

If you're interested in pursuing an internship or job, consider applying for **Curricular Practical Training (CPT)**. CPT is off-campus employment, internship, or other training that is a required or an integral part of a degree program. Students may refer to the USF catalog or contact their academic department to determine whether CPT is a required or optional component of their degree program. **Optional Practical Training (OPT)** is another option for international students and is an off-campus work benefit for F-1 Visa holders. Students have the option to apply for 12 months of work authorization during or after their studies. Students are required to complete a workshop before submitting an OPT application to ISSS. Please note that all F1 students must first receive approval before beginning employment in the U.S. **Learn more about these employment options on the ISSS website »**



Career Services Center

The **Career Services Center (CSC)** is a great resource to support you as you journey on your career path. Join their **career workshops** and **employer events**, and chat with career counselors during **virtual drop-in hours** (no appointment necessary). You can also review their **Handshake** resources. Handshake is the CSC's powerful recruiting platform for University of San Francisco students and alumni. **Learn more »**



H1-B Workshops

Are you interested in learning about your options to remain in the U.S. after you complete your studies? At these workshops, a local immigration attorney will present information on employment options for F-1 students after the completion of their programs. The workshops will take place via Zoom on **Tuesday, Nov. 9** and **Wednesday, Dec. 1** from **5:30–6:30pm (PT)**. **Register for the event »**



NetworkUSF

At USF students have access to **NetworkUSF**, an official online community that will help foster connections between students and alumni around the world. On this platform, students have the opportunity to seek advice, explore career fields of interest, and build a professional network with alumni. Students can filter alumni by career and industry areas, geographic locations, current company and title, areas of interest, and USF affiliations. **Learn more on their website »**



Campus Involvement

Not quite ready to obtain work authorization and land a job? A great way to get started is to join a student organization on campus. Student organizations provide exciting opportunities to develop leadership skills, network, acquire new skills, plan events, and connect to the USF community. There are over 130 graduate and undergraduate student organizations at USF with a variety of focuses. **Learn how to get involved with SLE »**

ISSS OFFICE RESOURCES

Requesting a Document from ISSS?

If you are requesting an immigration document or letter from our office, remember that we request **ten business days** to process requests. Make sure you plan accordingly so you have enough time to receive your document before you need it. **You can also make some document requests through online submission.**

Adviser Appointments and Workshops

Appointments can be made online. Please visit the **ISSS website** to schedule an appointment. Appointments are still booked in 30-minute increments.

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