This week’s newsletter focuses on spiritual care and includes resources below from the University Ministry. If you have questions related to immigration, you can email ISSS or make a Zoom appointment with your ISSS adviser.

University Ministry
The University Ministry (UM) team supports students in developing a robust life of faith and commitment to justice, which is the hallmark of Jesuit education. All of their programs are open to USF community members of all faiths, beliefs, and identities. Please see some upcoming offerings and regular programming sponsored by their department below and on their website.

- **Meditation Mondays:** Take time out of your busy days to find inner calm and awareness at the start of every week. Sessions will be on Zoom. Learn more »
- **Breaking Bread and the Binary:** Join UM on a self-discovery journey to explore the intersectionality between different spiritual traditions and LGBTQIA+ identities. This group meets every Thursday in the University Ministry Romero Room (Toler 122). Learn more »
- **Qmmunity Meditation Group:** The Qmmunity Meditation group focuses on fostering spiritual and mental wellness through meditation practice. People of all identities are invited to take part in this meditative journey of self-reflection and acceptance. No experience is required. Register to attend »
- **Interfaith Student Community:** Learn about building community among faith traditions and advocate for an inclusive campus. Learn more »

**Course Registration**
Class registration for summer and fall 2022 opens today! Check out the University Registrar website for important registration information and step by step instructions about online registration. You can also find out your final exam schedule, request transcripts and enrollment verification letters, and search for specific courses. Contact their office by email or call (415) 422-7260. Be sure to review the USF Together page for updates regarding course modalities and protocols.

**Upcoming Office Closure**
Please keep in mind that the ISSS office will be closed on Friday, April 15 in observance of Good Friday. The office will reopen on Monday, April 18 during regular business hours (9 a.m.–5 p.m). For all of the members of the USF community who celebrate Easter, our office wishes a blessed celebration and a bright start to spring. We hope you enjoy a relaxing weekend spent with loved ones.