



WEEKLY UPDATE – Jan. 30

## Upcoming Workshops and Events

We hope you all had a wonderful first week of classes! In this week's newsletter, our office is highlighting upcoming workshops and events. As always, you can **connect with us via email**, reach us by phone at **(415) 422-2654**, chat with a team member on our **website chat feature**, or **schedule an appointment** with your ISSS adviser.

## Health Promotion Services

### Immunization Requirement deadline:

- If you have not submitted your immunization records, head over to **Med+Proctor** to submit your immunization records. For more information regarding immunization requirements for international students, **check out this link**.

### Health Insurance Waiver deadline:

- If you have health coverage that is comparable to the USF-endorsed health insurance plan, you have the option to waive USF coverage by **Feb. 1**. View the **International Students Waiver Criteria** for more information. **Follow this link** to waive the USF-endorsed health insurance plan. If you need assistance, please set up a health insurance meeting **here**.

Please contact **hps@usfca.edu** if you have any questions or technical issues.

## Spring Involvement Fair

The Involvement Fair at the beginning of each semester provides a venue for students to discover all the involvement opportunities that are available. Stop by on Feb. 7-8 from 11:30 a.m.–1 p.m. in the McLaren Conference Center.

[Learn more »](#)

## Working and Driving in the U.S.

In this recording, you will learn how to find jobs on campus, apply for a social security number, and get a driver's license. Please note this presentation is designed for students who are currently residing in the U.S.

[View the recording »](#)



## Lunar New Year Celebration

Join the Center for Asia Pacific Studies and other Asia-focused programs and units on campus as they ring in the Year of the Rabbit! Meet them at Gleeson Plaza on **Tuesday, Jan. 31, from 11:45 a.m.–12:45 p.m.** for music, prizes, food, and a traditional lion dance performance by Leung's White Crane Association. This event is free and open to the public. [Learn more »](#)

Co-sponsors: Asian Studies, Asian Pacific American Studies, Center for Business Studies and Innovation in Asia-Pacific, MA in Asia Pacific Studies.



## Outdoor Adventure Program

Looking for an adventure? Join Koret Recreation Sports for a fun trip to explore the unique offerings of the Bay Area! Current USF students are invited to join their upcoming ski trips to Alpine Meadows on Feb. 4, Sierra-at-Tahoe on Feb. 11, and Palisades on Feb. 18.

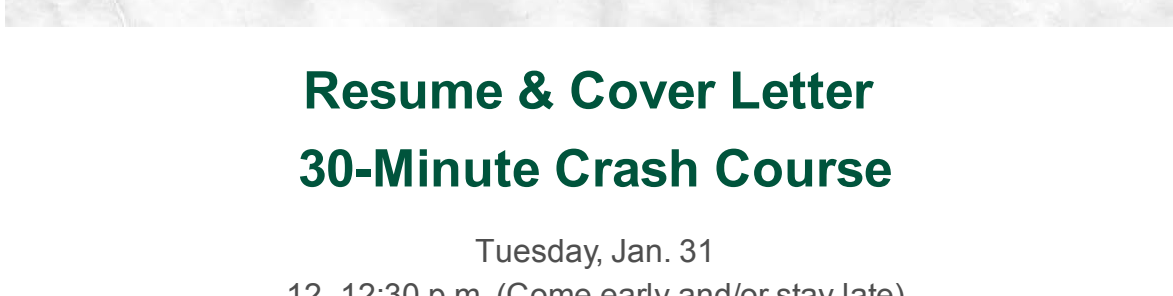
**Online registration** is required. Space is limited. To request accommodations or additional information, [send Koret an email »](#)

[Learn more about other outdoor adventures happening this spring »](#)



## GO Team applications are open!

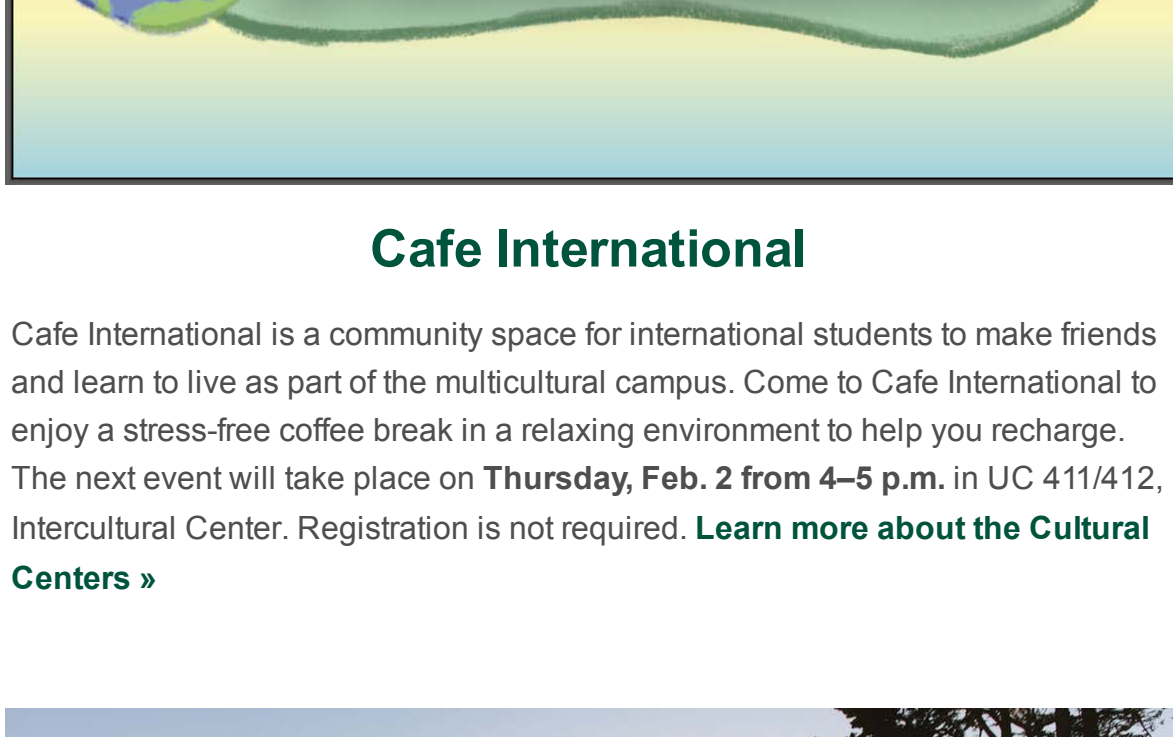
GO Team Orientation Leaders play an essential role in the facilitation of Orientation by providing new students and their family members with an engaging and authentic introductory experience to campus life and all its resources. Applications will go live on Feb. 1. **The deadline to apply is Feb. 19 at 11:59 p.m. PST. [Learn more and apply »](#)**



## Resume & Cover Letter 30-Minute Crash Course

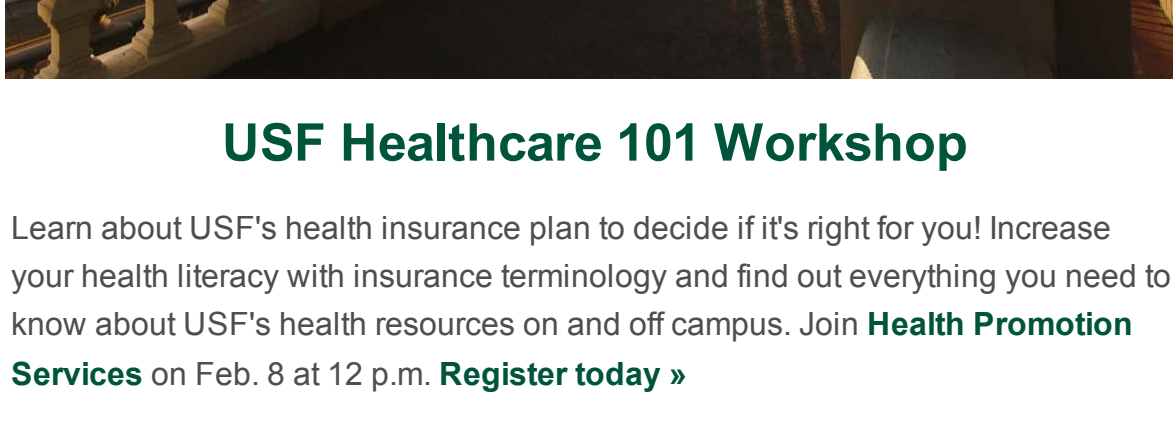
Tuesday, Jan. 31  
12–12:30 p.m. (Come early and/or stay late)  
McLaren 250

[Register here »](#)



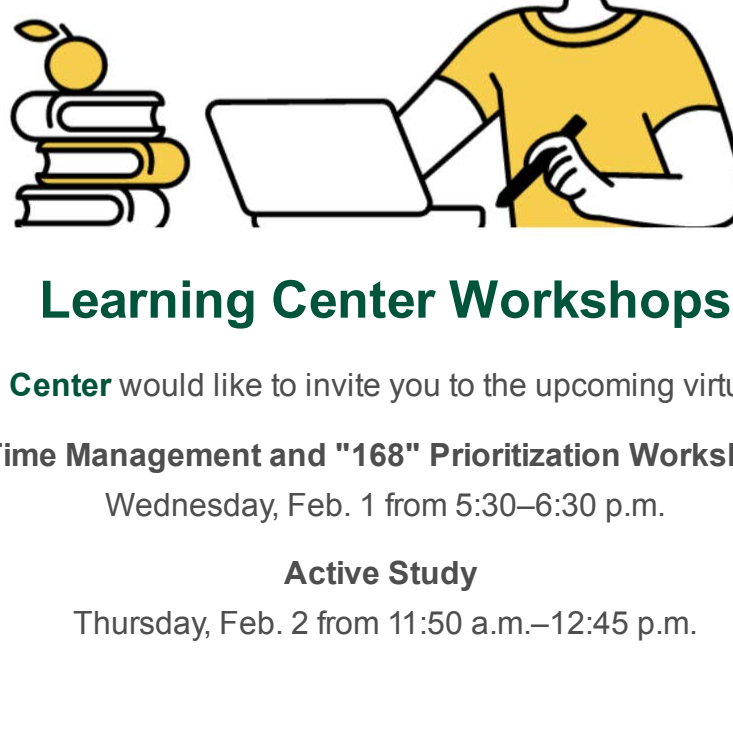
## Cafe International

Cafe International is a community space for international students to make friends and learn to live as part of the multicultural campus. Come to Cafe International to enjoy a stress-free coffee break in a relaxing environment to help you recharge. The next event will take place on **Thursday, Feb. 2 from 4–5 p.m.** in UC 411/412, Intercultural Center. Registration is not required. [Learn more about the Cultural Centers »](#)



## USF Healthcare 101 Workshop

Learn about USF's health insurance plan to decide if it's right for you! Increase your health literacy with insurance terminology and find out everything you need to know about USF's health resources on and off campus. Join **Health Promotion Services** on Feb. 8 at 12 p.m. [Register today »](#)



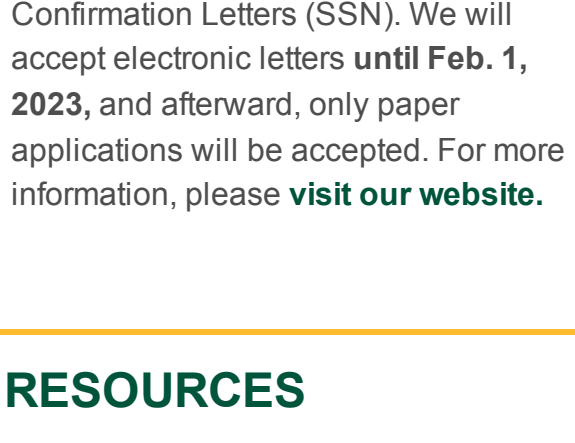
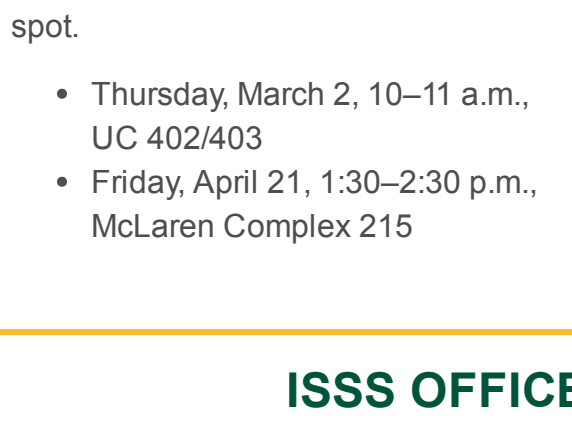
## Learning Center Workshops

The **Learning Center** would like to invite you to the upcoming virtual workshops:

**Time Management and "168" Prioritization Workshop**  
Wednesday, Feb. 1 from 5:30–6:30 p.m.

**Active Study**

Thursday, Feb. 2 from 11:50 a.m.–12:45 p.m.



## OPT Workshops

OPT workshops are now available for sign-up. This semester we have two in-person OPT workshops! Space is limited — **sign up** today to reserve your spot.

- Thursday, March 2, 10–11 a.m., UC 402/403
- Friday, April 21, 1:30–2:30 p.m., McLaren Complex 215

## Applying for a Social Security Number?

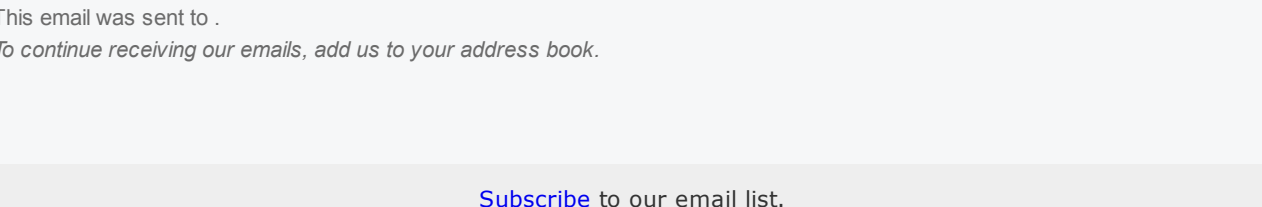
As of spring 2023, ISSS is accepting paper On-Campus Employment Confirmation Letters (SSN). We will accept electronic letters **until Feb. 1, 2023**, and afterward, only paper applications will be accepted. For more information, please **visit our website**.

## ISSS OFFICE RESOURCES

**Requesting a document from ISSS?**  
If you are requesting an immigration document or letter from our office, remember that we request **10 business days** to process requests. Make sure you plan accordingly so you have enough time to receive your document before you need it. All ISSS requests should be submitted through the **MyISSS student portal** (select the home icon, site home, and then requests on the left-hand menu). You can view our **MyISSS Student Handbook** for assistance with your submission.

**Adviser Appointments and Workshops**  
**Appointments can be made online.** Please visit the **ISSS website** to schedule an appointment. Appointments are still booked in 15-minute increments.

**Connect with ISSS on Facebook »**



CHANGE THE WORLD FROM HERE