



WEEKLY UPDATE – March 20

This week's newsletter includes information to help you navigate the academic support available to you as a student at USF. As always, if you have any general questions, you can contact our office by **chat, phone, or email**. If you have specific immigration questions, you can also **make an appointment with your ISSS adviser online**.

The Learning, Writing, and Speaking Centers

The **Learning, Writing, and Speaking Centers (LWSCs)** offer free subject-specific tutoring, writing assistance, and communication-related support. Their office provides opportunities for academic skill development through 1:1 coaching, group workshops, and online resources.



If students are looking to develop academic skills or practice English, the LWSC can help! Students can schedule 60-minute sessions with an experienced English coach. When scheduling a session with a coach, students should note what they would like to practice ahead of time so that coaches are prepared for any specific topics.

Students interested in taking advantage of this resource should reach out to lwsc@usfca.edu with any questions. In addition, LWSC front desk staff can be reached Monday through Thursday between 8 a.m.–8 p.m. and Friday between 8 a.m.–5 p.m. via the chatbox on their **website**.

Upcoming Events



ISSS Drop-in Hours

Tuesdays starting March 28
11:45 a.m.–12:45 p.m.
UC 5th Floor



Communications Student Assistant

Our office is hiring two communications student assistants! Students need to apply on Workday and send their graphic design portfolio to lzli2@usfca.edu.

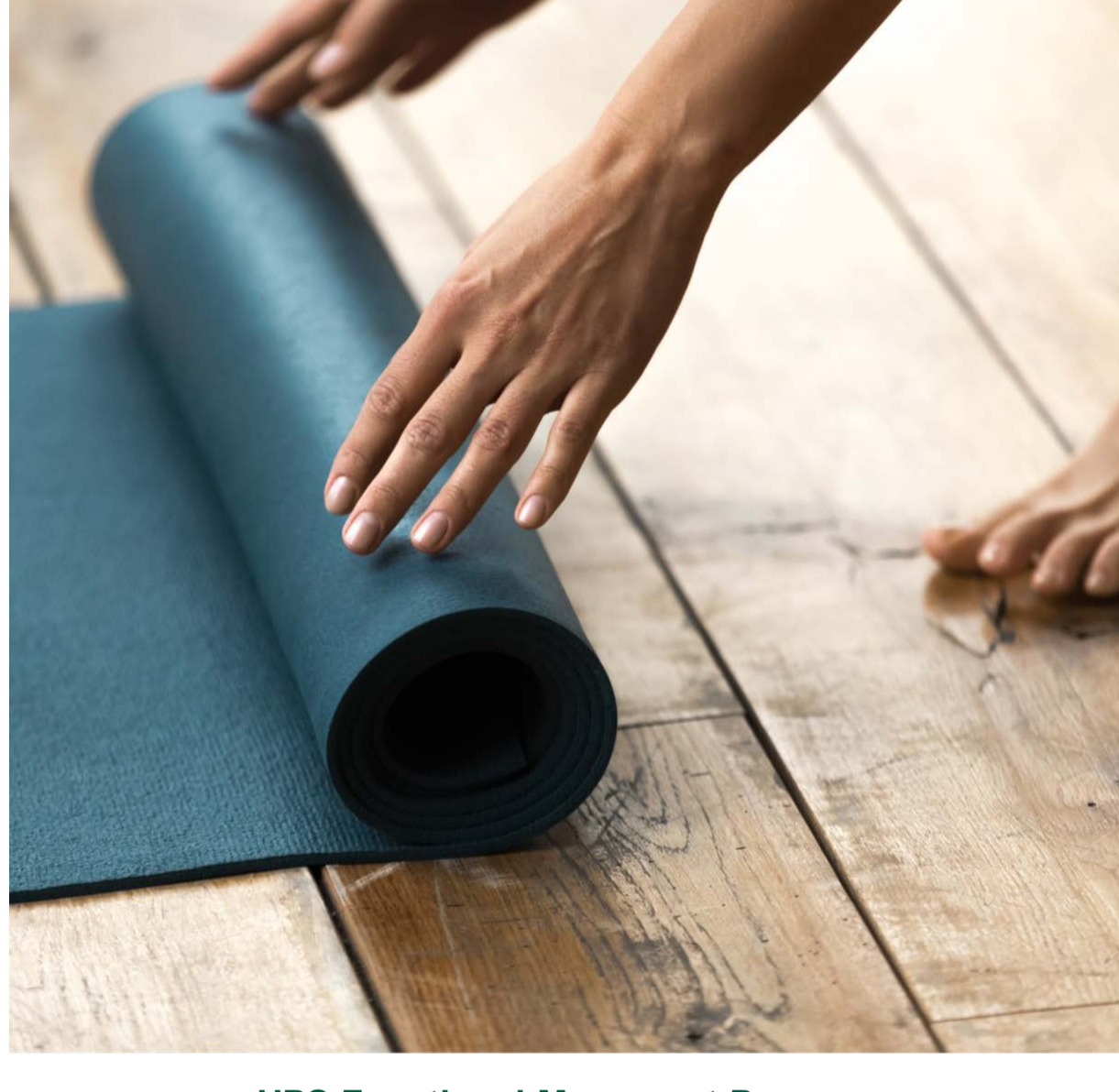
Deadline to apply: Wednesday, March 29

[Learn more and apply »](#)



The Learning Center is Hiring

The Learning Center provides paid leadership opportunities for students. We hire for positions such as peer tutors, PLTL leaders, SI leaders, and project success coaches throughout each semester. If you're interested or would like to nominate a student, please visit our **Employment Opportunities web page**.



HPS Functional Movement Program

The HPS Functional Movement program uses mat Pilates to bring awareness to the body-mind connection. Join to strengthen your posture, core, and breath. Starting **Wednesday, March 22 from 3–4 p.m.** in Koret Recreation Center (room B03). If you have any questions, please contact **Aikaeli Kitilya**.



CAPS Transitions Groups

Wednesdays, March 22 – April 26
1:15–2:45 p.m.

Transitions is a six-week group therapy for students who are experiencing emotional distress related to major life transitions. Through a culture-first lens, participants will learn and discuss mental health and general wellness strategies to address the impact of change, healthy and effective communication, and how to foster healthy relationships. [Learn more »](#)

If interested, students can call CAPS at **(415) 422-6352** to request to join the group.

ISSS OFFICE RESOURCES

Requesting a document from ISSS?

If you are requesting an immigration document or letter from our office, remember that we request **ten business days** to process requests. Make sure you plan accordingly so you have enough time to receive your document before you need it. All ISSS requests should be submitted through the **MyISSS student portal** (select the home icon, site home, and then requests on the left-hand menu). You can view our **MyISSS Student Handbook** for assistance with your submission.

Adviser Appointments and Workshops

Appointments can be made online. Please visit the **ISSS website** to schedule an appointment. Appointments are still booked in 15-minute increments. To schedule a workshop, select workshops from the first menu option in our scheduler. Students must complete an OPT workshop before applying for OPT.

Connect with ISSS through Instagram »

Join the conversation **#USFCA**



UNIVERSITY OF SAN FRANCISCO
International Student and Scholar Services

(415) 422-2654
USFCA.EDU
DIRECTIONS
CONTACT US

CHANGE THE WORLD FROM HERE