



WEEKLY UPDATE – Nov. 28

End-of-Semester Reminders

As you wrap up your fall courses, our office wants to share a few end-of-semester reminders. As always, please **email our office** with any questions or concerns. Wishing you luck as you prepare for your final exams!

Program End Dates

A reminder that all F-1 students are responsible for completing their program on time. Failure to complete your studies at USF before your I-20 program end date is considered a violation of your F-1 student status. If you will not be able to complete your degree requirements by the program end date on your I-20, please **make an appointment with your ISSS adviser** to discuss your eligibility for an extension of your stay in the U.S. If you are eligible for an extension of your program, your request must be submitted at least ten business days prior to your I-20 program end date. **View additional information »**

Please note that the program end date listed on your I-20 also signifies the end of any student employment positions on campus.



OPT Reminders

If you are an F-1 student graduating in fall 2022, you may want to consider applying for **Optional Practical Training (OPT)**. OPT is a 12-month work authorization benefit that allows students to work in the U.S. in a job related to their field of study. Students can apply as early as **90 days** before their program end date. Students are encouraged to apply early, as doing so allows for more flexibility in choosing work start dates. Before you can apply for OPT, you must attend an OPT workshop. Visit the **OPT web page** to register for an online workshop.

Reminder, students on OPT are eligible to purchase the USF student health plan per semester for up to one academic year. To determine eligibility, please **submit a request** to voluntarily purchase the USF student health plan. **The form will be active on Wednesday, Nov. 30.** For questions, **contact Health Promotion Services.**



Art & Morality from Mao Zedong to Xi Jinping

The USF Center for Asia Pacific Studies welcomes Professor Eva Man for a lecture on art and morality from Mao Zedong's 1942 Yanan Talks to Xi Jinping's 2014 speech on artistic practice in China. This event will be on Nov. 30, 2022, from 5:30–6:45 p.m. at McLaren Complex 251. **Learn more or register here »**



Visiting International Scholar: Eva Kit Wah Man

Eva Kit Wah Man is the Kiriayama Professor of the Center for Asia and Pacific Studies at the University of San Francisco in 2022. She is also an Emeritus Professor at Hong Kong Baptist University. She publishes widely in comparative aesthetics, comparative philosophy, women's studies, feminist philosophy, cultural studies, art, and cultural criticism. She was a Fulbright scholar and conducted research at the University of California, Berkeley in 2004. She was named AMUW Endowed Woman Chair Professor for the 100th Anniversary of Marquette University in Milwaukee, Wisconsin, USA in 2009. She contributes public services to the Hong Kong Arts Development Council, Hong Kong Museums Advisory Committee, Hong Kong for LCSD, Home Affairs Bureau of HKSAR, and Hong Kong Jockey Club's Arts and Cultural Heritage projects.



Wellness Checks

The **Health Promotion Services (HPS)** department is offering resources to support student wellness. Wellness is defined as the optimal state of health and refers to a person's ability to live life to its fullness. All students can take the **wellness check**, a confidential assessment tool that can help you figure out different areas you can improve, in order to achieve whole body health and wellness. After you take the wellness check, you can schedule a wellness coaching appointment. **Learn more and register »**

ISSS OFFICE RESOURCES

Requesting a Document from ISSS?

If you are requesting an immigration document or letter from our office, remember that we request **ten business days** to process requests. Make sure you plan accordingly so you have enough time to receive your document before you need it. All ISSS requests should be submitted through the **MyISSS student portal** (select the home icon, site home, and then requests on the left-hand menu). You can view our **MyISSS Student Handbook** for assistance with your submission.

Adviser Appointments and Workshops

Appointments can be made online. Please visit the **ISSS website** to schedule an appointment. Appointments are still booked in 15-minute increments. To schedule a workshop, select workshops from the first menu option in our scheduler. Students must complete an OPT workshop before applying for OPT.

Connect with ISSS through Facebook »

Join the conversation **#USFCA**



UNIVERSITY OF SAN FRANCISCO
International Student and Scholar Services

(415) 422-2654
USFCA.EDU
DIRECTIONS
CONTACT US

CHANGE THE WORLD FROM HERE