Happy Labor Day! This week’s newsletter includes general information about employment options available to international students. Before applying for OPT, we recommend scheduling an appointment to discuss your options. Please note that if you do not meet the relevant requirements, you will not be able to process your application. It is important to familiarize yourself with the OPT application process before applying for OPT.

**Tips for OPT application:**
- Ensure that you have completed your program of studies.
- Provide basic information on the family member(s) who will be sponsoring you.
- Gather all necessary documents and information.
- Submit your application within the appropriate timeframe.

**Appointments:**
- Adviser Appointments and Workshops: You can schedule an appointment through the MyISSS Student Handbook (select the home icon, site home and then requests on the left hand menu). You can view our Adviser Appointments and Workshops options available here.
- Connect with ISSS on LinkedIn: Our LinkedIn page is a great way to stay informed about upcoming events and workshops.

**Events and Workshops:**
- **30 Minutes Workshop:** How To Get A Job in 30 Minutes Workshop: Networking. Calling all graduate students! Don’t know where to start with networking? The Grad Center is hosting a meeting where you can learn all about networking and how it can lead to your next opportunity. Their elevator pitch. And network effectively. Please register here.
- **30 Minutes Workshop:** How To Get A Job in 30 Minutes Workshop: Networking. Want to start looking for jobs, but don’t know where to start? The Priscilla A. Brandon Career Services Center (at 670 Mission St.) is hosting a workshop where you can learn how to use Handshake to find jobs & internships. Create memorable resumes and cover letters. Prepare a captivating elevator pitch. And network effectively. Sign up here.
- **30 Minutes Workshop:** How To Get A Job in 30 Minutes Workshop: Networking. Please note that all F1 students must first receive approval before beginning any employment. Eligible F1 students have two options available to them. Brief explanations are provided below along with links to our website where you can find instructions for more information.

**Employment Options for F-1 Students:**
- On-campus Employment: The F-1 students may work on-campus up to 20 hours per week while classes are in session. Eligible F-1 students should follow the steps listed on our webpage when seeking on-campus employment.
- Graduate Student Workshops: Networking. For you graduating this semester? Are you interested in learning about your options for work authorization after completing your studies? In this workshop, a US immigration attorney will provide basic information on the family member(s) who will be sponsoring you. Please refer to our website for more information.

**Workshop:**
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