

San Francisco Low-Fee and Sliding-Scale Therapy & Psychiatry Referrals

Access Institute for Psychological Services 110 Gough St. Suite 301, San Francisco, CA 94102 415.861.5449 www.accessinst.org <i>Psychotherapy, case management, & psychological assessment; medication in coordination with therapy</i> <i>Sliding-scale fee based on income</i>	California Pacific Medical Center Outpatient Clinic 2323 Sacramento Street, 2nd floor San Francisco, CA 94115 415.600.3247 Affiliated with Sutter Health <i>Psychotherapy & medication</i> <i>Call for more information on services and fees</i>
Center for Somatic Psychotherapy (CA Institute of Integral Studies) 312 Sutter St. Suite 410, San Francisco, CA 94108 415.217.8895 https://www.ciis.edu/counseling-and-acupuncture-clinics/center-for-somatic-psychotherapy <i>Conventional and body-oriented psychotherapy</i> <i>Sliding-scale fee based on income</i>	Christian Counseling Centers 801 Portola Drive, Suite 108, San Francisco (and many other locations across the Bay Area) 415.674.7504 http://www.christiancounselingcenters.org/ <i>Psychotherapy, assessment, disability evaluations, and other services for individuals, couples, families, and children; multilingual services for clients of all races, ethnicities, and religions integrated with Christian beliefs and ethics</i>
Dimensions Clinic 3850 17th Street, San Francisco, CA 94114 (temporarily at 995 Potrero Avenue, 1st floor) 628.217.5700 https://dimensionsclinic.com/ Affiliated with Castro Mission Health Center <i>LGBTQIA focus</i> <i>Medical, support, and mental health services for queer & trans/nonbinary persons ages 12–25</i> <i>Sliding scale based on income</i>	Golden Gate Integral Counseling Center (CA Institute of Integral Studies) 507 Polk Street, Suite 450 San Francisco, CA 94102 415.561.0230 https://www.ciis.edu/counseling-and-acupuncture-clinics/golden-gate-integral-counseling-center <i>Psychotherapy</i> <i>Sliding scale based on income</i>

NOTE: USF offers this list as an informational resource. Inclusion on this list does not constitute endorsement of the listed treatment providers or facilities. Availability of services cannot be guaranteed by USF. This list is not exhaustive; other sliding-scale providers are available. Users assume responsibility for evaluating and selecting among the providers included in these listings. Any cost/payment is to be determined between the provider and individual seeking services. Note that some providers may be offering teletherapy only due to the COVID pandemic. Contact providers directly for the most up-to-date information.

Greenlight Clinic 1808 Wedemeyer St., Ste. B-10, The Presidio, San Francisco, CA 94129 415.742.4306 https://www.greenlightclinic.org <i>Psychotherapy</i> <i>Free short-term services (individual and group) for clients ages 14–25</i>	Holos Institute Inner Richmond District of San Francisco and Rockridge Area of Oakland 415.862.0594 http://holosinstitute.net/counseling/ <i>Conventional psychotherapy and nature therapy</i> <i>Scale: \$45–\$120</i>
Hyde Street Community Services/Tenderloin Outpatient Clinic 815 Hyde Street, 1st Floor, San Francisco 415.673.5700 https://hydestreetcs.org/ <i>Mental health assessment, psychotherapy, and medication, substance abuse, and social services for very low-income San Francisco residents</i>	Integral Counseling Center (CA Institute of Integral Studies) 2140 Pierce Street, San Francisco 415.776.3109 https://www.ciis.edu/counseling-and-acupuncture-clinics/integral-counseling-center-at-pierce-street <i>Psychotherapy</i> <i>Sliding scale based on income</i>
La Clinica, Instituto Familiar de la Raza 2919 Mission Street, San Francisco, CA 415.229.0500; laclinica@ifrsf.org https://www.ifrsf.org/la_clinica <i>Psychotherapy, case management, and medication services for adults, children, adolescents, and families</i> <i>Serving the Chicano/a/Latino/a community of San Francisco; bilingual staff</i> <i>Sliding scale for clients without insurance; also takes Medi-Cal, Healthy Families, and Healthy Kids</i>	Liberation Institute Two locations in San Francisco (in the Mission and SoMa), and a location in Portland, Oregon http://liberationinstitute.org <i>Therapy for adults, youth, children, families, and groups</i> <i>Sliding scale based on income; no one turned away due to lack of funds</i>

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Marina Counseling Center 2137 Lombard St., San Francisco, CA 94123 (has 3 flights of stairs) and 3150 18th St., San Francisco, CA 94110 (accessible to all) 415.563.2137 www.marinacounseling.com <i>Psychotherapy</i> <i>Sliding scale based on income</i>	New Perspectives Center for Counseling 5026 Geary St, San Francisco, CA 94118 415.752.5275 http://sfnewperspectives.org/counseling/ <i>Conventional and body-oriented psychotherapy, specialized approaches for trauma (EMDR) and personality disorders (DBT)</i> <i>Sliding scale based on income</i>
Open Path Psychotherapy Collective Multiple SF locations 800.268.2833 https://openpathcollective.org/ <i>Nonprofit maintaining a database of private therapists, searchable by zip code and other criteria</i> <i>For clients with no insurance or who are “underinsured” for therapy and can’t afford full fee</i> <i>Teletherapy or in-person therapy available</i> <i>Scale: \$30–\$60 per individual therapy session (up to \$80 for couples or family), plus a one-time \$59 lifetime membership fee</i>	Psychological Services Center (CA Institute of Integral Studies) 507 Polk St, Suite 420, San Francisco, CA 94102 415.346.1011 https://www.ciis.edu/counseling-and-acupuncture-clinics/psychological-services-center <i>Psychotherapy & psychological testing</i> <i>Sliding scale based on income</i>
Queer LifeSpace 2275 Market Street, San Francisco, CA 94114 415.358.2000 http://www.queerlifespace.org/ <i>Psychotherapy, LGBTQI focus</i> <i>Sliding scale based on income, starting at \$30 for individual therapy, \$50 for couples, and \$15 for groups</i>	Richmond Area Multi-Services (RAMS) 3626 Balboa Street, San Francisco (adult outpatient clinic; other programs at other locations) 415.668.5955 https://ramsinc.org/ <i>Individual and group psychotherapy, psychiatry (medication), psychological testing, and other services for elders, adults, adolescents, and children</i>

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	<i>Special focus on Asian and Pacific Islanders and Russian-speaking communities</i> <i>Fees based on income</i>
The San Francisco Marriage and Couples Center Multiple locations 415.494.7074 https://www.sanfranciscomarriagecenter.com/ <i>Individual and couples psychotherapy and related services for clients of all genders and sexual orientations</i> <i>Sliding scale based on income</i> <i>Free 20-minute phone consultation</i>	San Francisco State Psychology Clinic 1600 Holloway Avenue, Ethnic Studies & Psychology Bldg., Room 240 415-338-2856/-2167 https://psychology.sfsu.edu/clinical/intake.htm <i>Psychotherapy for SF State students and community members (treats adults, children, adolescents, couples, and families); closed during summers</i> <i>Intake \$15; follow-up appt. fees based on income</i>
SF Therapy Collective 2275 Market Street Suite E, San Francisco CA 94114 415.659.8282 (intakes, use ext. 102) http://www.sftherapycollective.org/ <i>Psychotherapy, LGBTQI focus</i> <i>Sliding scale based on income, starting at \$80 for individual therapy and \$100 for couples</i>	Well Clinic 383 Rhode Island St., Suite 201, San Francisco; 100 Bush St., Suite #508, San Francisco; and 5625 College Avenue, Oakland 415.952.0290 (all locations) https://www.wellsanfrancisco.com/ <i>Psychotherapy & medication for individuals, couples, families, and children</i> <i>Sliding scale based on income</i> <i>Free phone consultation</i>

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