

REFERRALS

Learning Disability/ADHD Evaluation Referrals – San Francisco

<p><u>Jessica M. Foley Ph.D., PsyD., ABPP-CN</u> Board-Certified Clinical Neuropsychologist Licensed Clinical Psychologist Neuropsychology SF 415-236-2820 drfoley@neuropsychologysf.com Comprehensive Neuropsychological Evaluations \$7,000-\$8,500 neuropsychologysf.clientsecure.me</p>	<p><u>Julie Wolfert</u> 2088 Union St., Ste. 4 San Francisco, CA 94123 Assessment: \$350/hr Full Psychoeducational Evaluation: \$7800 drjuliewolfert.com</p>	<p><u>Dr. Steven Foreman, MD</u> 3608 Sacramento Street San Francisco, CA 94118 Phone: (415) 929-7228 Services: Counseling, ADHD evaluations stevenaforemanmd.com</p>
<p><u>Dr. John Hensala, M.D.</u> 141 Lower Terrace San Francisco, CA 94114 Phone: (415) 431-2141 Services: ADHD, Psychotherapy www.hensala.com</p>	<p><u>San Francisco Neuropsychology</u> 833 Market Street, Suite 809 San Francisco, CA 94103 Phone: 415-627-9095 Fax: 415-627-9108 support@sfbraindoc.org Cost Range: \$3000 - \$9000</p>	<p><u>Karla Petersen, MD</u> 1721 Scott Street, #3A San Francisco, CA 94115 Phone: (415) 287-6499 karla.petersen@gmail.com Services: ADHD evaluation and treatment, psychotherapy</p>
<p><u>Sam Judice, MD</u> 341 Spruce Street Suite E San Francisco, CA 94118 (415) 859-5900 sam_judice@comcast.net Services: ADHD treatment with prior diagnosis (does not assess/diagnose)</p>	<p><u>Alliant International University Student-Run Assessment Clinic</u> (415) 955-2106 Cost Range: \$600</p>	<p><u>Brian Gustman, PhD</u> The (K)now Clinic 399 Laurel St, Ste 9 San Francisco, CA 94118 (415) 295-5537 gustman@KnowNowPC.com Psychological Evaluations - \$225/hr (4 hour minimum) ADHD/LD Evaluations: \$1,750 - \$3,500 Accepts Aetna Knownowpc.com</p>
	<p><u>Allison Waterworth, Psv.D.</u> 1808 Wedemeyer St, Suite 318 San Francisco, CA 94129 Phone: (415) 577-4750 Cost Approx: \$5500 Services: LD & ADHD Testing psychtestingsf.com</p>	

Learning Disability/ADHD Evaluation Referrals – Outside San Francisco

<p><u>Kara Scanlon, M. Ed BCET</u> Location: Video Conference Only Phone: (925) 400-6520 Email: scanlonet@gmail.com Cost Approx: \$300/hour (sliding scale)</p> <p>Services: Specializes in time management, study skills training, educational therapy for college students with ADHD and learning disabilities</p> <p>scanlonec.com</p>	<p><u>Stacey A. Nelson, Ph.D.</u> 250 Bel Marin Keys Blvd., Ste. D-5 Novato, CA 94949 Phone: 415-999-9687 Available for appointments on Saturdays</p> <p>Cost Approx: \$4800</p> <p>Services: LD, ADHD & Psych (all)</p> <p>www.staceynelsonphd.com</p>
<p><u>Jennifer Kirkland, Ph.D</u> 1057 Solano Avenue, Suite 102 Albany, CA 94706 Phone: (510) 525-6608</p> <p>Cost Range: \$1800-2000, ADHD may be extra</p> <p>Services: LD testing & some psych; includes state BAR accommodation forms when needed</p>	<p><u>Northern California NeuroHealth</u> 673 Merchant St., Ste. A Vacaville, CA 95688 Phone: (707) 415-7473</p> <p>ADHD Evaluations - \$2,000 Full Neuropsychological Evaluations - \$3,500</p> <p>www.northerncalifornianeurohealth.com</p>
<p><u>Hallowell Todaro Berkeley ADHD Center</u> 3010 Colby St., Ste. 212 Berkeley, CA 94705 Phone: (650) 446-4900 california@hallowelltodaro.com</p> <p>Services: ADHD Diagnostic Evaluations, ADHD/Executive Functioning coaching, Individual & Group Therapy, Medication management, Academic support</p> <p>hallowelltodaro.com</p>	<p><u>Hallowell Todaro Mountain View ADHD Center</u> 298 San Antonio Road, Ste. 100 Mountain View, CA 94040 Phone: (650) 446-4900 california@hallowelltodaro.com</p> <p>Services: ADHD Diagnostic Evaluations, ADHD/Executive Functioning coaching, Individual & Group Therapy, Medication management, Academic support</p> <p>hallowelltodaro.com</p>

Psychiatry Referrals – Insurance-Based

<p style="text-align: center;"><u>LifeStance Health</u> 490 Post Street 925-282-1778</p> <p style="text-align: center;">Psychotherapy & Medications United, Aetna, Anthem Blue Cross, Blue Shield, Magellan, Cigna, MHN, SutterSelect</p> <p style="text-align: center;">www.lifestance.com</p>	<p style="text-align: center;"><u>Mindful Health Solutions</u> 360 Post St., Suite 500 San Francisco, CA 94108 866-788-5241</p> <p style="text-align: center;">Takes all major insurance</p> <p style="text-align: center;">www.mindfulhealthsolutions.com</p>
<p style="text-align: center;"><u>MindPath Health</u> 456 Montgomery St., Suite 1400 San Francisco, CA (Multiple locations) (415) 292-3440</p> <p style="text-align: center;">Takes All Major Insurance</p> <p style="text-align: center;">www.mindpath.com</p>	<p style="text-align: center;"><u>Psychiatric Alternatives</u> Various locations in SF (415) 237-0377</p> <p style="text-align: center;">Psychotherapy & Medications United, Aetna, Anthem Blue Cross, Blue Shield HMO, Lyfesynd/Humana, Magellan, SutterSelect, MHN, Value Options, Cigna, Oxford Healthcare, TRICARE</p> <p style="text-align: center;">www.psychiatricalternatives.com</p>
<p style="text-align: center;"><u>Baywell Psychiatry</u> 582 Market Street, Suite 812 (415) 922-9122</p> <p style="text-align: center;">Psychotherapy & Medications Anthem Blue Cross, Aetna, Blue Shield/Magellan, Cigna, Lifesynd Humana</p> <p style="text-align: center;">www.baywellpsych.com</p>	<p style="text-align: center;"><u>Comprehensive Psychiatric Services</u> 2211 Post Street #200 833-277-0071</p> <p style="text-align: center;">Takes all major insurance</p> <p style="text-align: center;">www.psych-doctor.com</p>
<p style="text-align: center;"><u>Carelon Behavioral Health</u> 1-855-371-8117</p> <p style="text-align: center;">Assessment & Psychotherapy, medication assessment, psychological testing (Must have Medi-Cal)</p> <p style="text-align: center;">carelonbehavioralhealth.com</p>	<p style="text-align: center;"><u>Savant Care</u> 580 California Street San Francisco 94104 (415) 480-7362</p> <p style="text-align: center;">Medications, Therapy Tricare, Aetna, MHN, Anthem, BCBS, HealthNet, Humana, Blue Shield, Cigna</p> <p style="text-align: center;">savantcare.com</p>
<p style="text-align: center;"><u>Kaiser Department of Psychiatry</u> 939 Ellis St., San Francisco (415) 833-2292</p> <p style="text-align: center;">(Must have Kaiser)</p>	<p style="text-align: center;"><u>Foresight Mental Health</u> Offers in person and telehealth appointments Accepts most major insurance plans</p> <p style="text-align: center;">www.foresightmentalhealth.com</p>

Therapy Referrals – Insurance-Based

<p><u>Emily Watters, M.D.</u> 510-213-8869</p> <p>Accepts Aetna</p> <p>Combination of medication & psychotherapy treatments</p>	<p><u>Psychiatric Alternatives</u> Various locations in SF (415) 237-0377</p> <p>Psychotherapy & Medications United, Aetna, Anthem Blue Cross, Blue Shield HMO, Lyfesynd/Humana, Magellan, SutterSelect, MHN, Value Options, Cigna, Oxford Healthcare, TRICARE</p> <p>www.psychiatricalternatives.com</p>
<p><u>Brian Gustman, PhD The (K)now Clinic</u> 399 Laurel St, Ste 9 San Francisco, CA 94118 (415) 295-5537 gustman@KnowNowPC.com</p> <p>Accepts Optum & Aetna Insurance</p> <p>Knownowpc.com</p>	<p><u>LifeStance Health</u> 490 Post Street 925-282-1778</p> <p>Psychotherapy & Medications United, Aetna, Anthem Blue Cross, Blue Shield, Magellan, Cigna, MHN, SutterSelect</p> <p>www.lifestance.com</p>
<p><u>Two Chairs</u></p> <p>Offers telehealth appointments and in-person appointments in San Francisco, Oakland and San Jose</p> <p>In-network provider for Kaiser Northern California and Kaiser Washington plans with referral from primary care provider and Aetna</p> <p>www.twochairs.com</p>	<p><u>Foresight Mental Health</u></p> <p>Offers in person, hybrid and telehealth appointments Accepts most major insurance plans</p> <p>www.foresightmentalhealth.com</p>
<p><u>OpenDoors Therapy</u> (650) 681 – 1548 admin@opendoorstherapy.com</p> <p>All-virtual Individual & Group Therapy for neurodiverse and autistic teens, adults and families</p> <p>Not in-network but can provide Superbills</p> <p>opendoorstherapy.com</p>	

Therapy Referrals – Sliding Scale

<p><u>Greenlight Clinic</u> All sessions are virtual hello@greenlightclinic.org Free and confidential counseling for 14-26 year olds greenlightclinic.org</p>	<p><u>Access Institute for Psychological Services</u> 110 Gough St. Suite 301 San Francisco, CA 94102 415.861.5449 Psychotherapy & Medication www.accessinst.org</p>
<p><u>Center for Somatic Psychotherapy</u> 312 Sutter St. Suite 410 SF CA 94108 415.217.8895 Virtual & In-person appointments www.ciis.edu/ciis-in-the-world/counseling-clinics/center-for-somatic-psychotherapy</p>	<p><u>Golden Gate Integral Counseling Center</u> 507 Polk Street, Suite 450 San Francisco, CA 94102 415.561.0230 Virtual & In-person appointments www.ciis.edu/ciis-in-the-world/counseling-clinics/golden-gate-integral-counseling-center</p>
<p><u>Integral Counseling Center</u> 2140 Pierce Street San Francisco, CA 94115 415.776.3109 Virtual & In-person appointments www.ciis.edu/ciis-in-the-world/counseling-clinics/integral-counseling-center-pierce-street</p>	<p><u>OpenDoors Therapy</u> (650) 681 – 1548 admin@opendoorstherapy.com All-virtual Individual & Group Therapy for neurodiverse and autistic teens, adults and families opendoorstherapy.com</p>
<p><u>Marina Counseling Center</u> 2137 Lombard St.@ Fillmore San Francisco, CA 94123 415.563.2137 www.marinacounseling.com</p>	

Psychotherapy Referrals – LGBTQIA-Focused

<p><u>Queer LifeSpace</u> 2275 Market St, #7 San Francisco, CA 94114 415.358.2000 info@queerlifespace.org Psychotherapy-LGBTQI focus www.queerlifespace.org</p>	<p><u>SF Therapy Collective</u> 2275 Market Street Suite E San Francisco CA 94114 415.659.8282 info@sfterapycollective.org Psychotherapy-LGBTQI focus www.sfterapycollective.org</p>
<p><u>Gaylesta</u> Database of LGBTQ identified mental health clinicians in the Bay Area & Northern California www.gaylesta.org</p>	<p><u>Dimensions Health Clinic</u> 3850 17th Street San Francisco, CA 94114 (415) 934-7717 Individual therapy for queer, trans and questioning persons ages 12-25. Also has weekly support group for transgender & gender-variant persons. Mental Health services are FREE www.dimensionsclinic.org</p>
<p><u>Lyon Martin Community Health</u> 1735 Mission Street, Suite 201 San Francisco, CA 94103 415.565.7667 Individual therapy & group therapy services Insurance accepted www.lyon-martin.org</p>	<p><u>The Trevor Project</u> 24/7 Crisis Hotline: 1-866-488-7386 www.thetrevorproject.org</p>
<p><u>The Stonewall Project</u> 3 Locations in SF 415.487.3000 Harm reduction based individual & group counseling for gay & trans man – all services are free. www.stonewallsf.org</p>	

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