

REFERRALS

Learning Disability/ADHD Evaluation Referrals San Francisco

<p><u>Allison Waterworth, Psy.D.</u> 1808 Wedemeyer St, Suite 318 San Francisco, CA 94129 Phone: (415) 577-4750 Cost Approx: \$2200 (reduced rate avail.) Services: LD & ADHD Testing psychtestingsf.com</p>	<p><u>Julie Wolfert, Psy.D.</u> 2088 Union St, Suite 4 San Francisco, CA 94123 Phone: (415) 308-9631 Cost Range: \$2200 Services: LD & ADHD Testing drjuliewolfert.com</p>	<p><u>Dr. Steven Foreman, MD</u> 3608 Sacramento Street San Francisco, CA 94118 Phone: (415) 929-7228 Cost: \$270/hour Services: counseling, ADHD evaluations stevenaforemanmd.com</p>
<p><u>Dr. John Hensala, M.D.</u> 141 Lower Terrace San Francisco, CA 94114 Phone: (415) 431-2141 www.hensala.com Cost: \$275 initial assess. follow ups \$170 Services: ADHD, Psychotherapy</p>	<p><u>San Francisco Neuropsychology</u> 833 Market Street, Suite 809 San Francisco, CA 94103 Phone: 415-627-9095 Fax: 415-627-9108 support@sfbraindoc.org Cost Range: \$3000 - \$9000</p>	<p><u>Karla Petersen, MD</u> 1721 Scott Street, #3A San Francisco, CA 94115 Phone: (415) 287-6499 karla.petersen@gmail.com Services: ADHD evaluation and treatment, psychotherapy</p>
<p><u>Sam Judice, MD</u> 341 Spruce Street Suite E San Francisco, CA 94118 Phone: (415) 859-5900 Email: sam_judice@comcast.net Services: ADHD evaluation and treatment</p>	<p><u>Alliant International University</u> (415) 955-2106 Cost Range: \$600</p>	<p><u>Karin Hastik, M.D.</u> 415-693-8880 220 Montgomery St. Ste. #1800 San Francisco, CA 94104 drhastik.com ADHD evaluation and treatment, psychological evaluation and treatment, psychotherapy</p>
<p><u>Masonic Center for Youth and Families</u> (877) 488-6293 Psychological Assessments Can provide documentation to submit insurance claims</p>	<p><u>Brian Gustman, PhD</u> Knownowpc.com The (K)now Clinic 399 Laurel St, Ste 9 San Francisco, CA 94118 (415) 295-5537 gustman@KnowNowPC.com Psychological Evaluations - \$225/hr (4 hour minimum) Comprehensive Educational Evaluations: \$4,000 - 5,750 Accepts Optum & Aetna</p>	<p><u>Jessica M. Foley Ph.D., PsyD., ABPP-CN</u> Board-Certified Clinical Neuropsychologist Licensed Clinical Psychologist Neuropsychology SF 415-236-2820 drfoley@neuropsychologysf.com Comprehensive Neuropsychological Evaluations \$7,000-\$8,000</p>

**Learning Disabilities/ADHD Evaluation Referrals
Outside San Francisco**

<p><u>Kara Scanlon, M. Ed ET/P.</u> Location: Video Conference Only Phone: (925) 400-6520 Cost Approx: \$300/hr (sliding scale) Email: scanlonet@gmail.com scanlonet.org Services: Specializes in time management, study skills training, educational therapy for college students with ADHD and learning disabilities</p>	<p><u>Stacey A. Nelson, Ph.D.</u> 250 Bel Marin Keys Blvd., Ste. D-5 Novato, CA 94949 www.staceynelsonphd.com Phone: (415) 999-9687 Cost Approx: \$4800 Services: LD, ADHD & Psych (all)</p>
<p><u>Jennifer Kirkland, Ph.D</u> 1057 Solano Avenue, Suite 102 Albany, CA 94706 Phone: (510) 525-6608 Cost Range: \$1800-2000, ADHD may be extra Services: LD testing & some psych; includes state BAR accommodation forms when needed</p>	<p>hellopolygon.com Remote Evaluations and Support for ADHD, Dyslexia, and Other Learning Differences \$1,995-\$3,995</p>

Psychiatry Referrals
Insurance-based

<p><u>LifeStance Health</u> 490 Post Street (415) 296-5290 http://www.lifestance.com/</p> <p>Psychotherapy & Medications United, Aetna, Anthem Blue Cross, Blue Shield, Magellan, Cigna, MHN, SutterSelect</p>	<p><u>Mindful Health Solutions</u> 360 Post St., Suite 500 San Francisco, CA 94108 (844) 867-8444 www.mindfulhealthsolutions.com Takes all major insurance</p>
<p><u>MindPath Health</u> 456 Montgomery St., Suite 1400 (Multiple locations) San Francisco CA (415) 292-3440 http://www.mindpath.com/ Takes All Major Insurance</p>	<p><u>Psychiatric Alternatives</u> Various locations in SF (415) 237-0377 http://www.psychiatricalternatives.com Psychotherapy & Medications United, Aetna, Anthem Blue Cross, Blue Shield HMO, Lyfesynch/Humana, Magellan, SutterSelect, MHN, Value Options, Cigna, Oxford Healthcare, TRICARE</p>
<p><u>Baywell Psychiatry</u> 582 Market Street Suite 812 (415) 922-9122 www.baywellpsych.com Psychotherapy & Medications Anthem Blue Cross, Aetna, Blue Shield/Magellan, Cigna, Lifesynch Humana</p>	<p><u>Comprehensive Psychiatric Services</u> 2211 Post Street #200 (833) CPS-0071 www.psych-doctor.com Medications Only Takes all major insurance</p>
<p><u>CPMC Outpatient Mental Health Clinic</u> 2323 Sacramento St., San Francisco (415) 600-3247 https://www.sutterhealth.org/cpmc/services/behavioral-health/behavioral-health-outpatient Psychotherapy & Medications Takes all major insurance</p>	<p><u>Savant Care</u> 580 California Street, San Francisco 94104 (415) 480-7362 https://www.savantcare.com/ Medications, some therapy Tricare, Aetna, MHN, Anthem, BCBS, HealthNet, Humana, Blue Shield, Cigna</p>
<p><u>Kaiser Mental Health and Wellness Center</u> 939 Ellis St., San Francisco (415) 833-2292 (Must have Kaiser)</p>	<p><u>Medi-Cal Behavioral Health Access Line</u> https://www.sfdph.org/dph/comupg/oservices/mentalhlth/cbhs/ San Francisco County (415) 255-3737 Alameda County (800) 491-9099 (Must have Medi-Cal)</p>
<p><u>Emily Watters, M.D.</u> 510-213-8869 Accepts Aetna Combination of medication & psychotherapy treatments</p>	

**Therapy Referrals
Insurance-based**

<p><u>Greenwich Psychotherapy</u> 2182 Greenwich Street San Francisco CA 94939 (415) 515-7806 www.greenwichpsychotherapyservices.com</p> <p><i>United, Blue Shield, Cigna</i></p>	<p><u>Psychiatric Alternatives</u> (5 locations in SF) (415) 237-0377 http://www.psychiatricalternatives.com Psychotherapy & Medications</p> <p><i>United, Aetna, Anthem/Blue Cross, Blue Shield, Cigna, Magellan, MHN, Healthnet, Oxford Healthcare, Sutterselect, TRICARE, Value Options</i></p>
<p><u>Brian Gustman, PhD</u> The (K)now Clinic 399 Laurel St, Ste 9 San Francisco, CA 94118 (415) 295-5537 Knownowpc.com gustman@KnowNowPC.com</p> <p>Accepts Optum & Aetna Insurance</p>	<p><u>LifeStance Health</u> 490 Post Street (415) 296-5290 http://www.pcpasf.com/</p> <p>Psychotherapy & Medications United, Aetna, Anthem Blue Cross, Blue Shield, Magellan, Cigna, MHN, SutterSelect</p>
<p><u>Two Chairs</u> Book an appointment online at https://www.twochairs.com/</p> <p>Offers telehealth appointments and in-person appointments in San Francisco, Oakland, Redwood City and San Jose In-network provider for Kaiser Northern California and Kaiser Washington plans with referral from primary care provider and Aetna</p>	<p><u>Foresight Mental Health</u></p> <p>Book an appointment online at https://www.foresightmentalhealth.com/</p> <p>Offers telehealth appointments Accepts most major insurance plans</p>

**Psychotherapy Referrals
Sliding Scale**

<p align="center"> <u>Greenlight Clinic</u> 1808 Wedemeyer St., Ste. B-10 San Francisco, CA 94129 415.742.4306 greenlightclinic.org <i>Free and confidential counseling for 14-26 year olds</i> </p>	<p align="center"> <u>Access Institute for Psychological Services</u> 110 Gough St. Suite 301 San Francisco, CA 94102 415.861.5449 x380 www.accessinst.org <i>Psychotherapy & Medication</i> </p>
<p align="center"> <u>CPMC Outpatient Mental Health Clinic</u> 2323 Sacramento St., San Francisco (415) 600-3247 https://www.sutterhealth.org/cpmc/services/behavioral-health/behavioral-health-outpatient Psychotherapy & Medications Takes all major insurance </p>	<p align="center"> <u>Golden Gate Integral Counseling Center</u> 507 Polk Street, Suite 450 San Francisco, CA 94102 415.561.0230 https://www.ciis.edu/counseling-and-acupuncture-clinics/golden-gate-integral-counseling-center <i>Psychotherapy</i> </p>
<p align="center"> <u>Center for Somatic Psychotherapy</u> 312 Sutter St. Suite 410 SF CA 94108 415.217.8895 https://www.ciis.edu/counseling-and-acupuncture-clinics/center-for-somatic-psychotherapy/contact-us <i>Psychotherapy</i> </p>	<p align="center"> <u>Integral Counseling Center</u> 2140 Pierce Street San Francisco, CA 415.776.3109 https://www.ciis.edu/counseling-and-acupuncture-clinics/integral-counseling-center-at-pierce-street/contact-us <i>Psychotherapy</i> </p>
<p align="center"> <u>Marina Counseling Center</u> 2137 Lombard St.@ Fillmore San Francisco, CA 94123 415.563.2137 https://www.marinacounseling.com/ <i>Psychotherapy</i> </p>	<p align="center"> <u>OpenDoors Therapy</u> All-virtual Individual & Group Therapy for neurodiverse and autistic teens, adults and families https://opendoorstherapy.com/ (650) 681 - 1548 </p>

**Psychotherapy Referrals
LGBTQ+I-focused**

<p><u>Queer LifeSpace</u> 2275 Market St, #7 San Francisco, CA 94114 415.358.2000 http://www.queerlifespace.org/ <i>Psychotherapy-LGBTQ+I focus</i></p>	<p><u>SF Therapy Collective</u> 2275 Market Street Suite E San Francisco CA 94114 415.659.8282 http://www.sftherapycollective.org/ <i>Psychotherapy-LGBTQ+I focus</i></p>
<p><u>Gaylesta</u> www.gaylesta.org Database of LGBTQ identified mental health clinicians in the Bay Area & Northern California</p>	<p><u>Dimensions Health Clinic</u> 3850 17th Street San Francisco, CA (415) 934-7700 https://dimensionsclinic.org/ Individual therapy for queer, trans and questioning persons ages 12-25. Also has weekly support group for transgender & gender-variant persons. Mental Health services are FREE</p>
<p><u>Lyon Martin Community Health</u> 1735 Mission Street, Suite 201 San Francisco, CA 94103 415.565.7667 https://lyon-martin.org Individual therapy & group therapy services. Groups include PTSD, harm reduction, substance abuse, yoga, gender spectrum, healthy living, etc. Insurance accepted: Anthem Blue Cross, United, Aetna, Blue Cross, Blue Shield, Cigna, Medicare/Medi-Cal. Also a sliding scale starting at \$25/session</p>	<p><u>The Trevor Project</u> 24/7 Crisis Intervention and suicide prevention hotline for ages 13-24 1.866.488.7386 http://www.thetrevorproject.org</p>
<p><u>The Stonewall Project</u> 415.487.3100 470 Castro Street & 1035 Market Street_ http://www.stonewallsf.org Harm reduction based individual & group counseling for gay & trans man – all services are free.</p>	

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