1. **Call to Order and Roll Call**
   
   - Belen, Don, Sarah, Leo, Marisol, Irene, Hector, Paolo, John, Cassie, Chloe, Simi, Olivia, Tiana
   - John motion to amend last week’s minutes
   - Cassie second to amend last week’s minutes

2. **Approval of Minutes**
   
   - Simi motioned to approve last week’s minutes
   - John seconds to approve last week’s minutes

3. **Approval of Agenda**
   
   - Sarah motioned to approve today’s agenda
   - Don seconds to approve today’s agenda

4. **Open Forum**
   
   a. Anyone who wishes to address the Senate

5. **New Business:**
   
   a. Guest Speaker: Charlene P. Lobo Soriano, Associate Dean of Retention & Persistence

   - Usfca_Casa (IG)

   - Roadmap Concept - started last spring
     - Develop and visually articulate the milestones that make up the various experiences and paths throughout their life at USF
     - Building out the Roadmap
- Coming up with a design question
- Guided by students
  - Informational interview sheets where staff and administration interviewed students (around 20)
    - Hometown, major, year, facts, what you like most & least about USF, what you wish you knew, and what you think needs to be on the road map
  - Airtable
    - Helpful to collect and look at data/feedback
- Pathways
  - Academic
    - Ex: Use classes to figure out next steps
  - Co-curricular
    - Ex: become a member of student orgs
  - Personal
    - Ex: find a community on and off campus
- Road map switched to → Student Life Experience
- Rolling it out
  - Success Coaches → USF 101 → RA’s
  - Also parents and alumni

Questions

1. Will it be linked to USF website?
   Answer: Goal is to see how it is internal then reach it outside

2. Academic/Money is there a link that is being created?
   Answer: It is supposed to be financial literacy

3. Do all tabs have links or someone to contact
   Answer: Some will say talk to your coach, but there is a gap right now that is being worked on
4. Could you talk a little bit more on finding community and the social aspect on how this is organized
Answer: Currently it will point themselves to SLE; hoping the student won’t look at this alone but with a success coach that can say “let’s look at this together” so it is not as stressful or overwhelming. There be a guided conversation instead of sending them out on their own.

5. Would the road map work with student hub?
Answer: Yes, by sending referrals and create task for students

6. Is this going to have updated or new versions that students can go into or having a student suggestion box?
Answer: One thing missing is “Talk back to us” and will be easy to add; feedback is very important and will try to add or change anything

7. Is this website live and is able to access now?
Answer: Yes

b. Guest Speaker: Barbara Thomas, CAPS Senior Director [5:35-6:00pm]
   - Updates on Services
     - No - show fine ($600) → to have people take more responsibility
       - Started February
       - Before the no show rate was at 10.9% and now it is 3.9%
     - Let’s Talk
   - Single Session Therapy
     - Sessions intended to be goal-directed, highly interactive and conclude with a “Wellness Prescription” identify coping skills
   - Doctoral Level Practicum Students
     - Two doctoral level practicum students were added to staff (15 hours a week)
     - Provision of behavioral health consultations, providing mandated therapy, and training CAPS ambassadors
     - Post-doctoral fellows to engage in clinical supervision
- CAP clientele
  - Last year was 68 total; This year first month is 70 clients
  - Identity shift → if pronouns change
  - 18-20 year olds
  - Undergraduate students account for 74.7%; 8.2% of students identify as international students
- Primary areas of concern
  - Anxiety, Depression, Stress, Relationship problems, Interpersonal functioning, family, Adjustment to new environment, Self-esteem, Emotional dysregulation
- CAPS Services
  - 37.2% suicidality within the last 2 weeks with 11% most severe level
  - 4,348 appointments of whom 302 individuals presented in crisis
- Consultation lines
  - After hours
    - 415-422-6353 press 2 when prompted
    - In Oregon - trained clinicians
    - If it reaches emergent level then they will reach USF
  - All hours
- Mandated Assessments
  - Work with Oscar
  - #1 transport issues → women and edibles
- Therapy
  - 989 Clients
  - 4,348 clinical appointments
  - 75 group sessions
- Outreach
- 89 programs, 6,107 attendees
- Consultations
  - 640 of which 203 were crisis
- Groups
  - Understanding self and others, Hour of powers, Mindfulness & Positive psychology, Social anxiety, Grief, Gender and Sexual Diversity, Women and Bodies, Dear Career, Managing Moods, etc.
  - 75 sessions provided, 54 Clients
  - Mellow Mondays - Stress Management Activities

Questions

1. Difference between consultations
Answer: If you are worried about friends, or parents worried and wanting their kids to go therapy; more referral

2. If you refer or call, does CAPS reach out to that person
Answer: If it is an emergency then forsure and prefer the students to come to CAPS then having the parents call and ask for them.

3. Culture around individualism preferring to come in on one- and one therapy, how do you plan on marketing group sessions
Answer: We have been struggling on getting more students for group therapy but if students would know that it is more helpful to get more advice.

4. Online scheduling?
Answer: Can not afford system to keep it confidently

5. Out of all the first years to the fourth years, what class do you get more clients from?
Answer: Usually it is seasonal, and in the fall it is mostful freshman. In the spring it is seniors.

6. Break
   [6:08-6:13pm]
   - John motioned for a break
   - Don seconds the motion for a break

7. New Business:
      [6:13-6:16pm]
- John motion to vote

Discussion
- All concerns we had we can work with her to where it is not disqualifying

Cassie motions to vote
Chloe seconds to vote
Vote: Approved

b. Elections [6:16-6:24pm]

i. Irene Nguyen, Vice President of Marketing & Communications

- Election week is next week; Everyone sign up for tabling
  (Monday, Wednesday, Friday) Monday/Wednesday = Fromm & Friday = Hayes
  - Senators need to spend 1 hour tabling out of office hours by tonight
  - 1 hour of walking around the UC building talking to students about elections (Sign up for Tuesday or Thursday)
  - Be active in your own social media by spreading the word
  - If there is conflict → email Hector
  - Next week: Knock on dorms and ask them to vote
  - Ideas on raffles and a shoutout on instagram → email Irene

c. ASUSF Summit [6:24-6:32pm]

i. Irene Nguyen, Vice President of Marketing & Communications

- 30 mins Mix & Mingle
- Open House
  - Need to be on poster: Name, position, goals for the year, resolution ideas, what do you need from them (what is your ask?) ex: do you want their email address to follow up
  - Deadline: Next Friday Sept. 20th
- Speakers: Hector, Tiana, Bob
- Roundtable Discussions - each senator assigned one table → discussing their resolutions, what they are working on and how you can help them
- 15 min feedback and open mic
- Dress: Wear something nice (Semi - Formal)
- Food
  - 100 grilled wraps
  - 200 hummus & pita
  - 400 chicken wings
  - 150 farmer's market veggies, ranch, etc.
  - Brownies
  - Water and lemonade
  - Vegan Options available

8. Executive Reports [6:32-6:55pm]
   a. Hector Bustos, ASUSF President
      - Having a graduate student rep to see what the undergraduate & having an undergraduate rep to go to graduate meetings to see what they are working on
        - Joint senate meeting next semester
      - University Life Board of Trustee Committee
        - Student concerns
      - Dr. Wardell
        - USF stance on the sanctuary campus status
        - Next monday 3-4 pm: Sept. 16th in DECO office
      - First CSO president roundtable
        - Talked about goals and UC 4th renovation
        - Don’t want anything to change besides their space where they hold office hours, exec board meetings
        - A survey will be sent out on
      - College Players
        - Need more information on presentation theatre (ask admin)
   b. Elijah Evans, Vice President of Internal Affairs
      - Finalizing speakers remaining to semester
- IA Committee is now run by Olivia
  - Will need to work on outreach for open senator positions as well as making an application
- Chloe
  - Need to CC Hector & Nick
  - Sophomore Rep instagram

c. Tiana Valerio, Vice President of Finance
- Quarterly Reports
  - Official note: Next week
- Meeting with college players along with other orgs mentioned in the letter to see exactly what tangible goals they have
- Conference Funding
- Committee Updates
  - Went over how to read over budgets
  - Fall budget appeals
  - Start thinking about compensation next friday
  - Recuit student at large members
- Senator pair updates
  - Simi is meeting with her dean in accomplishing a better clinical experience
  - Sarah found out where he dean is located

d. Irene Nguyen, Vice President of Marketing & Communications
- SOC invitation email to all Green and Gold orgs
- Meeting with Opinder Bawa from Board of Trustee on Information Technology Strategy
- Cassie - resolution regarding voter participation & financial aid “Bill of Right”
- Committee is working on theme for summit and decorations

e. Paolo Sayas, Vice President of Advocacy
- Richard Hsu
  - Implement fogcatchers on dorms to reduce irrigation costs
- Shannon Gary
  - Food insecurity survey hopefully by next year
- Committee
  - Form questions for Bon App
  - Leo setting up meeting with admin for sexual health
  - Marisol meeting with SHARE upon accessibility for students with disabilities
  - Belen about shuttles during intersession

9. Advisor Report
   [6:56-6:58pm]
   a. City Hall Tour
      - McCarthy senator
      - Inside tour of city hall on the 20th from 1-2pm

Working on putting on a farmers market
- Bon App/ Flexi

Paolo is head of Bon App food committee
- Starting Oct 10

10. Announcements
    [6:59-7:01pm]
    - Cassie: Living Document Guide Project
      - Provide low income and median income students on how to thrive in a city like San Francisco
    - John: Shannon Gary is giving a tour of food pantry
      - First food pantry is this friday

11. Adjournment