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WELCOME TO THE DONS FAMILY!

As you become a part of the USF and San Francisco community, your presence reflects a broader legacy of struggle by those who came before you. You are here not only because of your hard work and perseverance but also because of the support and love of family, friends, and others who advocated on your behalf to ensure your educational success. The Cultural Centers and Multicultural Recruitment and Retention are proud to be here to help ensure that you reach your highest potential at USF. This Resource Manual was designed with you specifically in mind and is full of information that will aid you in your educational career here.

First, know that USF strives to have an inclusive and supportive community. Our Jesuit Catholic tradition calls each of us to not only strive to be more (magis) but to be men and women for others. As you learn more about all the intersecting identities that make up who you uniquely are, your racial, ethnic, gender, sexual identity, class status, ability, age, nationality, veteran, and generational status are important parts of what you bring to the USF community. Therefore, this resource manual is a roadmap for you to figure out how to shine more brightly while at USF. Inside you will find information on opportunities to get involved, places to see and explore in the City, and we hope that you will come to recognize how you are already becoming a part of our diverse and beautiful community. We hope that you find ways to call USF and the city of San Francisco your home.

Peace and love,

Dawn Lee Tu, PhD
Director, The Cultural Centers (The Intercultural Center and The Gender & Sexuality Center)
Division of Student Life

Suzette DeGrange
Senior Associate Director, Multicultural Recruitment and Retention
Office of Admission
You made it to college! Now what? If you don’t have a plan, it’s time to get yourself organized and ready to go. The Diversity Resources Manual is organized around one central question: what does it take to help historically marginalized and underserved students to succeed at USF? The sections are organized around what we at The Cultural Centers and Multicultural Recruitment and Retention believe are key components to persisting, thriving and finishing.

**KNOW THYSELF**

It is important to know the community you are becoming a part of so that you are fully aware of the rich backgrounds, histories, and resources you and all the other members of the community bring together. Diversity is a central characteristic of USF but it is important to know that it is not just about numbers. Yes, USF is one of the most diverse college campuses in the U.S. and our Jesuit tradition makes us stand out the most. At The Cultural Centers, one of our main goals is to provide a space for you to deeply reflect on your identity and social group memberships. You will have other opportunities during your time here to learn more about yourself and the histories and experiences of those around you. Taking advantage of those opportunities will enable you to know not only where you come from but how you are going to do great things in your lifetime.

**ACADEMICS**

College classes are a whole new level of studying and thinking. You will need to know what resources are available to you as you figure out how to “kick it up a notch”. For some, asking for help might mean getting tutoring, getting writing help, or finding a study group. For others it might mean getting academic advising to help you stay on track with your major and minor. We are not saying you are not able to handle things but do not let pride or fear get in the way of your college success. Make sure you know your resources and get the help you need, when you need it. Also, do not miss out on the opportunity to take some interesting and challenging classes that may not have anything to do with your major.

**FUNDING YOUR EXPERIENCE**

Figuring out how to pay the school bills can be another stressful part of college life. Make a financial plan early on so that you do not find yourself deep in debt by the time you graduate. Once you receive your financial aid package, it is important to understand all of it because you will be committing yourself to financial obligations that could include taking loans, finding a work-study job, or accepting a merit-based scholarship. Take the time to talk openly and honestly with your family to make sure you and they understand it all.
CAMPUS RESOURCES
No one makes it through college on their own. The key is finding a balance between academics, work and fun. Find your community by exploring the student organizations on campus. Learn about the opportunities to work on your leadership skills. Find support as you begin to learn about your identity. You bring a wealth of knowledge and experience as well! Tap into communities where you will be able to learn, share with others what you know, and give back while having a great time.

COMMUNITY RESOURCES AND OPPORTUNITIES
And what you can not find on campus, you will probably be able to find out in the greater San Francisco/Bay Area community. USF is, after all, located in one of the best cities in the world! Go forth and explore the sights, sounds, and cultures that exist in San Francisco neighborhoods. If you are homesick and want some home cooking or if you want to find a great place to get your hair braided, you’ll be able to find it in the City or in nearby communities.

WHEN THINGS GO WRONG
At some point, your experience at USF will be challenging. Take a moment to learn about the resources and recognize the signs of crisis and when you are in a bad place. Know that you are not alone in your struggle and that there are people who care about you both on and off campus.

TRANSITION AFTER GRADUATION
Before you know it, your college years have passed and it is time to do the epic walk across the stage before your proud family and friends. It may be premature but take the time now to think about what your plan might be for work and how you are going to support yourself after graduation.

Now that you’ve got a sense of some of the things you need to think about, turn the page and explore the DRM!

THE CULTURAL CENTERS AND MULTICULTURAL RECRUITMENT MISSION STATEMENTS

MULTICULTURAL RECRUITMENT
Multicultural Recruitment is committed to helping students and families from historically underrepresented populations learn about higher education opportunities at the University of San Francisco. The office includes 2 full-time staff and 4 USF undergraduates, who serve as MRR interns. MRR is located within the Office of Admission on Lone Mountain, and works primarily with high school students during their transition from secondary to postsecondary education. MRR staff visit high schools, churches, and agencies, including many that are located in under-resourced communities, throughout California and the U.S., to share information about USF. Staff reviews applications for undergraduate admission and assist with the
enrollment process for newly admitted students and families. The office also contributes to the retention and leadership development of USF students by involving them in the outreach and multicultural student recruitment process. Several activities involving over 75 USF volunteers are coordinated throughout the year, including admission call-out sessions, writing campaigns, and From Dusk ’til Don, an overnight orientation program for newly admitted African American, Latina/o, Hispanic, and Native American freshmen. University students interested in issues involving equity, access and higher education are invited to apply annually to work as paid interns.

THE CULTURAL CENTERS

The mission of the Cultural Centers, comprised of The Intercultural Center and The Gender & Sexuality Center, is to support the University’s core value of preparing members of the USF community to be men and women for and with others; and to support the University’s commitment to providing individuals with the critical reflection skills necessary to succeed in life. By providing opportunities for the USF community to continually gain greater understanding of self, we empower individuals to develop as whole persons and by extension, to honor the wholeness in others.

THE INTERCULTURAL CENTER (IC)

The IC collaborates with USF students, staff, and faculty to provide programs and resources that are focused on deeply exploring individual identities and social group memberships and develop critical thinking and multicultural leadership skills that enable social justice advocacy and promote social justice.

THE GENDER & SEXUALITY CENTER (GSC)

The GSC collaborates with USF students, staff, and faculty to provide programs and resources that are focused on deeply exploring gender identity, gender expression, and sexual orientation and develop critical thinking and multicultural leadership skills that enable social justice advocacy and promote social justice.

At the Cultural Centers you will find:

**Resources**
- A place to study, meet and talk about diversity issues, and a safe space to explore your identity
- Resource library with books, articles, and other media about diversity issues
- Interns that will help you/your student organization develop an event to explore a diversity issue
- A place for you to get support if you are a victim of sexual assault
- Information on student organizations on campus where you can explore your identity and other related interests

**Programs**
- LGBTQ Allies Workshops
- Dialogue for Change
- End of the Year Ceremonies
- Sexual Assault Awareness Month
- Diversity workshops and other programs with speakers, performers, authors from the community
USF DIVERSITY DEMOGRAPHICS

FALL 2012

UNDERGRADUATE STUDENTS

<table>
<thead>
<tr>
<th>Program</th>
<th>Number</th>
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<tbody>
<tr>
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<tr>
<td>Management</td>
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<td>Special Students</td>
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GRADUATE STUDENTS

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<tr>
<td>Law</td>
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</tr>
<tr>
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GRAND TOTAL                          10,017

UNDERGRADUATE STUDENT DIVERSITY

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</thead>
<tbody>
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<tr>
<td>Asian-American</td>
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<tr>
<td>Caucasian</td>
<td>34%</td>
</tr>
<tr>
<td>International</td>
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</tr>
<tr>
<td>Latino/Hispanic</td>
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</tr>
<tr>
<td>Native American</td>
<td>2%</td>
</tr>
<tr>
<td>Native Hawaiian/Pacific Islander</td>
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</tr>
<tr>
<td>Unspecified (or Chose Not to Disclose)</td>
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</tbody>
</table>

FRESHMAN DIVERSITY

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</thead>
<tbody>
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<tr>
<td>Asian-American</td>
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<tr>
<td>International</td>
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<tr>
<td>Latino/Hispanic</td>
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<tr>
<td>Native American</td>
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</tr>
<tr>
<td>Native Hawaiian/Pacific Islander</td>
<td>2%</td>
</tr>
<tr>
<td>Unspecified (or Chose Not to Disclose)</td>
<td>6%</td>
</tr>
</tbody>
</table>

For information on faculty and staff statistics go to: http://www.usfca.edu/diversity/USF/
Source: https://www.usfca.edu/about/usfstatistics/
INSTITUTIONAL COMMITMENT TO DIVERSITY

CAMPUS CLIMATE AND INCLUSION STATEMENT
Campus climate is defined as the behaviors within a workplace or learning environment, ranging from subtle to cumulative to dramatic, that can influence whether an individual feels personally safe, listened to, valued, and treated fairly and with respect (Campus Climate Network Group, 2002).

USF INCLUSION STATEMENT
The University of San Francisco strives to promote safe, affirming, and inclusive communities for all students, faculty, and staff to learn and work together in alignment with the University’s mission.

These communities are enriched by the presence of people of different abilities, ages, colors, creeds, cultures, races, ethnicities, family models, gender identities, gender expressions, health statuses, nationalities, political views, religious, spiritual, and philosophical beliefs, sexual orientations, socioeconomic statuses, educational backgrounds and veteran statuses.

We welcome, expect, and encourage the continued pursuit of knowledge, skills, and abilities necessary to build a more inclusive community which celebrates diversity and works toward justice.

THE OFFICE OF DIVERSITY ENGAGEMENT AND COMMUNITY OUTREACH
The Office of Diversity Engagement and Community Outreach seeks to promote an organizational culture that values diversity in all its forms through inclusive dialogues, experiences, and appreciation and value of others to leverage people as a source of collective learning, campus unity, and institutional strength.

Strategic Goals:
- Enrich the campus climate for diversity and inclusion.
- Support diversity of faculty, staff and administrative and executive leadership across campus.
- Strengthen recruitment, retention, achievement and graduation of diverse students.
- Create diversity education and professional development for university employees related to diversity.
- Strengthen and promote curricular and co-curricular (cross-cultural) programs related to diversity.
- Enrich the urban community and university community engagement through outreach, service and partnerships with diverse communities.
- Enhance the diversity of the vendor supply chain.
The Office of Diversity Engagement and Community Outreach is located at:

Lone Mountain, Rm. 104  
2130 Fulton St.  
San Francisco, CA 94117  
diversity@usfca.edu

For further information please contact:

Dr. Mary J. Wardell-Ghirarduzzi  
Vice Provost for Diversity Engagement and Community Outreach  
Phone: (415)422-2821  
Email: mjwardell@usfca.edu

USF CORE VALUES

The University’s core values include a belief in and a commitment to advancing:

- the Jesuit Catholic tradition that views faith and reason as complementary resources in the search for truth and authentic human development, and that welcomes persons of all faiths or no religious beliefs as fully contributing partners to the University;

- the freedom and the responsibility to pursue truth and follow evidence to its conclusion;

- learning as a humanizing, social activity rather than a competitive exercise;

- a common good that transcends the interests of particular individuals or groups;

- and reasoned discourse rather than coercion as the norm for decision making;

- diversity of perspectives, experiences and traditions as essential components of a quality education in our global context;

- excellence as the standard for teaching, scholarship, creative expression and service to the University community;

- social responsibility in fulfilling the University’s mission to create, communicate and apply knowledge to a world shared by all people and held in trust for future generations;

- the moral dimension of every significant human choice: taking seriously how and who we choose to be in the world;

- the full, integral development of each person and all persons, with the belief that no individual or group may rightfully prosper at the expense of others;

- a culture of service that respects and promotes the dignity of every person.

Source: USF Website  
http://www.usfca.edu/Provost/Institutional_Assessments/USF_Institutional_Mission___Vision___Core_Values/
As the first university established in San Francisco, USF takes pride in its commitment to the San Francisco Community, as well as the greater Jesuit community. Today, USF still maintains its alignment with the following Jesuit values:

**STRIVING FOR THE MAGIS**
Seeking the Magis (the more, the greater) is more than just striving for excellence since it also asks individuals to strive for “further still.” It challenges students to study for more than grades and the University to hold itself to standards more substantive than college rankings.

**PROMOTING CRITICAL INQUIRY**
Education within a Jesuit perspective must include questioning and exploring. That reflection process must always include an analysis of the ethical dimensions of what is done and learned.

**PURSUING DIVERSITY**
Central to Jesuit education is the intention expressed by St. Ignatius to create schools and ministries that reflect the needs and aspirations of the time and place. Throughout history, Jesuit schools have welcomed students of all religious traditions and those with no denominational affiliation as full partners in educational enterprise.

**INSTILLING LEADERSHIP IN SERVICE**
Also central to a Jesuit education is the importance given to exposing students to the voices of the underserved, the disadvantaged and the poor as well as making it possible for students to serve others and learn from those service experiences.

**PROMOTING JUSTICE**
This encompassing principle of Jesuit education affirms that in educating for justice, we challenge students to use their talents and skills in order to create a better world for generations to come.
USF ACADEMIC AND COMMUNITY INTEGRITY PLEDGE

As a student at the University of San Francisco, I pledge to:

- Pursue the highest standards of excellence, honesty and integrity in my academic work
- Use university resources to achieve my best academic work
- Approach my friends when I am concerned about them
- Refer to someone who can help when things seem beyond my limits
- Appreciate that we are a diverse community and treat all with respect and dignity

FOG CUTTER INTRODUCTION

As a Jesuit institution, USF is committed to being a community that facilitates the holistic development of its members.

In keeping with this commitment, this Statement of Responsibilities, the Student Conduct Code and related policies and procedures have been created to guarantee each student's freedom to learn and to protect the fundamental rights of others. The University has established standards, policies and procedures that are necessary to achieve its objectives as a Catholic, Jesuit University. These standards, policies and procedures are inclusive of the laws of the nation, the state of California, and the local community.

This commitment encourages the freedom for individual choice and expression with the expectation that individual members of the community will be honest, demonstrate respect for self, others, the law, and University policies and procedures.

All members of the USF community, whether they live on or off-campus, are expected to conduct themselves in a manner that is consistent with the goals, policies and procedures of the institution. All students are subject to the University Disciplinary process for behavior occurring on or off campus that is fundamentally incompatible with the University, its community or its educational mission.
ACADEMIC CALENDAR

FALL 2013

Orientation Begins 8/17/13
Classes/Late Registration Begins 8/20/13
Late Registration Ends/Last Day to Add 8/26/13
Labor Day Holiday (No classes) 9/2/13
Fall Break (No Classes) 10/14/12 - 10/15/13
Last Day to Drop Courses or Withdraw 11/1/13
Spring Continuing Student Registration 11/4/13 - 11/27/13
Thanksgiving Recess 11/28/13 - 11/29/13
Last Day of Classes 12/4/13
Final Examination Period 12/6/13 - 12/12/13
Mid-Year Commencement 12/13/13

Intersession 2014 (Winter Break)
Classes Begin 1/2/14
Martin Luther King Day Holiday (No classes) 1/20/14
Classes/Exams End 1/17/14

SPRING 2014

Orientation Begins 1/16/14
Classes/Late Registration Begins 1/21/14
Late Registration Ends/Last Day to Add 1/24/14
Presidents' Day Holiday (No classes) 2/17/14
Spring Break (No Classes) 3/10/14 - 3/14/14
Last Day to Drop Courses or Withdraw 4/7/14
Fall Continuing Student Registration 4/14/14 - 6/20/14
Last Day of Classes 5/8/14
Final Examination Period 5/10/14 - 5/15/14
Commencements 5/15/14 - 5/17/14

SUMMER 2014

Session I (12 week session) 5/19-8/8 M-F
Session II (6 week session) 5/19-6/27 M-F
Session III (6 week session) 6/30-8/8 M-F
Session IV (3 week session) 5/19-6/6 M-F
Session V (3 week session) 6/10-6/27 T-F
Session VI (3 week session) 6/30-7/18 M-F
Session VII (3 week session) 7/22-8/8 T-F
Memorial Day Holiday (No classes) 5/26 M
Independence Day Holiday (No classes) 7/4 F
Services offered through USF’s ‘Academic Support Services’ various programs can help you make the most of your time in college. Academic Support staff can point students in the right direction to resolve academic-related issues as well as assist students with study skills and learning strategies. Some offices that operate in Academic Support Services include the Learning and Writing Center, the First Year Student Services, and the Center for Academic and Student Achievement (CASA).

THE LEARNING AND WRITING CENTER offers assistance to all USF students in their academic pursuits. Services are free and include tutoring, writing assistance, individual appointments, group workshops and more.

THE FIRST YEAR STUDENT SERVICES office provides support to students, families, and faculty/staff who have questions with anything related to the first year.

THE CENTER FOR ACADEMIC AND STUDENT ACHIEVEMENT (CASA) provides students with compassionate academic and personal support that promotes holistic student development. CASA is the home that connects students, faculty, and staff with resources for student success.

STUDENT DISABILITY SERVICES (SDS) offers USF students with disabilities appropriate educational support and services to foster their academic and personal success and to ensure that students have equal access to all areas of student life.

More information can be found on the Academic Support Services website: http://www.usfca.edu/acadsupport/

Staff:

Dena Davis, Ed.D.
Assistant Dean and Director of Academic Support Services
(415) 422-6876  •  davisd@usfca.edu

Charlene P. Lobo Soriano, Ed.D.
Associate Director of First Year Student Services
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Kimberly Rutledge
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Assistant Coordinator of the Learning Center
(415) 422-6713  •  kcharris@usfca.edu

Tom Merrell
Assistant Dean and Director of Student Disability Services
(415) 422-2613  •  merrellt@usfca.edu
THE GLEESON LIBRARY (GESCHKE CENTER) primarily provides support to academic programs and its students by making available the broadest possible array of learning and information resources (books, periodicals, government publications, and other library materials) for research support.

Ask a Librarian for Support (http://www.usfca.edu/library/ask/)
Whether by email or phone, in-person or live online, we’re here to help answer your questions. Choose the contact method that best suits your needs.

Text Message: Text us at 66746
Begin your question with the word: gleeson

Main Library number: (415) 422-2660
Reference Desk for your research questions: (415) 422-2039.

Call Access Services for questions about fines, holds, reserves, borrowing & renewing, and library access: (415) 422-2662.

ACADEMIC PROGRAMS

A big component of coming to college is exploring your identity and cultural background as well as expanding your understanding of the world around you. Check out these classes where some of the most interesting and compelling issues are discussed.

AFRICAN AMERICAN STUDIES (MINOR)

Department Chair: Candice Harrison, PhD
https://www.usfca.edu/catalog/artsci/aas/minor/

The African American Studies minor exposes students to the interdisciplinary study of the history, politics, arts, experiences, and intellectual traditions of African Americans. To do so we draw broadly on history, sociology, literature, philosophy, psychology, politics, theology, and the arts. The courses explore the rich cultural and intellectual traditions of the evolving Black American life. Through the core course students are grounded in the fundamentals of African American history, and in the electives the students learn that the African American experience is at the heart of not only the United States experience but also the experience of the Americas and the world. Please contact Prof. Candice Harrison at <clharrison2@usfca.edu> for more information.
ASIAN PACIFIC AMERICAN STUDIES (MINOR)

Department Chair: Evelyn Rodriguez, PhD
https://www.usfca.edu/catalog/artsci/asam/minor/

The undergraduate Minor in Asian American Pacific American Studies (APAS) is an interdisciplinary program that prepares students to work with an increasingly global and diverse society. We as a program emphasize critical thinking and writing, along with civic engagement, community outreach, and leadership and development. Our curriculum is designed to broaden perspectives on class, gender, sexual, religious, and other differences that comprise and intersect with APA communities. Students explore APA identities, art, health, communication, politics, and AAPI Americans’ legacy of struggle and ongoing contributions to American culture and democracy. For more information, please contact Prof. Evelyn Rodriguez at <erodriguez4@usfca.edu>.

CHICAN@/LATIN@ STUDIES (MINOR)

Department Chair: Karina Hodoyan, PhD
https://www.usfca.edu/catalog/artsci/cls/minor/

The Latin@-Chican@ Studies minor exposes students to major theories and models concerning the central historical, sociocultural, political, and economic issues impacting Latin@s-Chican@s in the U.S. Immigration, transnationalism and globalization are also emphasized in the minor. For more information, please contact Prof. Karina Hodoyan at <kahodoyan@usfca.edu>.

GENDER AND SEXUALITIES STUDIES (MINOR)

Department Chair: Sarah Burgess, PhD
https://www.usfca.edu/catalog/artsci/gss/minor/

Gender and Sexualities Studies offers a global, cross-cultural, and interdisciplinary approach to the study of gender and sexualities. The courses in the Gender and Sexualities minor consistently reflect USF’s commitment to social justice and the diverse communities, local and global, that shape our understanding of the world, our lives, our knowledge, our labor, and our arts. Please contact Prof. Sarah Burgess at <sburgess@usfca.edu> for more information.

NEW MAJOR STARTING IN FALL 2014!

CRITICAL DIVERSITY STUDIES

The cultural complexity of America’s populations, work environments, organizations, and politics make deep and informed understandings of the histories and ongoing transformations of the U.S.’ diverse communities essential to all citizens, scholars, and professionals committed to thriving in, addressing the challenges of, and shaping a humane and just society in the 21st century.
The new major will enroll its first majors in Spring 2014.

Description:
To major in Critical Diversity Studies, students must successfully complete 40 units: a 20-unit core of intersectional, interdisciplinary courses, and a 20-unit concentration in African American Studies, Asian American Studies, Latin@/Chican@ and Indigenous Studies, Gender and Sexualities Studies, or Comparative Diversity Studies.

The CDS curriculum will engage students in critical analyses of the social construction of race, ethnicity, class, gender, sexualities, citizenship, religion, and other social categories, to help students explore and develop multi-faceted understandings of the intersectionality and hybridities within and across these social categories as they constitute historical and contemporary U.S. culture. Students graduating from the USF CDS Major will be uniquely prepared to work in diverse contexts for example in human resources, education, social work, nonprofit and for profit management, policy research and implementation, the law, and civic administration, as well as many other careers.

MAJOR CORE
All students complete a Core of 20 units History (4), Theory (4), Research (4), Arts (4), and a Capstone Course (4).

101 History – 4 units
A Peoples’ History of the U.S. focusing specifically on the history of social justice movements around race, gender, and sexualities. Women’s movements, civil rights, LGBT rights, Chican@/Latin@ rights, workers movements, and so on.

200 Intersectional Theory/ Theories of Difference – 4 units
A course in Intersectional Theories of gender, race, ethnicity, and class including introductions to Critical Race Theory, Feminist Theory, Queer Theory, and Class analysis. Prerequisite: CDS 101

201 Research Methods – 4 units
A methods course that focuses on community engagement and specific problems of research in diverse communities. Special focus on Participatory Action Research models. Prerequisite: CDS 200.

300 Cultural Expressions of Diversity – 4 units
A core course in literary, artistic, and creative inquiry and production, focusing specifically on critical diversity in the arts and humanities. Course will be comparative and interdisciplinary. Prerequisite: CDS 101

Major Concentrations
• Comparative Diversity Studies
• African American Studies
• Asian Pacific American Studies
• Latin@/ Chican@ and Indigenous Studies
• Gender and Sexualities

NOTE: The specialized tracks in the CDS Major necessarily overlap with existing Diversity Studies Minors, but students cannot simultaneously acquire a Minor in the track they choose for the Major.

CONTACTS
David H. Kim, PhD, Chair – kim@usfca.edu
Keith Powell, Administrative Assistant – kjpowell2@usfca.edu

TRACKING YOUR TIME TO STUDY YOUR WAY TO SUCCESS

http://eop.ucsc.edu/content/time-management

Being able to manage your time is one key to being successful in college. We would suggest that you take a look at the website above and download a copy of their time management grid. They provide a step by step process on how to fill out the form and create a grid based on their study formula for success. They recommend that students study a **minimum of 2 hours per class unit** in order to get a “B or Better” in your classes.

CALCULATING THE NUMBER OF HOURS TO STUDY BASED ON THE FORMULA:

While taking **3-4 courses. i.e. 15 or 17 units total**: (Depends on University)

(17 units)*(2 hours) = 34 study hours per week
(15 units)*(2 hours) = 30 study hours per week

The following activities can be considered study time:

- Sections (if not required)
- Tutoring
- Any Supplemental Instruction
- Faculty/TA Office Hours
- Studying
College may be the first time that you will manage a complete personal budget. This can include paying for tuition, food, and other things. It is important to plan your spending to make sure you don’t run out of money. Here is a checklist via Investopedia.com to get that budget started.

- **Work Out Your Available Funds** - Before you can set up a budget, you need to know what you have to work with. Particularly, it is good to know what your funding sources will look like (i.e. college savings plans, loans and grants, scholarships, part time jobs and parents) and the timing of when these resources will be available to you.

- **Plan Out Your Spending** - Most of your college spending will be on tuition, books, room and board, and other school costs. Expenses such as groceries or utilities are not as certain and you will have to estimate what you will need to spend. Be sure to budget for extras such as outings with friends and try to be realistic with your projections.

- **Set Aside Emergency Funds** - Nothing ever goes exactly as planned, especially when it comes to finances. Keep at least a few hundred dollars in a savings account in case you have an unexpected expense so that you won’t find yourself out of money part way through the term.

- **Track All of Your Spending** - In order to budget effectively, it is important to keep track of what you spend and compare against what you thought you were going to spend. There are several ways to do this, from simply writing it down in a notebook, to using a computerized spreadsheet, to using free websites like mint.com (see below) that keep track of your budget and automatically download your bank transactions.

- **Pay Attention to Your Credit Card** - Credit cards can be a useful way to build your credit score, but credit cards can also ruin your credit score for several years if you are not responsibly with them. Keep your credit limit low, pay your balance every month on time, and if you must carry a balance, pay at least the minimum required every month and keep your balance less than 30% of your credit limit.

For more information please visit: http://www.investopedia.com/financial-edge/0911/Budget-Basics-For-College-Students.aspx#axzz1yB Miq7AD

Mint.com (Free Money Management Resource): Mint.com pulls all your financial accounts into one place, sets a budget, and tracks your goals. It also automatically organizes your spending into categories like rent, gas, clothes, lattes and shows you where your money goes in easy-to-understand charts so that you can manage your money better. It is a tool available to you for free.

CreditKarma.com (Free Credit Score Tracking Resource): Credit Karma gives you access to all of your financial information like bank accounts, credit cards, bills, mortgages, loans, and your credit scores all in one location, all under one account, all for free.
UNDERSTANDING YOUR FINANCIAL AID

All students should apply for financial aid. It is a great opportunity to receive support to get through college. Without it, many students would be unable to complete one year at a university, let alone, complete a degree. Your first point of contact and best resource for financial aid is One Stop Enrollment and Financial Services, where you can receive advice and reach your financial goals throughout school.

One way to maximize your financial aid is to apply for work study. This allows you to work a job that helps you pay for some of your education. It will have a limit, but it is a good decision to pursue work study options on campus. Work study is not guaranteed, it requires that you find an on campus job to earn the allotted money as shown in your financial aid award.

Another way to maximize your financial aid is to take advantage of payment plans offered by the University for all students which provide a convenient means for paying tuition, fees, and room and board through regularly scheduled payments. For more information on the payment plan visit: http://www.usfca.edu/online/tuition/paymentplan/

It is important to understand that financial aid can be both an advantage and challenge for students to manage and understand. Not only must students focus on the financial benefits that come with taking financial aid, but also the responsibilities and obligations that come from borrowing money. This website has some responses to frequently asked questions that may clarify the financial aid process: http://www.finaid.org/questions/faq.phtml

If you would like to see more information from USF, feel free to visit their financial aid website, call them at (415) 422-2020, or visit One Stop at Lone Mountain 251. http://www.usfca.edu/financialaid/

LOANS

Loans, like scholarships and grants, are another resource to help finance for your education; however, loans must be paid back with interest. For this reason many students avoid loans. Loans are an alternative if you have no other means to pay for your education. Loans offered by USF are separated into three categories: 1) student loans, 2) parent loans, and 3) private loans. The most important loans to consider are Federal loans offered by the U.S. Department of Education. Here is a brief overview of the difference of each Federal Loan type:

THE DETAILS OF EACH LOAN CATEGORY

Federal Perkins Loan: The Federal Perkins Loan is a deferred payment,
deferred interest loan administered by the Financial Aid Office. Interest rate of 5% per annum begins to accrue, and repayment begins, 9 months after the borrower graduates, leaves school or drops below half-time enrollment. The FAFSA is required.

**Direct Subsidized Loans:** Subsidized loans provide slightly better terms to help out students with financial need. Direct Subsidized Loans are available to undergraduate students with financial need. Your school determines the amount you can borrow, and the amount may not exceed your financial need. The U.S. Department of Education pays the interest on a Direct Subsidized Loan while you are in school at least half-time, for the first six months after you leave school (referred to as a grace period*), and during a period of deferment (a postponement of loan payments).

**Direct Unsubsidized Loans:** Direct Unsubsidized Loans are available to undergraduate and graduate students; there is no requirement to demonstrate financial need. Your school determines the amount you can borrow based on your cost of attendance and other financial aid you receive. You are responsible for paying the interest on a Direct Unsubsidized Loan during all periods. If you choose not to pay the interest while you are in school and during grace periods and deferment or forbearance periods, your interest will accrue (accumulate) and be capitalized; that is, your interest will be added to the principal amount of your loan.

Here are some links to websites which offer loan information, weekly updates, and tips on financing your college education:

- http://www.usfca.edu/onestop/Financial_Aid/Loans/Loans/
- http://www.studentlendinganalytics.typepad.com
- http://www.salliemae.com/plan

**ON-CAMPUS JOB OPPORTUNITIES**

For many students, a big part of being in college is taking on a job to have supplemental income to help pay for school expenses. There are plenty of resources offered by USF that make getting jobs very accessible. The One Stop office, in particular, offers an on-campus job board, which shows students part-time work on-campus through Work Study Awards. An offer of Federal Work-Study or Campus Job Opportunity, however, is not a guarantee of employment. Students must apply, compete, and be hired for a position. Federal Work-Study and Campus Job Opportunity positions are available throughout campus in a variety of administrative offices, libraries, sporting and health facilities, academic departments, and food service operations.

**WHAT IS A CAMPUS JOB OPPORTUNITY?**

Campus Job Opportunity is a student financial aid program designed to assist students in meeting their educational expenses by providing employment opportunities for on-campus jobs. Because Campus Job Opportunity is awarded to
students with demonstrated need, students receive hiring priority for available non-work-study positions. An additional benefit of Campus Job Opportunity eligibility is that the salaries earned may be an income exclusion on the Free Application for Federal Student Aid (FAFSA). This exclusion applies to the aid application for the following year.

WHAT IS A WORK-STUDY AWARD?
A FWS award is a federally funded Student Financial Aid Program that enables you to earn money while pursuing your education. The FWS program was designed to provide you an opportunity to gain work experience while helping you offset your cost of education. Currently, the FWS program pays 70% of your salary and the on campus employer pays the remaining 30% up to the amount that you have been awarded.

In order to participate in the FWS program, you must apply for financial aid through the Financial Aid Office and demonstrate financial need (FAFSA). Remember that you cannot receive FWS without applying for financial aid. If you have been awarded a FWS award, you can use your award to work on campus or with an approved public agency or private non-profit organization.

Regular Student Employment: Any USF student enrolled full-time in a degree seeking program can work on campus to earn funds to meet educational expenses.

WHAT TYPES OF JOBS ARE AVAILABLE?
All students enrolled full-time in a degree granting program can seek employment on campus. On campus jobs are available through the various University administrative offices. Visit the One Stop website to find further information about on-campus employment.

http://www.usfca.edu/onestop/Student_Employment/Students/
http://www.usfca.edu/onestop/Student_Employment/FAQ_for_Student/

SCHOLARSHIPS AND GRANTS

There are many internal and external scholarships for USF students to obtain. This is a first step toward reducing your total tuition. Scholarships and grants are a money value that gets covered in your tuition. Scholarships and grants of note on the USF website (http://www.usfca.edu/onestop/Financial_Aid/Grants_and_Scholarships/University_Grants_and_Scholarship/) are the University Scholars, the USF Academic Merit Award, USF Tuition Grants and Named Scholarships, Athletics, and ROTC. The University Scholars Program is offered to eligible first time freshman at the time of admission, and the Merit Awards are offered to eligible first time freshmen at the
time of admission. There are many other options out there, which One Stop will be especially helpful in identifying for you.

**Tips from other USF students on obtaining scholarships and grants include:**

- completing the FAFSA before it is due and in an accurate manner
- working to keep your GPA high
- looking for local financial aid organizations
- visiting fastweb.com
- asking others about financial aid opportunities

**INTERNSHIPS**

Career Services also helps students find internships. Internships are very valuable to support the academic experience with relevant work experience. Just like with on-campus employment, students can use DonsCareers to seek out internship opportunities in the Bay Area. Additionally, the Internship Exchange can be found on the USF Career Services web page, which is a network of other colleges across the country who post their internships. USF offers a list of internship posting web sites, which would be beneficial to explore:

http://www.usfca.edu/CSC/Students/Find_an_Internship/

Other students at USF said that other agencies within the city helped with internship placement. Career services, professors, and department directors are popular sources to direct students toward interest areas.

**GETTING A JOB**

☐ **Set Goals and Be Specific:**

Perhaps you are looking for professional experience, to learn new skills, and/or to make money. This will help you narrow down what kind of job you are looking for.

☐ **Prepare Marketing Materials:**

A job application will often require a cover letter, resume, and references. Be sure to use each of these to your greatest advantage by maximizing your strengths and resources. There are a lot of techniques to improve each of these parts of your application. Using Career Services Resume and Cover Letters page is a great resource:

http://www.usfca.edu/CSC/Students/Job_and_Internship_Resource_Guide/Resume_and_Cover_Letters/
**Practice:**

When interviewing, it is important to be professional and courteous. Ensure that you articulate why you are an excellent fit for the position. It helps to be very well prepared. By answering practice questions and conducting mock interviews you will put yourself in a position to do well in the actual interview. Remember, the interview is also an opportunity for you to see if the job is a good fit for you. Don’t forget to send a thank you note after your interview!

**Utilize Resources:**

It is smart to utilize the school’s resources when looking for a job. Be sure to reach out to USF Career Services to supplement your search. They can assist with designing your goals, working on application materials, and assist with interview techniques.

http://www.usfca.edu/career/
Joining student clubs and organizations is a great opportunity to develop and foster a variety of skills, some of which involve serving others, networking, discovering yourself, making new friends, and creating change. These are skills that will be invaluable for when you graduate and search for employment. **Student Leadership and Engagement (SLE)** will be a primary place of contact regarding student clubs and organizations and they have developed **USF’s Club Connect via Orgsync** to assist you with your search: http://sle.orgsync.com/

If you are interested in starting your own club, SLE has a **Peer Advising Team (PAT)** to help you through that process. PAT can also help with: (1) advice about issues that might come up in your club or organization; (2) leadership training that enhances your officer or member role; (3) troubleshooting conflict among the executive board, (4) ASUSF Funding opportunities; and (5) club registration questions such as finding an effective advisor; officer transition, updating the constitution, and community action proposals. http://www.usfca.edu/sle/peer_advising/

While at USF we suggest you check out the following clubs and organizations:

- African Student Association
- American Sign Language Club
- Asian Pacific-Islander American Students Coalition
- Baile Folklórico de San Pancho (Folklórico Dance Group of San Francisco)
- Black Student Union
- Brother Connection
- Chinese Students and Scholars Association
- Culturally Focused Club Council
- Delta Sigma Theta Sorority Inc., Tau Tau Chapter
- Esther Madriz Activist Scholars
- Hawaiian Ensemble at USF
- Hui‘ō Hawaii
- Indian Student Organization
- Indonesian Students Association (PANAH)
- International Student Association
- Japanese Culture Club
- Kasamahan at USF
- Korean Students Association
- Lambda Theta Nu Sorority, Inc.
- Lambda Theta Phi Latin Fraternity, Inc.
- Latin American Student Organization
- Latinas Unidas
In addition to student organizations, USF offers other resources on campus that can be instrumental in transitioning to college life. Students are encouraged to stay active on campus and continuously build their network to strengthen their academic, leadership, and social skills. The following on-campus resources are available to all students:

**ASUSF SENATE**
University Center, 4th Floor • (415) 422-2118 • http://www.usfca.edu/asusf/

**CAREER SERVICES CENTER (CSC)**
University Center, 5th Floor • (415) 422-6216 • careerservices@usfca.edu
http://www.usfca.edu/csc/

**CENTER FOR ACADEMIC AND STUDENT ACHIEVEMENT (CASA)**
University Center, 3rd Floor • (415) 422-5050 • http://www.usfca.edu/casa

**CENTER FOR GLOBAL EDUCATION (INCLUDES STUDY ABROAD)**
University Center, 5th Floor • (415) 422-6848 • studyabroad@usfca.edu
http://www.usfca.edu/globaleducation/

**COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)**
Gillson Residence Hall – Lower Level • (415) 422-6352 • Counseling@usfca.edu
www.usfca.edu/caps

**DIVERSITY ENGAGEMENT AND COMMUNITY OUTREACH**
Lone Mountain, Room 104 • (415) 422-2821 • diversity@usfca.edu
http://www.usfca.edu/diversity/

**HEALTH PROMOTION SERVICES (HPS)**
University Center, 5th Floor • (415) 422-5797 • hps@usfca.edu • http://www.usfca.edu/hps

**INTERNATIONAL STUDENT AND SCHOLAR SERVICES**
University Center, 5th Floor • (415) 422-2654 • isss@usfca.edu • http://www.usfca.edu/isss/

**KORET HEALTH AND RECREATION CENTER**
LEARNING & WRITING CENTER
Contacts: Kim Harris and Kim Rutledge
Cowell 215 • (415) 422-6713 • lwc@usfca.edu
http://www.usfca.edu/Academic_Support/Learning_and_Writing_Center

THE LEO T. MCCARTHY CENTER FOR PUBLIC SERVICE AND THE COMMON GOOD
281 Masonic – Corner of Turk and Masonic • (415) 422-5662 • mccarthycenter@usfca.edu
http://www.usfca.edu/osl/

LGBTQ STAFF AND FACULTY CAUCUS
Andrea Wise and Ammon Corl, Co-Presidents, awise@usfca.edu and abcorl@usfca.edu

MULTICULTURAL RECRUITMENT
Contacts: Suzette DeGrange & Norma Peniche
Lone Mountain, 221 • (415) 422-2684 • MRR@usfca.edu
http://www.usfca.edu/undergraduate/

STUDENT DISABILITY SERVICES
Gleason Library – Lower Level, 20 • (415) 422-2613 • sds@usfca.edu
www.usfca.edu/sds

STUDENT HOUSING AND RESIDENTIAL EDUCATION (SHARE)
University Center, 5th Floor • (415) 422-6824 • orl@usfca.edu
http://www.usfca.edu/residence_life/

STUDENT LEADERSHIP & ENGAGEMENT (SLE)
University Center, 4th Floor • (415) 422-7256 • sle@usfca.edu
http://www.usfca.edu/sle/

UNIVERSITY MINISTRY (UM)
Phelan Residence Hall - Lower Level • 415-422-4463 • um@usfca.edu
http://www.usfca.edu/universityministry/
SUPPORTING THE LGBTQ COMMUNITY ON CAMPUS

AM I LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER, INTERSEX OR QUESTIONING?

To question and become aware of your sexual identity is no easy task. There are times that this process will be exciting, frightening, and many times both. One thing to remember is that many people went through and/or are still going through this same process. Know that being honest about your sexual and/or gender identity is a major step to living as an authentic person.

COMING OUT RESOURCES

For students who are struggling with sexual identity, there is usually a lot of anxiety around the phrase “coming out”. However, there are different types and levels of coming out. You might find yourself comfortable with one level of coming out, while someone else might be at another. No two people are identical in this process. It is important to take your time, be patient not only with the people around you, but with yourself. Many people do not realize that someone realizing the LGB identity is not only a coming out to self but also about overcoming negative values and beliefs relating to same sex attraction or gender identity issues, and overcoming the fear of how other people will react to this information.

COMING OUT TO OTHER LESBIAN, GAY OR BISEXUAL PEOPLE

Often, after reflecting and discovering your personal identity, many people decide to come out to others. It is usually suggested to first come out to people that are most likely to be supportive. These people will become your network of support during the duration of your coming out process. Other LGB people can serve as an empathetic and stable support. Coming out is something that each individual has to do at their own pace. There is no need to rush this process. You are becoming a member of the LGB community does not mean you have to conform to a particular way of being.

The point of coming out is to live openly and honestly and integrating your sexual orientation/gender identity with all of the other wonderful aspects of your person.

COMING OUT TO HETEROSEXUALS

Do not disregard your heterosexual peers as a means of support. Many people that do not identify as LGB can be someone who walks with you during your journey. However, you may have a large amount of anxiety around coming out to your heterosexual peers. It will help you to understand that some of your heterosexual peers will be:

-Initially shocked or confused
-May need some time to adjust to you identifying as LGB
-Some of these people may reject you initially, but may come around in their own time
-Some of these people will surprise you with their overwhelming love and acceptance.

It is important to recognize that coming out publicly may not be right for everyone. Everyone has different needs to meet and obstacles to overcome. It is important to not judge someone on their decision to or to not come out. Some people may decide to be fully out, while others keep their personal and professional lives separate. It is important to find a place where you are fulfilled and being authentic to yourself.

Coming out can become a more positive experience when you are secure in your identity and how you want to live your life as a LGB person. Take the necessary time to think about your identity and what steps are right for you. Think about the different scenarios that could come up during your coming out journey. It is important that you are secure in your identity and less likely to be influenced by the opinions of other. Be knowledgeable about university policies that protect and support LGB students, know about university services for LGB students, and speak with a counselor at CAPS about the coming out process.

SUPPORTING THE TRANSGENDER COMMUNITY

For transgender individuals, gender identity issues can be equally as complicated as a lesbian or gay man’s experience with coming out because of a broader lack of understanding about transexuality. While confronting issues about sexuality may be a part of the process of exploring gender identity for transexual individuals, sexual behaviors and sexuality does not necessarily relate to a person’s gender identity. Transgender people have varied sexualities including being heterosexual, bisexual, lesbian, and gay. Gender identity relates to a person’s sense of identity as a male or female, not their sexual practice.

STUDENT HOUSING AND RESIDENTIAL EDUCATION (SHARE)
University Center, 5th Floor

The University of San Francisco and SHaRE are committed to providing living and learning environments that are inclusive of our exceptionally diverse student population. If you have needs that may be unique or are not otherwise addressed by any of the living options described in the housing publication, please contact Lesli Pocock, Assistant Director for SHaRE Operations, at 415-422-6824 or pocock@usfca.edu, for confidential assistance in creating a positive and supportive residential experience.
ALLIES WORKSHOPS
(Offered every semester for students, staff, and faculty)
For more info:
Gender and Sexuality Center
University Center, UC412 • (415) 422-4431 • gsc@usfca.edu

The Gender and Sexuality Center offers LGBTQ Allies Workshops where participants have a supportive space to learn more about the issues faced by the lesbian, gay, bisexual, transgender, queer, questioning, intersex and their allies (LGBTQQIA) community. Participants develop skills to confront homophobia and learn about the LGBTQQIA resources at USF and in the community.

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)
Gillson Hall, Lower Level • (415) 422-6352

Counseling and Psychological Services (CAPS) seeks to assist students in developing greater self-understanding and help resolve problems that interfere with their optimal personal functioning. It is normal to experience adjustment problems, especially during periods of transition. Consultation Services are available to students, faculty, family members, roommates, friends and staff when they have concerns about the psychological well-being of a fellow student, family member, friend, or colleague.

LGBTQ STAFF AND FACULTY CAUCUS
Andrea Wise and Ammon Corl, Co-Presidents, awise@usfca.edu and abcorl@usfca.edu

The LGBTQ Caucus is composed of lesbian, gay, bisexual, transgendered, queer, and allied and straight USF faculty and staff. The mission of the organization is to promote LGBTQ scholarship, community, and social justice. The Caucus’ activities are grounded in the Jesuit and world religions traditions of respect for the dignity of every person and the use of reasoned discourse toward the pursuit of truth.
San Francisco International LGBT Film Festival: www.frameline.org
South Bay Queer and Asian http://www.sbqa.com/
Transgendered Events/Mixers/News/Resources: www.tgsf.org
TransThrive http://www.transthrive.org/
Trikone http://www.trikone.org/

If you are in crisis or thinking about suicide you deserve immediate support. Please call The Trevor Lifeline: 1-866-488-7386 or use Trevor Chat at www.thetrevorproject.org

Free and Anonymous HIV Testing: www.sfaf.org

Search for LGBTQ Friendly Doctors: http://www.glma.org/index.cfm?nodeid=1

USF Student Health Services: http://www.usfca.edu/hps/Student_Health_Clinic/
Directions: http://www.youtube.com/watch?v=uzHjwIN1Fa8
QUEER ALLIANCE
usfqueeralliance@gmail.com

Queer Alliance is a student organization where members discuss issues that face the community and plan on-campus events (e.g., socials, panel discussions, awareness programs, outreach events).

COMING OUT STORIES RESOURCES

Coming Out: Realizing Bisexuality in a Straight World:
http://www.lunamorena.net/pride/?page=main

BAY AREA LGBTQ RESOURCES

Aguilas http://sfaguilas.org/
Asian and Pacific Islander Family Pride http://www.apifamilypride.org/
Asian Pacific Islander Queer Women & Transgender Community:
http://www.apiqwtc.org/
Bay Area American Indian Two Spirits http://www.baaits.org/
Bay Area Bisexual Network http://bapd.org/gbaerk-1.html
Black Coalition on AIDS http://www.bcoa.org
Brown Boi Project http://www.brownboiproject.org/
Gay Asian Pacific Alliance http://www.gapa.org/
GLBT Historical Society: www.glbthistory.org
History About The Castro: www.webcastro.com
LGBT Bookstore Online: www.adlbook.com
LGBTQ Talk Radio Online: http://tunein.com/radio/Gay-g240/
List of LGBTQ Resources in San Francisco: www.bettyslist.com
List of Queer Events in San Francisco: www.sfqueer.com
The Queer Cultural Center Supporting Queer Artists:
www.queerculturalcenter.org
Resources on Queer Comedy in the Bay Area: http://www.qcomedy.com/
San Francisco LGBTQ Community Center: www.sfcenter.org
San Francisco Gay Men’s Chorus: www.sfgmc.org

Many students at USF believe that San Francisco overall is a LGBTQ friendly community; recommending the Castro District and USF’s Gender and Sexuality Center as their favorite LGBTQ friendly hangout spots. Students also like to attend the annual San Francisco Pride Parade as well as going to on campus events such as the Queer Alliance’s Gender Bender Ball.
There are an estimated 65,000 undocumented students — children born abroad who are not U.S. citizens or legal residents — who graduate from U.S. high schools each year. These children are guaranteed an education in U.S. public schools through grade 12, but may face legal and financial barriers to higher education. Undocumented students may incorrectly assume that they cannot legally attend college in the United States. However, there is no federal or state law that prohibits the admission of undocumented immigrants to U.S. colleges, public or private. Federal or state laws do not require students to prove citizenship in order to enter U.S. institutions of higher education. Yet institutional policies on admitting undocumented students vary. (“Advising Undocumented Students,” College Board).

Some undocumented parents live with the fear of deportation and they strongly caution their children to keep their immigration status private. Therefore, undocumented students heed their parents’ warning and are sometimes reluctant to talk to teachers and counselors about the constraints of being undocumented. If undocumented parents are fearful about disclosure, it may be helpful to know that there is a law that protects the privacy of Kindergarten-12th grade students, parents and college students. That law is called FERPA, the Family Educational Rights and Privacy Act. (20 U.S.C. § 1232g; 34 CFR Part 99).

WHO ARE AB 540 STUDENTS? (HTTP://AB540.COM)

To qualify as an AB540 student, undocumented students must:

- **Have attended a California high school** for 3 or more full academic years (between grades 9 through 12. They do not need to be consecutive years);

- **Have or will graduate from a California high school** or have **attained a G.E.D.**; or received a passing mark on the **California High School Proficiency Exam** (CHSPE);

- **Register or be currently enrolled** at an accredited institution of public higher education in California;

- **File or plan to file an affidavit** as required by individual institutions, stating that he/she will apply for legal residency as soon as possible;

- **Not hold a valid non-immigrant visa** (F, J, H, L,A, E, etc.)
ON CAMPUS RESOURCES FOR UNDOCUMENTED STUDENTS

For Enrollment Questions Contact One Stop:
Norman Caito | (415) 422-2624 | caiton@usfca.edu

Repository of Resources for Undocumented Students (USF/College Board):
http://www.usfca.edu/diversity/student/

OTHER SOURCES FOR INFORMATION ABOUT SCHOLARSHIPS AND FINANCIAL AID

How to Support College Bound Undocumented Students: Advice for Parents

Information for college bound undocumented students
https://bigfuture.collegeboard.org/get-started/for-undocumented-students

Certain scholarships don’t require US citizenship and are available for undocumented students: http://www.latincollegedollars.org/

http://www.collegegreenlight.com/blog/
http://maldef.org/leadership/scholarships/index.html
http://www.finaid.org/otheraid/undocumented.phtml

Everything AB 540: http://ab540.com

Note: AB 540 students can apply for any scholarship that does not require U.S. citizenship and/or state residency. Even if the application asks for this, it is wise to inquire as to whether an Individual Tax Identification Number (ITIN) will be sufficient.
The National Center for Education Statistics defines first-generation students as “undergraduates whose parents never enrolled in postsecondary education.”

OBSTACLES AND CHALLENGES
First-generation students tend to come from working class families from various cultural and ethnic backgrounds. First-generation students may start at a community college, attend college part-time, live off-campus or with family or relatives, delay entering college after high-school graduation, or work full-time while they are enrolled. While certainly immersed in an exciting experience, some first-generation college students receive less support from their families while attending college. Their families may not understand the demands of college work. Students may also feel added responsibility from families to be ‘the one who succeeds’ in college.

Because of these numerous obstacles, and because they may have to manage the demands of family, and different cultures of home and college, first generation students may find it difficult to feel integrated socially and academically. Fortunately, there are things these students can do to gain confidence and feel more comfortable.

Without guidance from a parent who experience college, first-generation students are at a disadvantage because parents who never enrolled in college are less likely to be academically prepared for college and, even those who are prepared, are less likely to enroll in postsecondary education according to the NCES.

First-generation students who enroll in postsecondary institutions have lower degree completion rates. While 56 percent of students whose parents have a bachelor’s degree attain a degree within five years of enrolling, only 44 percent of first-generation college students earn a degree.

Source: The National Center for Education Statistics

RESOURCES
On Campus:
The MUSCAT SCHOLARS PROGRAM (MSP) is a transition program for incoming first-generation first year students who would benefit from an intensive, two-week structured program that provides both an academic and social preparation for the rigors of the First Year and beyond at the University of San Francisco. The program provides participants with two units towards graduation as well as an orientation to the University and the City of San Francisco.

- Enrollment and Financial Services (415) 422-2020
  http://www.usfca.edu/newsletter/aes/contact/

- Center for Academic and Student Achievement
  http://www.usfca.edu/casa/who_weServe/
Online:

- The University of San Francisco’s First Year Resources Page for First Generation College Students: http://www.usfca.edu/casa/fyss/firstgen/
- This website is dedicated to First Generation Students: http://www.firstgenerationstudent.com/

- Offers advice from other first generation students, includes tips, checklists and more: http://www.firstinthefamily.org/

- Online community offering support and encouragement to first generation students: http://www.imfirst.org/

- Advice and tips for First Generation students about college apps and financing college: http://mytonomy.com/

- Helping Latinos Prepare for College (Available in English and Spanish): http://www.newfuturo.com/

- For Parents: Helping your child become a first-generation college student: http://www.act.org/path/parent/college/firstgeneration.html

TIPS

- **Get involved** with campus activities to form a support network of friends and professors. A network makes the college experience more manageable.

- Consider **taking a lighter load** your first semester to acclimate yourself to the transition from high school to college.

- **Maintain a balance** of academics, work, family and a social life. This is done with planning ahead.

- **Communicate** with your family, counselors and support groups with what you are experiencing.

STUDENT SUCCESS WORKSHOPS

The University of San Francisco offers Student Success Workshops every semester to assist students in areas of Academia, Career Planning and Life skills, and Mind, Body and Spirit. More information can be found at the Student Success workshop website: http://www.usfca.edu/studentlife/workshops/
ALAMO SQUARE / NOPA: 1 MILE FROM USF

Having survived San Francisco’s 1906 earthquake and ensuing fires, Western Addition/NOPA’s Victorian homes are some of the oldest in the city. Its historic ties extend beyond its architecture—this conveniently located neighborhood was once the epicenter of the city’s jazz scene.

PLACES OF WORSHIP
1. ♥ Third Baptist Church - 1399 McAllister St, SF 94115 • (415) 346-4426 • American Baptist • thirdbaptist.org

PLACES TO BEAUTIFY / GROOM
2. Chicago Barber - 1000 Divisadero St, SF 94115 • (415) 921-1303

RESTAURANTS/CAFES/BOOKSTORES
3. Matching Half Cafe - $ 1799 McAllister St, SF 94117 • (415) 674-8699
4. Oasis Cafe - $ 901 Divisadero St, SF 94115 • (415) 474-4900
5. Eddie’s Cafe - $ 800 Divisadero Street, SF 94117 • (415) 563-9780
6. Herbivore - $$ 531 Divisadero St, SF 94117 • (415) 885-7133

FAVORITE PLACES AND LANDMARKS
7. Alamo Square - Steiner St & Hayes St, SF 94115

♥ denotes LGBTQ-friendly organizations
CASTRO: 2.1 MILES FROM USF

Located at the upper end of Market Street, “the Castro” is home to the city’s gay and lesbian community as well as many young single people. A variety of restored Victorian and modern housing dwellings fill the neighborhood and surround the busy Castro Street shopping and night life district. The atmosphere is vibrant, youthful and fun.

PLACES OF WORSHIP

1. ♥ Metropolitan Community Church (MCC) of San Francisco - 150 Eureka St, SF 94114 • (415) 863-4434 • www.mccsf.org

RESTAURANTS / CAFES / BOOKSTORES

2. Philz Coffee - $ 4023 18th St, SF 94114 • (415) 875-9656
3. Ike’s Place (sandwiches) - $ 3489 16th St, SF 94114 • (415) 553-6888

HEALTH AND WELLNESS

4. Magnet (Free and anonymous HIV testing) - 4122 18th Street, SF 94114 • (415) 581-1600 • magnetsf.org
CHINATOWN: 3.8 MILES FROM USF

The largest in the world outside of China, Chinatown bustles with activity during the day. Sample some dim sum, go for a tea tasting, wander through the food markets and herb shops, or pop into one of the local dives for quirky afternoon experience.

PLACES OF WORSHIP
1. ♥ Old St. Mary’s Cathedral - 660 California St, SF 94108 • (415) 288-3800 • Roman Catholic • oldsaintmarys.org

RESTAURANTS / CAFES / BOOKSTORES
2. Chef Jia’s Restaurant - $ 925 Kearny Street, SF 94133 • (415) 398-1626

MUSEUMS AND COMMUNITY CENTERS
3. Chinese Historical Society of America - 965 Clay St • (415) 391-1188 x101 • chsa.org
4. Chinese Cultural Center – 750 Kearny St, 3rd floor

♥ denotes LGBTQ-friendly organizations
COW HOLLOW/MARINA: 2.4 MILES FROM USF

Cow Hollow is a generally affluent neighborhood located between Russian Hill and The Presidio, and bordering the Marina District on one side and Pacific Heights on the other.

RESTAURANTS / CAFES / BOOKSTORES
1. Umami Burger - $$ 2184 Union St, SF 94123 • (415) 440-8626

MUSEUMS AND COMMUNITY CENTERS
2. Fort Mason – 2 Marina Blvd, SF 94132

OTHER FUN THINGS TO DO
3. Palace of Fine Arts Theater - 3301 Lyon St, SF 94123 • (415) 563-6642 palaceoffinearts.org/
GOLDEN GATE PARK: 1.5 MILES FROM USF

Golden Gate Park attracts millions of people and offers a dizzying array of treasures: fascinating buildings, scenic meadows and lakes, important monuments, and major museums.

MUSEUMS AND COMMUNITY CENTERS

1. California Academy of Sciences - 55 Music Concourse Drive, SF 94118 • (415) 379-8000 • calacademy.org
2. Conservatory of Flowers - 100 John F Kennedy Drive, SF 94118 • (415) 831-2090 conservatoryofflowers.org
3. De Young Museum - 50 Hagiwara Tea Garden Drive, SF 94118 • (415) 750-3600 famsf.org

FREE THINGS TO DO

4. De Young Observation Tower - 50 Hagiwara Tea Garden Dr, SF 94118

♥ denotes LGBTQ-friendly organizations
HAIGHT-ASHBURY: 1 MILE FROM USF

Best known for its connection with the hippie movement of the 60s - the Grateful Dead and Janis Joplin both had homes here - you can still see remnants of this colorful past represented in many of the neighborhood's shops. You'll also find thrift stores, boutique shopping, world markets, tasty restaurants, and some of the best shoe shopping for those who are looking for something original.

PLACES OF WORSHIP
1. ♥ Saint Agnes Catholic Church - Jesuit - 1025 Masonic Ave, SF 94117
   (415) 487-8560 • saintagnessf.com

RESTAURANTS / CAFES / BOOKSTORES
2. Coffee to the People - $ 1206 Masonic Ave, SF 94117 • (415) 626-2435
3. Flywheel Coffee Roasters - $ 672 Stanyan St, SF 94117 • (415) 682-4023
4. Burger Urge - $ 1599 Haight St, SF 94117 • (415) 522-0122
5. Cha Cha Cha - $$ 1801 Haight St, SF 94117 • (415) 386-7670
6. Pork Store Cafe - $ 1451 Haight St, SF 94117 • (415) 864-6981
7. Blue Front Cafe - $ 1430 Haight St, SF 94117 • (415) 252-5917

PLACES TO BEAUTIFY/GROOM
8. Bladerunners - 1792 Haight St, SF 94117 • (415) 751-1723
9. The Plum Organic Beauty - 1921 Hayes St, SF 94117 • (415) 640-1214
10. Style-O-Rama Barber Shop - 1918 Hayes St, SF 94117 • (415) 666-0203

HEALTH AND WELLNESS
11. Huckleberry Youth Health Center - 555 Cole Street, SF 94117 • Multi-Service Center: (415) 386-9398 • Clinic: (415) 751-8181 • http://www.huckleberryyouth.org/

FREE THINGS TO DO
12. Off the Grid - Stanyan at Waller, SF 94117 [Haight-Ashbury]
Hayes Valley is where you go to find unique, designer clothes and shoes that sell for hundreds of dollars. Located close to the Civic Center, Opera House and Davies Symphony Hall, people often dine here on their way to a show.

**PLACES OF WORSHIP**
1. **Shambhala Meditation Center San Francisco** - 1231 Stevenson St, SF 94103 • (415) 796-2507 • sfshambhala.org

**RESTAURANTS / CAFES / BOOKSTORES**
2. **La Boulange** - $ 500 Hayes St, SF 94102 • (415) 863-3376
3. **Stacks** - $$ 501 Hayes St, SF 94117 • (415) 241-9011

**PLACES TO BEAUTIFY/GROOM**
4. **Oxenrose** - 448 Grove St, SF 94102 • (415) 252-9723

**OTHER FUN THINGS TO DO**
5. **Rickshaw Stop** - 155 Fell St, SF 94102 • (415) 861-2011 • rickshawstop.com/
INNER RICHMOND: 0.25 MILES FROM USF

These are the sibling neighborhood districts to the Sunset districts, located along the northern side of Golden Gate Park. The inner Richmond along Clement is considered a mini version of Chinatown, and has some great restaurants and shops.

MARKET AND GROCERY
1. Arguello Market - 782 Arguello Boulevard, SF 94118 • (415) 751-5121
2. First Korean Market - 4625 Geary Blvd, SF 94118 • (415) 221-2565
3. Richmond New May Wah Supermarket (for Asian Groceries) - 707 Clement St, SF 94118 • (415) 221-9826
4. Safeway - 735 7th Avenue, SF 94118 • (415) 683-4070
5. Smart & Final - 350 7th Ave, SF 94118 • (415) 751-9951
6. Trader Joe’s - 3 Masonic Avenue, SF 94118 • (415) 346-9964

PLACES TO BEAUTIFY/GROOM
7. Variety Shop - 317 Clement St, SF 94118 • (415) 831-0320
8. Yvonne’s Hair Salon - 3123 Geary Blvd, SF 94118 • (415) 668-3399
MISSION: 3.2 MILES FROM USF

Home to the Latino, Filipino, and Vietnamese communities of San Francisco, the Mission district is often sunny when the rest of the city is shrouded in fog. Located south of Highway 101 and Market Street, the Mission is one of San Francisco’s oldest neighborhoods. Local attractions include spicy taquerias, painted wall murals, Mexican bakeries, colorful variety stores, the original Levi Strauss factory, and the historic Mission Dolores. Rental prices tend to be on the lower-to-moderate end of the scale, relative to San Francisco prices. The atmosphere is dynamic with lots of people around day or night.

PLACES OF WORSHIP

1. Cornerstone Church - 3459 17th St, SF 94110 • (415) 854-0525 • cornerstone-sf.org/
2. ❤ First Mennonite Church of San Francisco - 290 Dolores St, SF 94103 • (415) 552-5275 • menno.org
3. ❤ St. Peter's - 1266 Florida St, SF 94110 • (415) 647-5496 • Episcopal • sanpedro.org

MARKET AND GROCERY

4. Bi-Rite Market - 3639 18th St, SF 94110 • (415) 241-9760

❤ denotes LGBTQ-friendly organizations
OUTER RICHMOND: 2.8 MILES FROM USF

The outer Richmond is where you can find attractions like the Legion of Honor museum, the Cliff House, Sutro Baths and Lands End.

PLACES OF WORSHIP
1. ♥ Lincoln Park Presbyterian - 417 31st Ave, SF 94121 • (415) 751-1140 sfllppchurch.org/

MARKET AND GROCERY
2. Fresh & Easy Neighborhood Market - 375 32nd Avenue, SF 94121 • (415) 386-2689
3. Israel Kosher Meat, Poultry and Deli (Kosher) – 5621 Geary Blvd, SF 94121 (415) 752-3064

MUSEUMS AND COMMUNITY CENTERS
4. Legion of Honor - 100 34th Ave, SF 94121 • (415) 750-3600 legionofhonor.famsf.org/
PRESIDIO: 2.8 MILES FROM USF

A park and former military base on the northern tip of the City, it is part of the Golden Gate National Recreation Area.

FAVORITE PLACES AND LANDMARKS
1. **Baker Beach** - Gibson Rd, SF 94129
2. **Crissy Fields** - 1199 E Beach, SF 94129
3. **Fort Point** - Long Avenue and Marine Drive, Building 999, SF 94123
4. **The Presidio** - 50 Moraga Ave, SF 94129

OTHER FUN THINGS TO DO
5. **Planet Granite** - 924 “Old” Mason St, SF 94129 • (415) 692-3434
   planetgranite.com/
South of Market (SOMA), a neighborhood in transition, is located south of the Financial District and Market Street. Though rents are often more affordable than other parts of the city, the area is under tremendous growth and redevelopment, a factor which will likely mean higher rents in the future. Many modern apartment complexes line the area immediately south of the Financial District; however, rents tend to be on the high end of the scale. The atmosphere is a blend of the new professional and industrial change.

MARKET AND GROCERY
1. City Target - 789 Mission St, SF 94103 • (415) 343-6272
2. Costco - 450 10th Street, SF 94103 • (415) 626-4388

MUSEUMS AND COMMUNITY CENTERS
3. Moad-Museum of African Diaspora - 685 Mission Street, SF 94105 • (415) 358-7200 • moadsf.org
4. Yerba Buena Gardens - 750 Howard Street, SF 94044 • (415) 820-3550 • yerbabuenagardens.com
5. The Society of California Pioneers – 300 4th St, SF • (415) 957-1849 • californiapioneers.org
6. Museum of Craft and Folk Art -51 Yerba Buena Lane, SF 94103 • mocfa.org
NEARBY/ON CAMPUS

MARKET AND GROCERY
Luckys - 1750 Fulton Street, SF 94117 • (415) 923-6411

PLACES OF WORSHIP
Saint Ignatius Church - 650 Parker Ave, SF 94118 • (415) 422-2188 • stignatiussf.org/

RESTAURANTS/CAFES/BOOKSTORES
Papalote Mexican Grill - $ 1777 Fulton St, SF 94117 (415) 776-0106

HEALTH AND WELLNESS
Counseling and Psychological Services (CAPS) - 2130 Fulton Street, SF 94117 • (415) 422-6352 • http://www.usfca.edu/caps/ [Outside at the Lower Level (LL) of Gillson Residence Hall]

Health Promotion Services (HPS) - 2130 Fulton Street, SF 94117 • (415) 422-5797 • http://www.usfca.edu/hps/

Koret Health and Recreation Center - 2130 Fulton Street, SF 94117 • (415) 422-6821 • http://www.usfc.edu/koret/

St. Mary's Medical Center - 2250 Hayes Street, Suite 504 • Appointments: (415) 750-5995 www.stmarysmedicalcenter.org

OTHER PLACES TO CHECK OUT

PLACES OF WORSHIP
Buddhist Church of San Francisco - 1881 Pine Street, SF 94109 • (415)776-3158 bcsfweb.org/
Congregation Sherith Israel - 2266 California St, SF 94115 • (415) 346-1720 • Reform Judaism • sherithisrael.org/
Church of Jesus Christ of Latter Day Saints - 1601 22nd Ave, San Francisco, CA 94112 (415) 664-0843 • lds.org

RESTAURANTS/CAFES/BOOKSTORES
Squat & Gobble Cafe - $$ 237 Fillmore St, SF 94117 • (415) 487-0551
Kitaro - $ 5723 Geary Blvd, SF 94121 • (415) 386-2777
Volcano Curry of Japan - $ 5454 Geary Blvd, SF 94121 • (415) 752-7671
Royal Market and Bakery - $$ 5335 Geary Blvd, SF 94121 • (415) 221-5550
Gordo Taqueria - $ 2252 Clement St, SF 94122 • (415) 387-4484
PPQ Dungeness Island - $$ 2332 Clement St, SF 94121 • (415) 386-8266
City Lights Bookstore - $$• 261 Columbus Ave, SF 94133 • (415) 362-8193
Piazza Pellegrini - $$ 659 Columbus Ave, SF 94133 • (415) 397-7355

FAVORITE PLACES AND LANDMARKS
Union Square - Powell St and Geary St, SF 94101
Coit Tower - 1 Telegraph Hill Blvd, SF 94133
Lombard Street - 1000-1099 Lombard St, SF 94133
China Beach - 490 Sea Cliff Ave, SF 94121
Lands End - Seal Rock Dr & El Camino Del Mar, SF 94101
16th Avenue Tiled Steps - 1700 16th Ave, SF 94122
Sutro Baths - Point Lobos Ave, SF 94121
Ocean Beach - Fulton St & Great Hwy, SF 94121

MUSEUMS AND COMMUNITY CENTERS
Exploratorium - Pier 15/17, SF 94111 • (415) 528-4444 • exploratorium.edu
Asian Art Museum - 200 Larkin Street, SF 94102 • (415) 581-3500 • asianart.org
Contemporary Jewish Museum - 736 Mission Street, SF 94103 • (415) 655-7800
San Francisco Muslim Community Center - 4760 Mission St, SF 94112 • (415) 337-1019 • sanfranciscomuslimcommunitycenter.org/

HEALTH AND WELLNESS
Institute for Health and Healing - 2300 California Street, SF 94115 • (415) 600-4325 • cPMC.org/ihh

OTHER FUN THINGS TO DO
Lucky Strike - 200 King St SF 94107 • (415) 400-8260 • bowlluckystrike.com
Do Re Mi Karaoke - 1604 Post St, SF 94115 • (415) 771-8884
Playground - 1705 Buchanan St, SF 94115 • (415) 929-1471 • playgrundsfs.com/
Kabuki Sundance Theatre - 1881 Post St SF 94115 • (415) 346-3243
VOLUNTEER OPPORTUNITIES

The city of San Francisco has many opportunities for service in the community. Below is a list of volunteer opportunities within the city. If you are interested in looking for more opportunities in the area, feel free to go to this website: http://www.volunteerinfo.org/.

ON CAMPUS
Contact these departments to find out more information on volunteer opportunities:
Intercultural Center | Gender and Sexuality Center | The Garden Project
University Ministry | Leo T. McCarthy Center for Service and the Common Good

ANIMALS
SFSPCA [Mission District] - 201 Alabama St, SF 94103 • (415) 554-3000
Must attend information session to get started. Check website for info session dates:
http://www.sfspca.org/support/volunteer

BUILDING HOMES
Habitat for Humanity Greater San Francisco - 645 Harrison Street, SF 94107 • (415) 625-1007 [SOMA] • www.habitatgsf.org
Rebuilding Together SF [Embarcadero] (Commitment Needed) - Pier 28, SF 94105 • (415) 905-1611 • http://www.rebuildingtogethersf.org/volunteer/

ELDERLY
Institute on Aging [Inner Richmond District] - 3575 Geary Boulevard, SF 94118 • (415) 750-4111 • (Must fill out form and be interviewed) http://www.ioaging.org/giving-to-ioa/volunteer/started
Little Brothers Friends of the Elderly [Nob Hill] - 909 Hyde Street, Suite 628, SF 94109 • (415) 771-7957 • Must attend orientation, sign up forms are on the website:
http://littlebrotherssf.org/

ACCESS TO FOOD
Food Runners [Pacific Heights] (Commitment needed) - 2579 Washington St, SF 94115 • (415) 929-1866 • Must sign up online: http://www.foodrunners.org/volunteer-in-san-francisco.asp
Glide Memorial Church [Tenderloin] - 330 Ellis Street, SF 94102 • (415) 674-6000
Must register on website to serve food: http://www.glide.org/serveameal
Martin de Porres House of Hospitality [Potrero Hill] - 225 Potrero Avenue, SF 94103 • Call (415) 552-0240 to set up a shift • Check website for times and dates: http://www.martindeporres.org/
Meals on Wheels [Bayview] - 1375 Fairfax Ave, SF 94124 • (415) 920-1111
For one time event volunteering, contact Danie Belfield at 415-343-1311. Most other opportunities require submitting an application, attending an orientation and time commitment. • https://www.mowsf.org/
Project Open Hand [Tenderloin] (Commitment Needed) - 730 Polk Street, SF 94109 • (415) 447-2404 • Must attend 1 hour orientation to begin; call (415) 447-2313 to place appointment. • http://www.openhand.org/join-us/volunteer/
San Francisco Food Bank [Potrero Hill] - 900 Pennsylvania Ave, SF 94107 • (415) 282-1900 • Must visit website to sign up and schedule time to volunteer: http://www.sffoodbank.org/

St. Vincent de Paul Society [Downtown] (Commitment needed) - 1237 Van Ness Avenue, Suite 200, SF 94109 • (415) 977-1270 • Must fill out form on website: http://www.svdp-sf.org/volunteer.html

St. Anthony's SF [Civic Center] - 150 Golden Gate Avenue, SF 94102 • (415) 241-2600 Must attend orientation • Contact (415) 592-2726 for orientation dates and more. http://www.stanthonyssf.org/volunteer

MENTORSHIP/TUTORING/YOUTH

At the Crossroads [Mission] (Commitment Needed) (Youth) - 333 Valencia Street, Suite 320, SF 94103 • (415) 487-0691 • Check website for volunteer openings: http://atthecrossroads.org/volunteer/

Boys and Girls Club of San Francisco [Haight-Ashbury] (Youth) - 1950 Page Street, SF 94117 • (415) 221-6100 • Must complete app online and attend orientation: bgcp.org

Community Youth Center [Inner Richmond] (Tutor/Mentor) - 1038 Post Street, SF 94109 • (415) 775-2636 • Must complete app online: cycsf.org/volunteers.php

Hamilton Family Center [NOPA] (Youth) - 1631 Hayes Street, SF 94117 • (415) 409-2100 Must complete application and orientation: hamiltonfamilycenter.org/get-involved/volunteer-opportunities/

Huckleberry Youth Programs [Inner Richmond] (Tutor/Mentor) - 3310 Geary Blvd, SF 94118 • (415) 668-2622 ext 230 • Must complete app online: huckleberryyouth.org/volunteeropportunity.html

San Francisco Botanical Garden [Golden Gate Park] (Commitment needed) (Youth) - Entrances at the corner of 9th Ave at Lincoln Way & at MLK Jr. Blvd. off the Music Concourse in Golden Gate Park • (415) 661-1316 • Must apply online and attend orientation sfbotanicalgarden.org/volunteer/index.html

San Francisco Child Abuse Prevention Center [Tenderloin] (Commitment needed except for Special Events Assistance) (Youth) - 711 Van Ness Avenue, Suite 305, SF 94109 • (415) 668-0494 • sfcapc.org/support_us/volunteer

Seven Tepees Youth Program [Mission] (Tutor/Mentor) - 3177 17th Street, SF 94110 • (415) 522-1550 • To become a tutor, contact volunteer coordinator • To become a mentor, must complete application, interview and orientation • 7tepees.org/volunteerhtml

Streetside Stories [Mission] (Youth) - 3130 20th Street, Suite 31, SF 94110 • (415) 864-5221 • For one time volunteering opportunities, contact outreach@streetside.org For long time volunteering opportunities, must fill out applications streetside.org/get-involved/volunteer.htm

United Way of the Bay Area [SOMA] (Youth) - 550 Kearny Street, Suite 1000, SF 94108 • (415) 808-4300 • Must visit website to sign up for opportunities: uwba.org/mobilize/volunteer/

RESTORATION/ENVIRONMENTAL

Golden Gate National Park Conservancy [Marina] - 201 Fort Mason, SF 94123 • (415) 561-3000 • Check website for multiple restoration projects in the Bay Area: parksconservancy.org/get-involved/volunteer/
ON-CAMPUS RESOURCES

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS) - Gilson Hall – Lower Level • (415) 422-6352 • Counseling@usfca.edu • www.usfca.edu/caps

HEALTH AND PROMOTION SERVICES (HPS) - Contact: Kamal Harb • (415) 422-5797 • hps@usfca.edu • http://www.usfca.edu/hps/

OFFICE OF DIVERSITY ENGAGEMENT AND COMMUNITY OUTREACH - Contact: Vice Provost, Mary Wardell • Lone Mountain, Rm. 104 • (415) 422-2821 • diversity@usfca.edu • http://www.usfca.edu/diversity/

OFFICE OF RESIDENCE LIFE - UC 5th Floor • (415) 422-6824 orl@usfca.edu • http://www.usfca.edu/residence_life/

STUDENT CONDUCT, RIGHTS, AND RESPONSIBILITIES - UC 5th Floor • (415) 422-5330 studentconduct@usfca.edu • http://www.usfca.edu/studentconduct/

UNIVERSITY MINISTRY - Phelan Hall, Lower Level • (415) 422-4463 • um@usfca.edu • http://www.usfca.edu/universityministry/

USF PUBLIC SAFETY - (415) 422-4222 • Emergencies: (415) 422-2911 or extension 2911 from on-campus phones • parking@usfca.edu • http://www.usfca.edu/Public_Safety/

OFF-CAMPUS RESOURCES (PROVIDED BY CAPS)

BATTERED WOMEN’S SHELTERS/DOMESTIC VIOLENCE/SEXUAL ASSAULT

SF Women Against Rape - (415) 647-7273 • www.sfwar.org
Community United Against Violence (LGBTQ support) - (415) 333-4357
www.cuav.org

MoMENtum (Treatment for men who batter their partners) - (415) 771-1967
www.malebatterers.com

MULTICULTURAL COUNSELING SERVICES

Chinatown / North Beach Mental Health Services [Chinese, Cambodian, Vietnamese, Thai, Italian, and Laos Language Friendly] - 729 Filbert St. San Francisco, CA • (415) 292-1500

Instituto Familiar de la Raza [Spanish Language Friendly] - 2919 Mission St. San Francisco, CA 94110 • (415) 229-0500 • www.ifrsf.org

California Counseling Institute [French, German, Cantonese, and Spanish Language Friendly] - 4614 California St. San Francisco, CA 94118
www.californiacounseling.org

CIIS Psych Services Center [Spanish, Hindi, Farsi, French, Cantonese, and Mandarin Language Friendly] - 1390 Market St. San Francisco, CA 94102 • (415) 575-6200
http://www.ciis.edu/psychological_services_center.html

MULTIRACIAL COUNSELING SERVICES

Geary Masonic Counseling [Areas of focus include: College student depression, anxiety, couples, spirituality, and multiracial/multiethnic issues] - 23 Masonic Ave. San Francisco, CA 94118-3417 • (415) 929-7171
LOAN SUPPORT AFTER GRADUATION

Once you graduate, your loans will go into repayment approximately six months after your last date of attendance. Don’t wait until after you graduate to figure out how you’re going to repay your loans. Plan ahead!

Below are resources that can help guide you through managing and repaying your students loans:

ONE STOP
(415) 422-2020 • Lone Mountain 251 • http://www.usfca.edu/onestop/

DIRECT STAFFORD LOAN REPAYMENT PLANS & CALCULATOR
http://studentaid.ed.gov/

THE SMART STUDENT GUIDE TO FINANCIAL AID
http://www.finaid.org/
You’ve survived and it’s finally time to graduate! The End of the Year Ceremonies (EYCs) are community celebrations where you, your friends, family, and the campus community gather to celebrate your achievements. Each event is designed to highlight the outstanding work our students have accomplished in the areas of service, academics, and leadership, while affirming the unique challenges and experiences they share. EYCs are held in May and are organized by student-led committees with support from academic programs, cultural organizations, and both the Intercultural Center and the Gender & Sexuality Center staff. Contact the IC or the GSC to get more information on how to participate by visiting www.usfca.edu/intercultural_center/ or www.usfca.edu/gsc/

Choose any or multiple ceremonies to participate in:

**ASIAN AND PACIFIC ISLANDER GRADUATION (API)**

The Asian and Pacific Islander Graduation is a special ceremony held in May to honor graduating Asian and Pacific Islander students and their families. The ceremony is a reflection of our community’s growth as a whole and the accomplishments of those attending. The program will recognize these graduating seniors in the areas of academic, leadership, and community services.

**LATINO RECOGNITION CEREMONY (LRC)**

LRC is an annual event where graduating Latino students are recognized and honored for their accomplishments in academics, service, and leadership. The program consists of a formal awards ceremony in Saint Ignatius Church followed by an informal reception.

**LAVENDER GRADUATION (LG)**

In consideration of the need for growing awareness and inclusion, the goal of the ceremony is to promote excellence among the LGBTQ and Ally community and recognize the achievements of its diverse members.

**VIZURI KABISA (VK) UNITY CELEBRATION**

Vizuri Kabisa is Swahili for “excellence.” Planned for and by students, VK is a recognition event that honors the academic and leadership achievements of graduating African and African American students. Everyone is welcome to come and celebrate the accomplishments of these wonderful students.

All undergraduate and graduate students and their families and friends are welcome at these events. All EYCs are by RSVP only to ensure that participants receive a graduation stole. Contact the Cultural Centers to find out how to help organize these events or participate if you are graduating!